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The Grizzly, April 25, 2024

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Ursinus College Presents

THE GRIZZLY





COLLEGEVILLE, PA.

THURSDAY, APRIL 25TH

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Weaving Stories into Dance

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-  Spring Sports Recap
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Dancing Stories, Weaving Time

**URSINUS
COLLEGE
DANCE
COMPANY**

WHEN
APRIL 25 - 27, 2024
AT 7:30PM

WHERE
LENFEST THEATER
Kaleidoscope Performing Arts Center

Produced by Karen Clemente, Professor of Dance

With pieces featuring African dance, hip hop, modern, tap, and jazz, UC-DC's Dancing Stories: Weaving Time production is set for April 25-27th. These pieces are all about telling stories through dance, as the Ursinus College Dance Company (UCDC) explores tales of grief, colonization, the unknown, and more.

Two students, Izabella Entrekin '26 and Gabriella Price '25, both have stories they choreographed themselves featured in the show, entitled "Into the Maze of Night" and "Defeat." Price said the end of her dance will be left to the audience's interpretation, with Olivia Lesinski '26 adding that this allows "the audience to portray their own experiences" through the character.

Lesinski plays the protagonist in "Defeat," among a cast of characters, and she dances in three other pieces. A Dance and Environmental Science double major, this is her fourth UCDC show. She says dance at Ursinus is "nothing like what [she] expected it to be" but "in the best way possible." "I have been exposed to numerous opportunities that have helped shape what my future with dance might look like! And it makes me really excited," she said. "Defeat" is certainly a highlight of the show for her, but she added that every part was so "fantastic" it is difficult to choose just one. She said "Having a role like this is (continued on page 2)

Photo Credit: Ursinus College website

Weaving Stories into Dance (Cont'd)

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something I have always dreamed of, and I am so excited to be able to portray Gabby's vision onto the stage." Lesinski tells the audience to "be prepared for all of the emotional differences between the pieces...there are moments where we are expressing grief, and others where we are having an exciting celebration!"

For Dayna Milner '24, this is both her first and last UCDC performance,

as soon she will graduate and begin medical school at Western Illinois University on a full-ride. A self-initiated Gender, Women, and Sexuality Studies major and a Bonner Leader and Intern, she decided to explore dance. "I wish I would've started earlier," she said, adding that she was glad she "had the opportunity to dance [her] last semester out." Milner dances in "From Colonization to Carnival," the African dance

piece.

Dr. Clemente "C" said that she is excited to share this show, especially because "usually in the individual story we can find the universal." To see these performances, be sure to go to the Lenfest Theater April 25th-27 at 7:30pm.

COSA Coming This Wednesday!

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COSA, or the Celebration of Student Achievement, is a day when students are encouraged to attend presentations led by their peers instead of professors. Every year, class schedules are cleared for a full day so that students can attend presentations of interest without scheduling conflicts. Some teachers even actively encourage their students to attend certain presentations, promising worthwhile information or even extra credit in some cases for presentations they feel are particularly important to class materials. Additionally, many people go to support their friends and learn new and potentially valuable information about the fields they are pursuing. Some of the students presenting have been working on their presentations since the fall semester, dedicating months of their academic careers to their research, which will all culminate on this day. There are a variety of presentation types for people to view, including posters, talks, and performances that are all curated for the topic of research. The presentations fall on April 24th and go from 8:30am to 9:30pm, giving us a full day of student achievement and excellence to enjoy!

Though only a day long, COSA represents a complete dedication on the part of the presenter in terms of their time, knowledge, and determination to see the project through not just the semester, but the entire academic year. No presentation is without its hardships,



Photo Credit: Ursinus College Website

as we all know as students, and COSA is no exception. When speaking to some students who were set to present, I learned that many of them - especially those in the physics and sciences departments - were worried about how much data they had and whether or not it was considered enough to be satisfactory.

Tyler Ways '24 and Annalyse Dickinson '25 of the Physics Department who presented "The Potential Utility of Elevation Profile Asymmetry in Classifying Lunar Craters" (Olin 102 10:33-10:50 a.m.), discussed how they

worried that their information would not be digestible to people who had minimal knowledge about the topic. They also had reservations about whether their presentation was trimmed down enough to comply with the time limit.

Samantha Holden '24, Tyreek Mitchell '25, and Sierra Hufnagle '25, representing the Biology Department, presented a poster on the morphological and behavioral differences within the red-backed salamander species (Indoor Track 1-1:50p.m.).

