3-19-2015

The Grizzly, March 19, 2015

Rachel Brown
Jordan Scharaga
Jonathan Vander Lugt
Deana Harley
Brian Thomas

See next page for additional authors

Follow this and additional works at: https://digitalcommons.ursinus.edu/grizzlynews

Part of the Cultural History Commons, Higher Education Commons, Liberal Studies Commons, Social History Commons, and the United States History Commons

Click here to let us know how access to this document benefits you.
Authors
Rachel Brown, Jordan Scharaga, Jonathan Vander Lugt, Deana Harley, Brian Thomas, Kristen Costello, Caitlin Tillson, Clara Kiss, Kendra Walker, and Hunter Gellman
TOPS IN THE EAST
Gymnastics will head to NCGA nationals in Wisconsin after D-III record score

Julie Steffenhagen (left) is seen above celebrating with Tianna Lettieri after Steffenhagen finished on vault on Saturday, March 14. Steffenhagen was named the NCGA East Gymnast of the Year.

Jon Vander Lugt
jovanderlugt@ursinus.edu

The gymnastics team has vaulted themselves to new heights all throughout the season, topping school records along the way. They broke the school mark in team score in their third meet of the year, only to come back the next week and top it again.

A few weeks later, at their last home meet of the year, their record again fell—this time by a whopping 2,300 points (that might not seem like much, but points are hard to come by in gymnastics). That’s three times that the team record has fallen in 2015—to go along with numerous individual and team skill records throughout the year—so expectations were high heading into the NCGA East Regional meet, hosted at the field house.

So, what else would have been more fitting, in what is perhaps the best season in the history of the program, than yet another school record?

How about a Division III one? Performing in front of a home crowd, the Bears set the high-water mark in the history of Division III gymnastics, scoring 193.550 (out of 200) to head into the NCGA national championship meet at the University of Wisconsin-La Crosse later in the month as the top seed from the east.

“I think we were all a little nervous,” senior Riley Acton said. “But it was a good nervous—I’d say it was an excited kind of nervous.”

“We actually had a bye in the first rotation,” Acton said. The way the meet works is that the six teams rotate between each of the skills, station-to-station style, and at any given point, two teams aren’t actively competing.

“I was a little worried about that, because sometimes when you’re sitting around you can get more nervous, but we did a good job of staying loose,” she went on.

The meet itself took around three hours—each skill takes about a half-hour or so per team.

“As usual, I was very nervous in the morning,” coach Jeff Schepers said. “And as the kids were warming up, with their confidence, my confidence starts to boost.”

“After (the bye), we got going and everybody started up cheers again,” junior Tina Steffenhagen said. “As soon as we were allowed to compete, we were right back up there on bars and got the hype going.”

Steffenhagen was right—the
find internships all across the world

The Career and Professional Development office, located in Bomberger 110, offers much career-related help students with their internship an exciting new program that will Development office is offering students find internships or jobs internationally. Since a lot of students do in-

ternships around the Philadelphia area, the Career and Professional Development office wanted to help students find opportunities outside of that area if they are interested. Carla Rinde, director of Career and Professional Development, has been working on the program and says it is very beneficial for students.

“We have so many students who travel abroad and want to return to work but have limited knowledge on how to get there,” Rinde said in an email. “We have students who want to work in cities other than Philadelphia and this, too, is difficult to navigate. Going Global can help.”

To access Going Global, students go onto the Career and Professional Development website and look for “job resources,” and under that they will find Go-

See Global on pg. 3

“Going Global” launches

Brand-new program aims to help students find internships all across the world

Deana Harley
deharley@ursinus.edu

The Career and Professional Development office is offering an exciting new program that will help students with their internship or job search.

The office is introducing the “Going Global” program, which is a search program that helps students find internships or jobs either within the United States or internationally.

Since a lot of students do internships around the Philadelphia area, the Career and Professional Development office wanted to help students find opportunities outside of that area if they are interested. Carla Rinde, director of Career and Professional Development, has been working on the program and says it is very beneficial for students.

“We have so many students who travel abroad and want to return to work but have limited knowledge on how to get there,” Rinde said in an email. “We have students who want to work in cities other than Philadelphia and this, too, is difficult to navigate. Going Global can help.”

To access Going Global, students go onto the Career and Professional Development website and look for “job resources,” and under that they will find Going Global.

See Global on pg. 3

Ursinus to host ISGP conference

Brian Thomas
brthomas@ursinus.edu

On Fri., April 10 and Sat., April 11, Ursinus will host the ISGP-Ursinus Conference in the Blackbox Theater. The Institute on Science for Global Policy (ISGP) is collaborating with the Center for Science and the Common Good (CSCG) on the conference, which is titled “Safeguarding the American Food Supply.” It will follow the ISGP model, which is designed to bring leading scientists together with policy makers and the public to try to solve important issues. The conference features three keynote speakers, and will incorporate the audience in the open debate. On the first day, the three speakers will present accessible policy papers that they prepare prior to the conference. This is followed by a 90 minute debate that consists of 40 people.

“Students get to experience the challenges and rewards of presenting science to policy makers and citizens.”

— Akshaye Dhawan

On the second day, the 100 members of the audience break off into small groups to discuss the policy options before them. They convene at the end of the conference, and each group presents the policy position that they agreed upon in their small group discussions. Afterwards, a book is produced and presented to public officials at the state and federal levels, as well as businesses and private sector leaders.

“This is an important topic for our region since PA is a big agriculture and dairy producer,” said Akshaye Dhawan, co-director of the CSCG.

Ursinus students, along with local government officials and food industry representatives, will be participating in the debate. “Students get to experience the challenges and rewards of presenting science to policy makers and citizens,” said Dhawan. “They have a real opportunity to present a policy that is important and address the challenges that the students’ own families might experience.”

In addition to CSCG fellows, students in Dr. Tony Lobo’s BIO-350 class will be participating in the conference. The class centers on the topic of food safety, and has involved a great deal of preparation for the conference.

In order to prepare, the students in the class are reading and discussing material on all aspects of food safety, security and defense.” said Lobo. “It’s not just science - we’re trying to understand the societal forces that lead to the behavior of various stakeholders in keeping American and global food supplies safe, from producers to consumers.”

“What’s great about having students involved in this kind of event is that they are involved in all aspects of executing it. They are preparing themselves to be debaters at the highest level on

The Career and Professional Development office, located in Bomberger 110, offers much career-related advice to students, should they choose to take advantage of what’s offered.

THE GRIZZLY

VOLUME 39 ISSUE 19

The Grizzly is a weekly student-run publication that serves the Ursinus community. Views expressed in The Grizzly do not necessarily reflect the views of the staff or college.

Ursinus Grizzly
601 E. Main Street
Collegeville, PA 19426

EDITORIAL STAFF

RACHEL BROWN
DEAN HARLEY
OLIVIA SCHULTZ
SOPHIE SNAPP
JON VANDER LUGT
ALEXIS PRIMAVERA
JANEL FORSYTHE
BRIAN THOMAS
BRI KEANE
KRISTEN COSTELLO
MAGDA KONIECZNA

Editor in Chief
Features Editor
News Editor
Opinion Editor
Sports Editor
Photo Editor
Web Editor
Copy Editor
Social Media Editor
Breaking News editor
Adviser

Letters to the Editor (grizzly@ursinus.edu)

All letters submitted to The Grizzly must not exceed 250 words in length, must be emailed, and must be accompanied by a full name and phone number to verify content. The Grizzly reserves the right to edit all material for length, content, spelling and grammar, as well as the right to refuse publication of any material submitted. All material submitted to The Grizzly becomes property of The Grizzly.

Each member of the campus community is permitted one copy of The Grizzly. Additional copies may be purchased for 1 $. Staff positions at The Grizzly are open to students of all majors. Contact the adviser for details.

All content Copyright © 2015 The Grizzly.
Schellhase contest in progress

The ethics contest's top three essays will be awarded a total of $6,000

Deana Harley
deharley@ursinus.edu

The Richard T. Schellhase essay contest has launched in honor of The Reverend Richard Schellhase, a graduate of the Ursinus class of 1945, who had a long career in philanthropy and the clergy, according to the Ursinus News website.

Students have been receiving emails encouraging them to submit essays into the contest that focus on a moral or ethical importance. The essays will be judged by alumni.

The first prize winner will receive $3,000, the second prize winner will receive $2,000, and the third prize winner will receive $1,000.

According to Dr. Kelly Sorensen, who organizes the contest, the contest was made possible by a donation to the college from Will Abele, an alum and a member of the Ursinus Board.