Ursinus Students Present Biology Projects in San Diego

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The ASBMB (American Society for Biochemistry and Molecular Biology) had its annual conference in San Diego, California from March 22-26. This year, two Ursinus seniors in the Biochemistry department were accepted to present: Zoe Moosbrugger and Kyle Schantz, class of 2024. Moosbrugger is a BioChemistry major and Schantz is a Biology major. Both seniors, with the help of Dr. Wilner, submitted their work to the conference and were delighted to see that their hard work had been recognized.

Moosbrugger and Schantz were interviewed about her project and her experience at the ASBMB conference. In this interview, Moosbrugger was asked what presentation they had submitted. Moosbrugger stated, "We presented two posters. One of our most recently published works from Dr. Wilner's lab and then another discussing the BASIL lab program run between the biochemistry and structural biology labs. The BASIL lab program is a course-based research experience that uses traditional biochemistry laboratory methods along with computer techniques to study proteins. Presenting the BASIL lab program was my favorite as I am a fan of researching proteins." Schantz was then asked why the two had decided to submit an application for this

presentation. He answered, "Dr. Wilner suggested that we should attend a conference to experience what it is like and have a chance to present our research, especially as we are seniors who are pursuing graduate school that involves research. Also, we have recently just published a manuscript for our research, so it was a great opportunity to present that information!"

Moosbrugger also explained her experience at the conference. She said that she thought the conference went great as "the presentations went well. For our BASIL poster, we participated in the undergraduate poster competition and got a lot of great feedback and support from the judges." Schantz then went more in-depth about their project, explaining that, "While our research is more focused on nucleic acids, we thought this conference best aligned with both our research and our interests within other presenters." Moosbrugger then went on to say that she was a bit nervous before going to this conference and presenting. She said, "This is our first ever official or professional conference outside of Ursinus. I have only presented at CoSA, which luckily gave me the practice and experience I needed to present at ASBMB." She continued, "Attending this conference was very beneficial for Kyle and I."

Schantz agreed with her statement as he also thought the presentation was successful: "We presented during a poster session and had multiple students and faculty from other schools visit our poster and ask us questions. We were also able to attend many other presentations and learn about current research all across the country."

Both were then asked if they would recommend other students participating in conferences like this and Moosbrugger answered, "Yes. I wholeheartedly believe that these conferences will benefit students a lot. It helps to not only build connections and give you experience in presenting, but it also gives you the opportunity to see other presentations from other students."

Schantz also had a positive statement about attending conferences. He said, "Definitely a worthwhile experience. I hope that everyone who is involved in research has the opportunity to present at conferences to both improve their own presentation skills and also learn from other researchers."

Overall, Zoe Moosbrugger and Kyle Schantz had a great time at ASBMB and highly recommend to any student, no matter their major, to take the chance and go to these conferences!

Editor's Note:

After four years of contributing and editing for *The Grizzly*, my time with the paper has come to an end. As both staff writer and editor, I learned a lot about how to not only put together a coherent paper, but also how to communicate clearly and effectively with others. Not only that, but *The Grizzly* taught me a lot about how to work with others and how to collaborate effectively. No matter where I end up in life, I will be sure to draw on my experience *The Grizzly* when dealing with deadlines and communicating with others. Good luck to our next year's News Editor, Renee Washart!

Thanks for reading,
Sean McGinley



Photo Credit: Sean McGinley

Marie Sykes: Editor-In-Chief Signing Off

Kate Horan
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How and when did you get involved in *The Grizzly*?

I first joined *The Grizzly* in November 2020. It was the pandemic and I was really missing having some sort of writing time since I focused on my physics major that year. *The Grizzly* seemed like something fun to get involved in amidst the pandemic and I enjoyed it. My first big article was a feature on *Kissing the Witch* that spring, and that's how I became the features editor for the next year. A few weeks later, a defining moment for me was investigating how a student was arrested during a counterprotest on the Berman Lawn. I knew I wanted the story to be heard and reached out to the current editor-in-chief. Over the next three days, I investigated the incident, interviewed witnesses, the mayor, Collegeville Police, and the college administration and we got the article in that week's issue (our typical turn-around for an article is two weeks, so that is quite quick). That weekend was when I realized what change writing could do for the college.

What was it like being a double major in English and Physics? What were some of your favorite aspects about each?