Sorensen also says that Abele named the contest after Schellhase because Schellhase was Abele's professor. Schellhase, who is now 90 years old, read all of the entries last year and wrote a personal letter to each person who submitted an essay, and Sorensen says Schellhase plans to do the same this year.

The contest is a great opportunity for students to either elaborate on work they've done in class, or to write something completely new about a topic they are passionate about but haven't gotten the chance to write about before.

"I think that serious reflection about an ethically weighty topic is an important part of any well-lived human life," said Sorensen in an email.

Mary Holmcrans, a student participant, entered an essay on the cognitive dissonance between the American lifestyle of consumerism and growth, and the impact that this has on our communities, our planet, and other things.

"I think this contest is really great incentive to get people talking about things that they care about," Holmcrans said. "For me, this was a way to talk about something that had been on my mind for a long time."

Sorensen says essay topics varied from discussing emotional enhancement drugs to climate change, and there is no "common theme" among the essays, other than the fact that they all discuss a moral or ethical issue.

The Schellhase essay contest is a great opportunity for students to dive deeper into ethical dilemmas or discussions that they feel need to be brought to the attention of others. More so, it's a great opportunity for students to win some money for their work.

"A common interest of both the CSCG and the ISGP is to bring students of science and the science community together with policy makers and others to figure out how to move toward the best possible future for all," said Lobo. "There is no better place than Ursinus, in my view, for that kind of process to be modelled."

The competition encourages fun activities that allow students to reuse materials they already have instead of wasting them. The week of March 16 there will be a decoupage event using plastic and glass bottles, which can be made into jewelry holders or storage containers.

"You can decorate them however you want. You can make something unique that is completely functional. Then you have a place to put your rings and earrings, or even organize your room," said Monahan.

The biggest event of the program is Mount Trashmore which will take place the last week of March. For this event, trash will be piled up next to the Love Statue behind Wismer. The size and type of Mount Trashmore will be the greatest vehicle of awareness for the Ursinus Recyclemania effort.

The last event of the program will teach students how to make garbage can from a water container. Monahan explained that these recycled materials are a great place for students to plant seeds and grow gardens in their dorm room. Depending on which material they use students can sit their garbage can window sill or hang them up on their wall.

The event allows students to personalize and decorate their gardens, in the hopes that it will make a positive impact on their own recycling efforts.

Monahan stated, "Recyclemania is relatively new to Ursinus College. We want students to be more aware of how they reuse and reduce. If we place on the scoreboard we have done more than just say that we are green. Our success in Recyclemania proves that we are who we say we are and that we can save so much."

Goessel continued from pg. 2

Global is an interactive and educational resource that students can explore and interact with to gain a better understanding of global issues. It provides a variety of resources, such as articles, videos, and interactive tools, to help students develop a deeper understanding of global issues and their impact on the world.

Students can access Global through the college's website or through a mobile app. The resource is available 24/7 and can be used anytime, anywhere.

"We know that employers value new graduates who are culturally perceptive and able to thrive in a global work economy," Rinde said. "I am thrilled we are partnered with the Going Global resource because I think it will be a wonderful addition to the existing information available to help students find work and internships."
Photo series on equality sparks discussion on race

Caitlin Tillson
cattillson@ursinus.edu

In a study conducted by Columbia University, racial microaggressions are defined as "brief and commonplace daily verbal, behavioral, or environmental indignities, whether intentional or unintentional, that communicate hostile, derogatory, or negative racial slights and insults toward people of color."

According to sociology scholar Eduardo Bonilla-Silva, microaggressions are a daily occurrence for most minority students, and are partially a result of colorblind racism: the contemporary racial ideology which explains racial inequality as being a result of non-racial factors such as cultural limitations or naturally occurring phenomena. The outcome of this ideology—which is dominant in present-day society—is a refusal to acknowledge race as a factor in issues of inequality and treating race as a non-issue in general, according to "Racism Without Racist: Color-Blind Racism and the Persistence of Racial Inequality in America" by Bonilla-Silva.

Freshman Kayla O'Mahony recently hosted an event called, "Black & White Film Photography I" where photographs addressing microaggressions on campus were displayed. These photographs resulted in a conversation about microaggressions on campus. O'Mahony photographed eight students, who were asked to write on a medium of their choice about a microaggression they had experienced on campus.

Discussing a sensitive topic like racism can be difficult for those who do not have to deal with it, which can result in ignoring or shying away from the issue, according to Bonilla-Silva. The purpose of the event was to "create a safe space for people learning about microaggressions...to be able to open up healthy conversation between those who are aware and those who are not," O'Mahony said.