To start, I've gotten a lot of questions about why I did that. I became interested in physics in middle school when I realized I could combine my interests in astronomy and math and pursue them in physics. At the same time, I love creative writing and reading books, particularly fantasy and science fiction. Also the physics major totally helps with writing science fiction, so it's a win-win.

Both majors have pushed me to improve in the other, whether that was through looking at a problem from an alternative perspective, improving my communication and analytical skills, or just giving me a break from the other. It's kept my classes varied and I'm grateful I've gotten to pursue both interests. I've been able to combine my classes through analyzing literature via

its uses of temporality, writing articles for the Society of Physics Students Observer on physics-topics, and introducing physics into my novel on time travel.

My favorite English memory might be when I wrote a Monty Python-esque script on John Milton as a form of the research essay "Gods, Rebels, and Frauds" with Dr. Kozusko. I also loved the Fable and Fantasy creative writing class (and we met Maggie Stiefvater in it!).

Physics-wise, my General Relativity class is a highlight. I love the math in it and studying the structure spacetime so much that I'm focusing on it during my Ph.D. I've also found a love for research in my materials science work, and I've loved my time in the lab as well. Also going to the Conference for Undergraduate Women in Physics. There's too many highlights.

What are some of your favorite memories from your time at Ursinus?

I have too many and not enough space so I'm going to list things off rapid-fire. Hanging out with my friends scattered throughout the week and the weekend. *The Grizzly* (clearly). The physics community. Orchestra and the pit band. Research.

Also not quite on campus (but recommended by Dr. Carroll and Jon Ward '13): researching gravitational waves in Pisa, Italy, last summer. Beyond it being Italy, Pisa also has one of the four gravitational wave detectors in the world and is one of the places Galileo studied.

What are some of the most important lessons that you have learned during your undergraduate experience?

So I've never gone to a school for four years in a row. Before Ursinus, I attended seven schools from K-12th grade, and my junior year of high school was my sixth school in six years. So adjusting to living in one place was strange, but I've loved getting to know the college and the area and being part of the community. I've never really felt like I was a part of something like this

before.

Learning to roll with the punches is the number one lesson I've learned beyond how to live in a place for four years. I was in the Covid class, and not knowing what would come next has defined our time here. You just have to make the most of the time you have, and if something does not work out, you move on and try again. And sometimes you need to just keep trying.

What are your post-graduate plans?

I'll be getting a Ph.D. at UNC studying theoretical astrophysics starting August! I plan to study gravitational waves and I'm looking at how if the rate of the expansion of the universe varied with time, how that would affect our readings of gravitational waves.

I'll still be writing as well! I started a time travel novel I've worked on especially in my creative writing courses. Someday I would love to write for Doctor Who.

What is some advice that you have for other Ursinus students?

You can't learn without failure, and failure doesn't have to be scary. You can get back up and fix things most of the time, but you always have the chance to do better next time. It's never too late to try something new.

Be as kind as possible. To others, but also to yourself. Sometimes people forget that part. I try not to regret things, but the few I have are mainly about not being kind enough.

Finding non-academic outlets really helped me. Music is a major part of that for me, especially drumming, as well as lifting weights, but I also got involved at the church across the street. Having a spiritual outlet and exploring my beliefs has helped me deal with the stress of being a college student.

Also physics isn't scary! It's built up to be scary, but especially here, if you're willing to learn, our professors are willing to help you get it. Also try the smoothies at Naturals, Tanya is awesome.

Grizzly Editorial Team: Senior Goodbyes

Marie Sykes: Editor-In-Chief

After four years of working on *The Grizzly*, it is time to pass the hat to the next Editor-in-Chief, Kate Horan. Kate will do an amazing job and I am so grateful I have worked with her during this time here. I would also like to thank the wonderful writing squad and the fantastic editors I definitely could not have done this without, as well as my first editor-in-chief, Simra Mariam for leading the way. Finally, a very big thank you to Dr. Taussig! Thanks for being such a wonderful advisor! Good luck Bears!



Mairead McDermott: Layout Editor

I joined *The Grizzly* two years ago because I hated the way it looked, and I was part of many conversations complaining about the design. I emailed the head of *The Grizzly* and asked if I could give layout design a shot - they said yes. The first few weeks were rough, I had to teach myself InDesign and struggle with pixilation, color, layout, and fonts. As the first outsourced Grizzly team member, I was excited to see the merge of multiple departments to make the Grizzly a professional student newspaper that should be taken seriously. I wanted the designs to reflect the stories hardworking students wrote. I hope that I achieved that and that other students appreciate the long hours I put into designing the new layout.

My future plans are hazy, but I have been applying to master's programs in Chinese Art and Archaeology and I hope to work in museum collections with Early Chinese artifacts. Fingers crossed for the best!



Some of my favorite memories include working on an archaeological dig the summer of 2022 in Italy, working on the Francoise Gilot archival collection at the Berman Museum of Art, presenting my Chinese Art History capstone research at multiple Pennsylvania Symposiums and being able to travel!

It is bittersweet to leave Ursinus but I am excited to sleep in my own bed, shower without shoes and see my dog!

Grizzly Editorial Team: Returning Members

Kate Horan: Future Editor-In-Chief

I started working for *The Grizzly* during my sophomore year as Opinions Editor, and this year I have worked as Features Editor. Next year I will be returning as Editor-In-Chief, and I am beyond excited! *The Grizzly* team is such a supportive and fun community, and I have grown so much through my experience working on the newspaper. I cannot wait to continue next year! It will be a hard act to follow taking over for the amazing Editor-In-Chief Marie Sykes, but I am very excited for this opportunity!

Georgia Gardner: Photo Editor

What's up Bears! I have loved every minute of being the photo editor for *The Grizzly* this year. You may be quite sad after reading all these senior goodbyes but good news, I will be staying put in my role! I am going into my senior year so do not worry, there are more awesome photos to come! I hope to keep improving and creating a great newspaper. Have a nice summer, Bears!

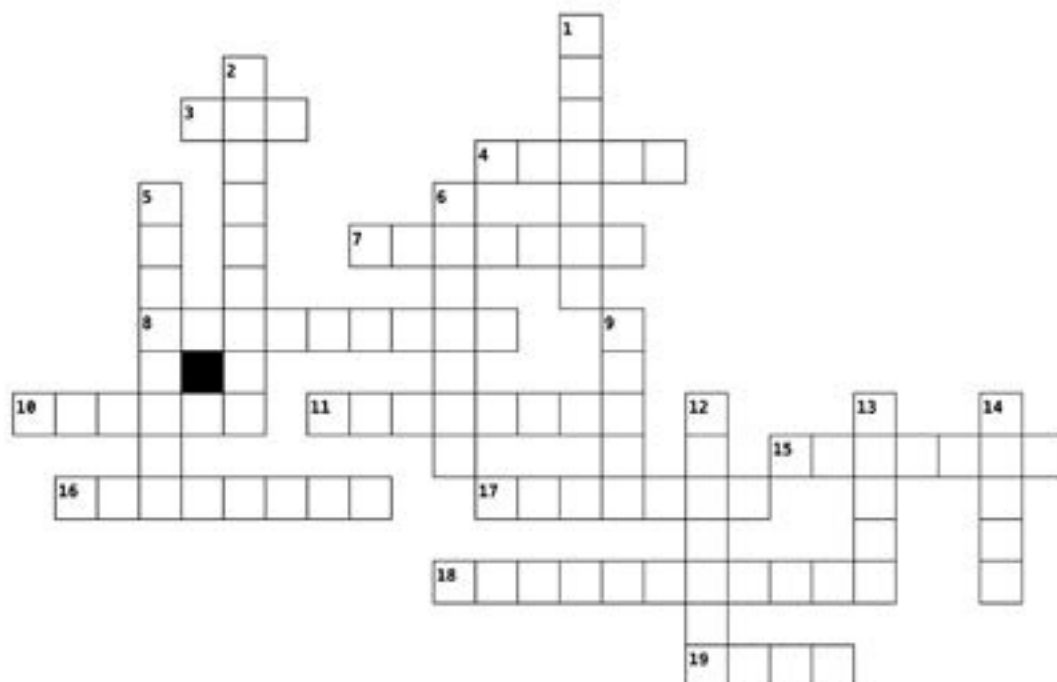
Adam Denn: Future Sports Editor

I will be back next year as Sports Editor! Good luck to my website editing successor.