O'Mahony admitted that she used to be very unaware of race issues. However, she felt that Ursinus handled the Michael Brown and Ferguson issues poorly, and it inspired her to do more.

Students Bobbi Stone and Dorinda Ma expressed that race issues. O'Mahony said.

The international foods thing they do every year."

"The international foods thing they do every year."

"Pancake night! Nothing curbs rampant existential angst and fiery sexual tension quite like a big plate of flapjacks and some soul-searching karaoke."

-Blaise Laramee, 2016
“Hamlet” comes to stage with puppets

A miniature version of Shakespeare’s classic tale will grace Bomberger on March 25

Clara Kiss
c.kiss@ursinus.edu

Shakespeare’s “Hamlet” is coming to Ursinus this spring. The production will be different from the typical stage performance, featuring puppets and slapstick.

A new English translation of a relatively obscure 1710 German version of “Hamlet” gives us “Der Brudermord,” or “The Punished Fratricide” which has been realized and performed by The Hidden Room Theatre Company.

Most other Shakespearean adaptations of which our generation is aware—“The Lion King,” “10 Things I Hate About You,” “Gnomeo and Juliet”—were recently transformed. This gives “Brudermord” an added layer of mystery. A teaser trailer available through the Ursinus College website provides a glimpse into how some of the scenes play out. The trailer shows that the show is replete with sword fights, murder, deceit, homicide, ghosts, and any other synonym for death.

Professor Matthew Kozusko, who credits himself with introducing many of the students used two meal swipes to get food from a more upscale menu, similar to a restaurant. The event was run by the college’s catering staff.

Jarrod Myers, dining services director, said that he wants to have another Elite Dining event in either April or May because 33 people attended the last one.

It offers students another option on campus that they wouldn’t normally have, especially in the winter when it’s really cold and you don’t want to leave campus,” Wood said.

The next event Wismer is having is the Chef’s Fare on March 18. Chefs from different colleges will visit Ursinus and set up stations. Each station will have food from a different country, and students can vote for the chef with the best menu.

“it’s one of the biggest events of the year,” Wood said.

Other events that Wismer holds are the Thanksgiving and Winter Holiday dinners in the fall semester and a carnival-themed night in the middle of the spring semester. "It just kind of breaks up the monotony and adds a little more variety,” Wood said.

Wismer has options for vegans and vegetarians every day. Next year to the Hometown station, there is a separate station for vegans and vegetarians.

“They’re a lot more meatless items than there are meat products out there,” Wood said. “For the small amount of space we have we try to offer as much as we can.”

“At home my parents eat a lot of meat, so I was happy when I first came here to see all the vegetable options," said Kelly Johnson, a sophomore who’s a vegetarian. “I feel like I have more options here than at home actually.”

There are healthy options in Wismer as well. There are signs at each station indicating “Mindful items” which have less than 600 calories.

“it’s an easy way for students, faculty, and staff to visualize what might be a healthier choice because there’s a photo of it,” Wood said.

Dining Services uses surveys and comment cards to respond to students’ requests and needs. The surveys are emailed to all students once each semester, and the comment cards are near the cash register in the lobby or on the Dining Services website.

Follow us on Twitter! @ursinusgrizzly

Photos continued from pg. 4

Dining continued from pg. 4

is a difficult issue for campuses like Ursinus to handle, especially when the students and staff are predominantly white. Stone conveyed deep dissatisfaction with Ursinus’ acknowledgement of racism; when asked how she felt Ursinus handled race issues, she stated, “They don’t. They hold inadequate town hall discussions, where the people arguing have no knowledge about what they are discussing.”

Stone gave an example of an evening when she was walking with friends to Reimert and was emphatically discussing something with them, when a guy shouted at her, “You go, Shaniqut!” Stone said, “It doesn’t sound like a big deal, but it just felt really crappy to be reduced to a shitty stereotype so quickly.”

Dorinda Ma, a Vietnamese-American student at Ursinus, acknowledged that the Ursinus administration makes efforts to foster open conversations about race, but “beyond some devoted professors and a few student-led groups like SUN or [GSA]...our student body does not acknowledge race and does not participate in enough discourses involving racial issues.”

Ma said that she has witnessed many acts fueled by prejudice and racism on campus. She too has experienced microaggressions, such as a group of white male students making comments to her which she described as “ignorant racist fetishism.”