The Final Crossword

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ACROSS

3. The Math and Physics Coffee, Tea, and BLANK
4. astrophysicist EIC
7. photo guru
8. Best mustache on campus
10. ended a 40+ year relationship with Ursinus
11. successfully unionized for a better standard of living (in another universe)
15. Fiona misses her on Mondays
16. who definitely did not photoshop his picture
17. basketball playing advisor on sabbatical from The Grizzly
18. a pre-med memmer
19. swimily uploads articles to the web

DOWN

1. the long-running Lantern advisor in his last year of advisement
2. Next SGA president
5. his first name rhymes with sock
6. no application necessary to write for this group
9. Latin for "bear"
12. (first name) rhymes with parade
13. who works a million jobs on campus
14. "The Bear's" name

Grizzly Editorial Team: Senior Goodbyes

Renie Christensen
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Renie Christensen: Opinions Editor and Social Media Editor

"I joined the editorial team when Marie hounded me down in our English class last year to write my first ever article, and then proceeded to recruit me as an editor. I was like, 'I can't say no because you literally sit in front of me during this class, so okay, sure'. From making countless Canva posts to rapidly learning Adobe InDesign (thank you, Mairead), I've had a blast with *The Grizzly*. My favorite memories include making memes with Kate during Layout, pestering my friends to walk with me to Marzella's when I had to deliver the paper there, and pestering my friends even more to like and comment on *The Grizzly's* Instagram posts every week. I'm so grateful for my time as an editor this year. I'll miss you all!"



2024 Spring Sports Recap: Women's Athletics

Dominic Minicozzi

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With the 2024 season coming to an end, I would like to provide a recap of all of our Spring Women's sports. A large part of my mission as a sports journalist is to ensure coverage is proportional and comprehensive, and one area of my field that is unfortunately neglected by society at large is Women's Athletics. Therefore, in my final article for the Grizzly I would like to provide a recap of the 2024 Women's Spring Athletic Season at Ursinus as of April 22nd, 2024.

Starting off in alphabetical order, the Golf team has dealt with a lot of adversity over the past year. After the departure of the team's head coach following the 2023 season, there were many questions in the air about the status of the team going into 2024, particularly what the team would look like in the fall semester considering all of the setbacks that have taken place. The Ursinus Women's Golf Team has managed to keep the program alive throughout the entire school year despite all of these question marks. This spring, the Bears traveled out to Carlisle, Pennsylvania, to compete in the 2024 Dickinson Spring Invite and put up a fight in the two-day long competition. Notable performances from junior Kaylin Chen, sophomores Lucy Bamford and Payton Fritz, and first-year McKenzie Thompson, showed that the Bears have a bright future and that the program is not going anywhere any time soon. Also, we would like to include a shoutout to senior Rebecca Chernoff who placed 20th overall in the tournament and displayed valuable leadership for the Bears this season.

Next up on the list we have Lacrosse. 2024 has certainly been a roller coaster for this team in the hotly contested Centennial Conference, but similar to the Golf team, the future is bright and full of contributors who will be returning next season. Most notably, junior captains Julia McCann (Midfielder) and Maeve Leonzi (Attack) have achieved some career milestones in the form of 200 career draw controls and 100 career goals respectively. Despite an in-conference schedule that featured 3 ranked opponents (2 of them in the top 10 in all of Division III), the Bears have managed to secure three victories against Swarthmore, McDaniel, and Bryn Mawr, and have two more opportunities to finish with a record above .500 against Muhlenberg and Dickinson this week.

If they are able to emerge victorious in these upcoming two games, they can punch their ticket to the Centennial Conference playoffs for the second year in a row and establish themselves as a force to be reckoned with in Division III at large. Lastly, I would like to give a shout out to the small group of seniors on the team who have made a significant impact on this team on and off the field. Namely: Bev Lewis, Julie Cherneskie, Mary Michaud, Gabrielle Liott, Mia Gifford, and Charlotte Grahame. On behalf of the Grizzly, I would like to acknowledge their roles in rebuilding this program despite the hardships of COVID over the course of their tenures at Ursinus.

The third team on our list is Ursinus Softball! A team that we are keeping a close eye on for the playoffs this year as they are currently tied with Gettysburg and Dickinson for the third-ranked team in the Centennial Conference. The Bears have had an impressive season to say the least despite some formidable opponents. Their overall record in the conference is 7-5 but their record does not tell the full story. This is a team that has gotten progressively better as the season has gone on and their past 4 victories have certainly reflected this. Over the past week, the Bears have swept Dickinson and Franklin and Marshall in double headers and have skyrocketed from a 3-5 to 7-5 in just three days. Thanks to impressive performances at the plate by seniors Maddie Solow, Maddie Wilson, and Sarah DiLello, the Bears have rallied behind their leadership and have essentially turned this season around. Be sure to stay tuned for their upcoming games against Gettysburg and Haverford College; you do not want to miss them.

After our brief trip to Snell Field, you don't need to travel too far to notice the Ace Bailey Tennis Courts which are mere feet away from our Softball field. Ursinus Women's Tennis got off to a hot start this year, winning eight of their first ten contests out of conference. However, similar to all of the teams you will see in the paper this week, Centennial Conference play is a different beast. The Bears hit a massive roadblock once conference-play arrived, but it should be noted that these losses were not handed to them easily. After hard-fought matches that resulted in narrow losses

to Washington College and Bryn Mawr College, UC Women's Tennis currently finds themselves 9-8 overall on the season. Additionally, it should be noted that the ranked competition in the Centennial was a massive challenge as well. Most notably, Swarthmore and Haverford College, who are powerhouses in Division III as a whole, were definitely not an easy task. With that being said, the Bears did have plenty of success in their 9-0 sweep against Muhlenberg and still have the opportunity to make a splash against Franklin and Marshall and Johns Hopkins later this week. Some notable players from this season include: seniors, Claire Burke and Avery Samer, junior, Allie Armour, and first-year, Caroline Daly.

Last but not least, the 2024 season for the Ursinus Women's Track and Field Team has been one full of individual excellence. For instance, the biggest storyline for the team that started all the way back in March, when the indoor season came to a close was senior Rainah Dunham's All-American performance in the triple-jump at the NCAA Division III Indoor Track and Field National Championship. Additionally, Dunham set a school record this spring at the Bucknell Bison Outdoor Classic with a jump of 12.51 meters. Alongside Dunham there have also been some other outstanding performers such as seniors Samantha Grubb (1st place in 5k) and Jacqueline Allen (1st place in shot put) who showed opponents why Bear territory is the best home field advantage in Division III with respective first place finishes in the Ursinus College Track & Field Festival on April 5th. While there are so many more names to shout out in this article, not only for Track and Field but for every sport, we want to acknowledge that the team as a whole has been extremely successful this year and seemingly every member of the team has been achieving a new personal best over the past couple of weeks. With that being said, the season is far from over. UC Women's Track and Field have their work cut out for them over the next couple of weeks with Penn Relays, Lions Outdoor Invitational, and Centennial Conference Championships right around the corner. So stay tuned for what comes next and Go Bears!



Signing Off, Go Bears!

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If you told me Fall semester of freshman year that I would be medically retired from Football and reporting from the sidelines my jaw would have dropped. At that time I could not imagine a life where I wasn't playing Football or at the very least, participating in athletics in some way shape or form. However, a year later life would present me with a series of injuries that would force me to retire from the game I love for the foreseeable future. To say that I was devastated would be an understatement. What was I going to do with my time? What was my identity outside of Football? How could I truly be happy without the sport I love? I was so lost that I decided to grow out my midlife crisis mustache at 20 years old. For several months I dealt with these existential questions until I discovered that all of my years of being an athlete were not for nothing.

After months of wallowing in self-pity, I picked myself up off of the turf on Patterson Field and walked into the office of Justin Jones and Matt Hagy to apply for a sports broadcasting job. I realized that while my love for Football is an immense one, I love talking even more. In this role, I fell in love with the process of researching and

analyzing the multitude of athletic teams we have on Ursinus' campus. I had officially found a positive outlet for my athletic knowledge and hunger for sports. Nonetheless, there was only one problem. I was only working two days a week. Bum BUM BUUUUUM!

I knew that there was more reporting I could do to satiate my hunger for sports journalism, so I immediately signed up for Dr. Taussig's Sports Journalism class for the Fall Semester of my senior year. After the first day of class, I knew I was in the right place. The conversations were engaging, the debates were full of passion, and the subject matter was everything I had already talked about outside of class on a daily basis. Directly after, whilst I was packing up my things to leave, Dr. Taussig had informed me that The Grizzly did not have a sports editor for the 2023-2024 school year. To which I responded with: "Ok" in an agreeable manner. After a dead silence fell over the room, Dr. Taussig responds with "You will be the sports editor for The Grizzly." And the rest is history folks. Thank you so much for being such an amazing community! It was an absolute pleasure serving the people. GO BEARS!