Ma said, “It was extremely vulgar and made me feel like an exotic object that did not belong to Ursinus’ community.”

Both Ma and Stone offered ideas on how the Ursinus campus can improve its understanding of minority students’ experiences and promote more active discourse on the issues of race and equality.

Ma suggested that including race as a more prominent topic for discussion in CIE would greatly benefit the student body.

While race is discussed somewhat in CIE, Ma felt that “some professors aren’t pushing enough of the race questions in class or don’t spend enough time discussing the subject.”

It was also suggested by Stone that a common event hosted by a current activist would be beneficial as a supplement to race discourse in CIE.

Ma said that Ursinus’ biggest issue is that students are too complacent. She explained, “It’s frustrating even more because people who could benefit from hearing or participating in these conversations never try to. People stick to what they are comfortable with... The racists are sometimes a lost cause, but it’s the colorblind, oblivious students that need to hear the truth.”

“Hamlet” is coming to Ursinus this spring with puppets and slapstick performance.
Ditch the SAT once and for all

Kristen Costello
krcostello@ursinus.edu

There are going to be a few changes made to the SAT starting in the Spring of 2016, according to College Board. The changes include things such as the essay portion being optional, the vocabulary words being less obscure, and that students won’t be penalized for wrong answers on the multiple-choice section. Despite these changes, instead of applauding the College Board’s efforts to improve the test, we should be pushing to have the test eliminated entirely, or at least insisting that colleges make it an optional part of their application processes.

Most colleges put way too much emphasis on the SAT. How can one test be a better measure of work ethic than four years’ worth of academic achievement? A hardworking student who maintained a 4.0 throughout high school might get nervous and do poorly on the SAT. Should a bad score on just one test destroy that student’s chances of getting into good schools? It’s unfair that four years of academic success are often bluntly ignored by college admissions offices once they see low SAT scores.

GPA is a far better indicator than the SAT of a student’s ability. “High school GPAs are four-year, long-term evidence of self-discipline, intellectual curiosity and hard work; that’s what matters the most,” said William Hess, former dean of admissions for Bates College in the article “Predicting College Success.” “If high school grades are not high, good testing doesn’t necessarily promise college success. Students with good high school grades and modest test scores often do better in college than students with higher scores and lower grades.”

The SAT is also an unreliable predictor of college success because it favors students whose families belong to the highest socioeconomic class. In 2013, students from families earning more than $200,000 a year averaged a total score of 1,714, while students from families earning under $20,000 a year averaged a score of 1,326, according to Collegeboard.

“The SAT is fundamentally discriminatory, favoring white, male, upper-income students with the means to prepare for it,” said Joseph Soares, author of “SAT Wars,” in the article “A New Book Argues Against the SAT,” published by the New York Times.

Soares also said it’s not unusual for students from low-income families to have high GPAs but low SAT scores. “A lot of gifted, intelligent students from low-income families miss out on some great educational opportunities just because of their test scores,” he said.

Khan Academy, a non-profit educational organization, promises to start offering free online practice problems and instructional videos in 2016, but the new SAT may still favor upper-class students. Free online test practice won’t necessarily stop wealthy families from hiring expensive tutors for their children and enrolling them in test-prep courses. And what if some of these costly courses are better preparation for the test than the free online material? If that’s the case, then wealthy kids will continue to have the upper hand.

Despite the free online practice and all the other changes that the College Board has made to the test, the SAT still shouldn’t be used as the sole predictor of college success. One test taken on one day shouldn’t have the power to make or break someone’s academic future.

“The human mind is simply so complex and so multifaceted and fluid, that trying to find a single measurement tool that will be reliable across the enormous populations of American students is simply a trip up a blind alley,” Hess said.

Instead of obscuring so much over a single test score, colleges should start looking more at GPA, the types of courses students take, the extra-curricular activities they’re involved with, and improvements they’ve shown in all areas over time. These are the things that are going to give the best picture of how successful a student will be, not a bubble sheet.

Being biracial does not mean choosing sides

Kendra Walker
kwalker@ursinus.edu

In one of my classes from last year, a topic we would discuss was the way white people and black people interact, but everyone had their own attitude on both. I have always been confused on what I think about these discussions because I am visibly both. We were asked to describe how white people talk and how black people talk. It was an interesting exercise, but it made me uncomfortable as well. After class a close friend of mine asked me an all-too-common and problematic question: “do you consider yourself more white or more black?”

I was not upset with her at all because I understand that people get curious about certain things, but I was upset with myself. Typically “I don’t know” would be my answer, especially in high school, but college has taught me to explore myself. I wanted to have a solid answer for my friend about what I considered myself to be but I never truly thought about it. What do I consider myself to be more of? Being white makes me privileged. In “White Privilege: Unpacking the Invisible Knapsack,” Peggy McIntosh states that “whites are taught to think of their lives as morally neutral, normative, and average, and also ideal, so that when we work to benefit others, this is seen as work that will allow ‘them’ to be more like ‘us.’” What McIntosh is essentially saying is that white people do not realize that they think of themselves as the standardized human being. Minorities are referred to as “them” because they are constantly aware of the color of their skin whereas white people are given perks and privileges because they are white.

“It would be nice to be completely white and have all these privileges,” I thought. Maybe if I identified as being more white I would be more accepted by society. I can think of several times in my life where if I would have had a better outcome if I was fully white. But as appealing as being a white girl may seem, there are also a lot of cultural values that I would not have that a black girl does have.

I can be happy, but I can also be sad. I can be friendly, but I can also be distant. I can be sweet, but I can also be bitter. I can be anything I want to be, so if I choose to identify myself as two beautiful races I can do so.

We stand out not because we are black and white but because we have the confidence to identify ourselves this way. A friend commented to me, “You say whatever you want; you even say the ‘N’ word sometimes…” I guess I always thought you considered yourself more black than white.

Having the ability to identify with white people and have a satisfying conversation is second nature to me because I don’t think about the fact that I’m not exactly like them. The same goes for black people. I can talk to a black person and carry the conversation like it’s nothing because a part of me is their race. No one shames me for not being one hundred percent of either “side.”

When I walk down the shampoo and conditioner aisle in Target, do I choose from the “hair product” section or the “ethnic hair product” section? Society must know. I choose from the ethnic section. I do this because those products work best for me. Does this go to show that identifying as black would work best for me? Absolutely not. I am more than a specific section of a beauty product aisle. I am more than being half of one race and half of another. Wanting to be all of one race is a silly idea. It is something no one will ever be able to change about him or herself, so race is something everyone should embrace.

I am black and white. I will always be black and white, no more and no less of the other. My actions do not have to reflect a certain race or side. I can be myself and be accepted. Though I might not always be accepted by society for reasons that are embedded in our culture but out of my hands, I can fight against racial prejudice.

When I fill out an application I can check off the “other” box because I am not White, Black, Hispanic, or Asian.

If I were to go back in time and answer my friend’s question about identifying more as black or white, I would say this exactly: “I didn’t decide to be born, I didn’t decide my name, my gender, my hometown, and I sure as hell didn’t decide my race. I don’t have to be one or the other. Both are fine with me. Both are beautiful and interesting. Both have so much history and authenticity behind them and being mixed enables me to incorporate both into my everyday life. I can communicate with people just as efficiently as I can with black people. If someone turns me down for a date because I am mixed, that’s on them. I’ll move on to the next best thing because I have the power to do so. When one door closes, two doors open for me.”
Golf teams tee off in 2015

Hunter Gellman
hugellman@ursinus.edu

As spring break ended at Ursinus, the golf team came out of hibernation to take the green once again. The men and women of the fairway started the second half of their competition season right after break.

The golf team has a very unique slate. They compete in a secondary season during fall semester—this is where freshmen can prove their skills and veterans can improve their stroke. The fall season is a shorter season than the spring.

They take a break during the winter months, due to the cold weather. This break is also a very important time for working on skill sets and gaining strength. The team also faces adversity with their offseason program. They’re only able to practice three times a week, on Mondays, Tuesdays and Thursdays, during the winter in the Floy Lewis Bakes Field House. Coach Wes Hollis is only at Ursinus on a part-time basis, and this increases the difficulty associated with the winter offseason practice.

Both men’s and women’s teams traveled to Pinehurst, North Carolina for spring break to train. Like other teams on campus, the annual training trip is a time to work on skills and build team camaraderie. When they return to Ursinus, their spring season begins.

Leading the men’s team is senior Russell Hill. Hill has finished a team-best four over par at several tournaments this season. He also is a contender to finish as one of the top performers in the Centennial Conference this season.

He commented that the break for winter is beneficial for him personally and for the team.

“We have to wait for the weather to get better, so we build team camaraderie during the winter,” Hill said. “We play intramural basketball as a team and we practice as a team, that’s really all we can do.”

Members of the golf team are seen above. Both teams play next at the Revolutionary Collegiate Classic on March 21 at Elkton, Md.

Gymnastics coach Jeff Schepers is seen above ready to embrace Tina Steffenhagen immediately following what turned out to be her Ursinus record-breaking routine on the floor. She scored 9.875 (out of 10). The team heads to UW-La Crosse in La Crosse, Wisc. for the NCGA championship meet on March 27-28.

Gymnasts continued from pg. 1

Bears got off to a great start on bars. They broke a school team record for the event (48.075), and did the same thing on both the beam (48.550) and vault (48.375). Steffenhagen broke a team mark on the floor with her 9.875 score, and Kaelin Ruoss set an all-around record with a score of 38.675. Jillian Casarella came hundredths of a point from tying a beam record as well, with a meet-high score of 9.825.

The meet came down to the wire—Brockport finished in a close second with a score of 193.075 (which in itself would have been a D-III record), but the Bears’ performance on vault, their final skill of the day, helped seal the win.

“We knew that it was going to be pretty close between us, Cortland, and Brockport,” Steffenhagen said. “Hearing Cortland at third place, and hearing a 193 for second, everyone was sitting there, holding hands and shaking.”

“They announced that Brockport got second,” Steffenhagen said, “and everybody just went crazy. Everyone got so emotional...it was just really emotional and really exciting for everybody.”

Heading into the year, members of the team knew that they were talented, but still didn’t quite know what was in store. Showing just how far they’ve come, their PINK Invite team score on Feb. 27—187.175—was considered a rough meet, when last year, according to Acton, the team would have been elated to get a score that high.

“At the beginning of the season, before we started competing, we knew we had a lot of potential,” Acton said. “But you don’t really know until you start competing.”

“Especially with the freshmen,” she said. “They’ve never competed in college before, and

Last Week’s Results as of Monday, March 2:

<table>
<thead>
<tr>
<th>Wrestling</th>
<th>Gymnastics</th>
<th>Lacrosse</th>
<th>Softball/Baseball</th>
<th>Tennis</th>
</tr>
</thead>
<tbody>
<tr>
<td>NCAA Division III Nationals:</td>
<td>NCGA East Regional:</td>
<td>M(4-1)/W(0-5)</td>
<td>M(5-3)/W(6-1)</td>
<td>Baseball: 8-2 over spring break</td>
</tr>
<tr>
<td>Derek Arnold finished fourth in the 149-pound weight class, earning All-American status.</td>
<td>UC: 1st place, 193.550 points</td>
<td>March 11 vs. Montclair St. UC: 11, Montclair St.: 9</td>
<td>Austin Feuerrnan: .455 batting average</td>
<td>W Tennis: 5-1 over spring break</td>
</tr>
<tr>
<td>The team scored a Division III record.</td>
<td>The team score set a Division III record.</td>
<td>March 15 vs. Rensselaer: UC: 6, RPI: 10</td>
<td>CJ Diana: .379 average</td>
<td>Softball: 6-5 over spring break</td>
</tr>
<tr>
<td>Tina Steffenhagen set a school mark on the vault (48.375), the bars (48.075), and the beam (48.550).</td>
<td>The Bears also set team records on the vault (48.375), the bars (48.075), and the beam (48.550).</td>
<td>March 12 vs. Meredith UC: 7, Meredith: 10</td>
<td>Sean Pink: .240, 1.93 ERA, 14IP</td>
<td>Arastina Berry: .25 batting average</td>
</tr>
</tbody>
</table>

WWW.URSINUSGRIZZLY.COM
The Grizzly Gymnasts continued from pg. 7

you’re not sure how they’re going to respond to the pressure to competing for a team, because it’s all very different than what they’re used to.”

“Once we got in the season, from the very first meet,” she went on, “that’s when we knew that (this season) was possible.”

The team will head to the chilly Midwest and compete over the course of Friday and Saturday, March 27 and 28. The Friday competition will be for the team championship, and serve partially as a qualifier for the individual meet on March 28.

In the past, the Friday meet was the sole qualifying factor for the individuals that competed the Saturday, but a recent change makes the system weighted based on both in-season performance and the Friday meet.

Although they have a bye week in between, the team isn’t worried about coming out flat. They’ll have a lighter practice load for a week, because according to Acton, they “don’t want to peak too early.” For the week heading into the championship meet, they’ll pick practices up and may participate in a team-wide “spirit week,” in order to keep morale and team unity humming along as it has been throughout the year.

Regardless of the result at nationals, this has been a special year for Schepers and co.

“This is only my second conference championship in my 13 years here,” Schepers said. “It was very important for me, that way.”

“For the girls, they knew it was in their grasp, as long as they held onto it,” Schepers went on. “They had a job to do, and they just had to come in and do it.”

“They did.”

The outgoing seniors are Becky Honor. Honor had a nice fall season finishing as one of the team’s top-scorers. The women are led by junior captain Sara Thompson. Senkevich, a sophomore soccer player in the fall, has a good chance to accomplish big things in the upcoming season.

Overall, both teams are expected to have a good spring season. Both teams will be competing in the Revolutionary Collegiate Classic on March 21.

Upcoming Schedule:

<table>
<thead>
<tr>
<th>Saturday</th>
<th>Saturday cont’d.</th>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baseball: Doubleheader vs. Pitt-Bradford, 12:00 p.m. start</td>
<td>Softball: Doubleheader @ Dickinson, 1:00 p.m. start</td>
<td>W Tennis: @ Lebanon Valley, 1:00 p.m.</td>
<td>M Tennis: vs. Penn St.-Berks, 11:00 a.m.; vs. Alvernia, 3:00 p.m.</td>
<td>W LAX: vs. TCNJ, 7:00 p.m.</td>
<td>Softball: Doubleheader @ F&amp;M, 3:00 p.m. start</td>
</tr>
<tr>
<td>M LAX: @ Swarthmore, 5:00 p.m.</td>
<td>W LAX: vs. F&amp;M, 4:00 p.m.</td>
<td>M Golf: @ Lebanon Valley, 3:00 p.m.</td>
<td>M Golf: Cabrini Invitational</td>
<td>M Golf: @ Moravian, 4:00 p.m.</td>
<td></td>
</tr>
<tr>
<td>M &amp; W Golf: Revolutionary Collegiate Classic @ Elkton, Md.</td>
<td>M &amp; W Golf: Revolutionary Collegiate Classic @ Elkton, Md.</td>
<td>M &amp; W Golf: Revolutionary Collegiate Classic @ Elkton, Md.</td>
<td>M &amp; W Golf: Revolutionary Collegiate Classic @ Elkton, Md.</td>
<td>M &amp; W Golf: Revolutionary Collegiate Classic @ Elkton, Md.</td>
<td>M &amp; W Golf: Revolutionary Collegiate Classic @ Elkton, Md.</td>
</tr>
</tbody>
</table>

Photos courtesy of Jon Vander Lugt

Sophomore Kelsey Jewell is seen above during her floor routine. She scored a 9.650.

Photo courtesy of Jon Vander Lugt

Riley Acton is seen above on her floor routine. She scored a 9.5. She also competes on vault, and she notched a 9.3 in that event Saturday.

Golf continued from pg. 7

Hill says there is a good group of freshman golfers sharpening their skills this season and looking to prove themselves in conference play. Freshman Lamar Saxon, Ryan Crawford and Max Schwartz all have the potential to be great athletes for the Bears.

The trio of freshmen have had limited action this season but have taken advantage of what action they have seen. They have all shown great potential and will be great golfers, Hill commented. On the other side of the tee, the women’s team is also having a good season thus far. The women are led by junior captain Beckly Honor. Honor had a nice fall season finishing as one of the Bears’ top contenders. She hopes to continue her success in the upcoming season.

Honors commented that the fall season went well, when a lot of freshman competed and showed their skills. She said, “the fall is much like prep for the spring, the spring is a lot more serious with more tournaments.”

She also shared Hill’s sentiments, mentioning that the winter is good time for all golfers to work on technique. “Winter is a time to work on mechanics and swings,” she said. Similarly to the men, they take advantage of practicing in the field house during the winter months. She also added that strength training and flexibility training are a large part of the winter season.

Honor expects two players in particular to perform well in the spring season, Julia Senkevich and Sara Thompson. Senkevich, a sophomore soccer player in the fall, has a good chance to accomplish big things in the upcoming tournaments.

WWW.OURSINUSGRIZZLY.COM