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UCEA waste watching at the Philadelphia marathon

Jenna Yaich
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When mentioning college students and trash, generally only one thing comes to mind—a litter-filled campus due to lively parties and events by the students who attend the college.

However, the Ursinus College Environmental Action club positioned service projects in order to change the way college students view recycling and environmental principles.

Through these projects and campus-wide discussions, the members hope to educate students on the importance of environmental conservation.

“We try to educate the campus about environmental issues and to get involved in any volunteer activity to improve the environment,” UCEA President Megan Maccaroni said. “We are models of sustainable and green living. We want to do things out of the norm to show that we care about the environment and want to make a change.”

One of those changes has been put into effect. On Nov. 17, UCEA will be traveling to the Philadelphia Marathon from 8 a.m. to 2 p.m.

The campus organization will act as waste watchers for both marathon participants and attendees.

Students will sort waste from recycling and will monitor the grounds for littering. By doing this, the club hopes to create a segue between Ursinus environmental efforts and the greater community.

This is not the only environmental action plan that the campus can expect from the organization.

Maccaroni stated that UCEA will be participating in RecycleMania in the upcoming spring semester.

Schools across the United States and Canada battle to obtain the greatest percentage of recycling compared to garbage waste after eight weeks of sorting.

“RecycleMania is a way to make recycling fun,” UCEA secretary Brenna Rasmussen said. “It’s essentially a competition to provide motivation for being more eco-friendly.”

However, the organization would like students to know that not all environmental efforts are so demanding or extravagant.

Currently, UCEA is working to petition for a new water bottle refill station in Pfahler auditorium. Maccaroni said that not only would students have more convenient refill options, but this would help conserve water.

The organization’s main objective is to educate students and promote discussion about the everyday environmental issues people face.

The group uses activities like petitions, eco-crafts and field trips to promote awareness and unity in conservation efforts.

“UCEA has given me an op-

See UCEA on pg. 3
Climate and Sustainability Action Plan announced

UC becoming carbon neutral and aware of sustainability

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Recently, Ursinus College announced its first Climate and Sustainability Action Plan in order to work toward becoming carbon neutral and achieving sustainable living.

After signing the American College and University’s President’s Climate Commitment in 2007, Ursinus was required to make this plan.

Shannon Spencer, Ursinus’ sustainability planner, separated the plan into sections by work area.

By doing this, she hoped that each area would find actions and particular efforts which were tailored to their own field of work.

Spencer said that this way instead of simply telling each area to be more sustainable, they instead were given specific and actual goals.

According to Spencer, the plan is composed of 32 chapters and a number of appendices that include guides for green living, green purchasing, green office and eco-driving.

The document, which is aimed not only at students, but also largely at faculty and staff, is over 500 pages long.

“All members of the Ursinus community have a role to play, and that is also one of the things that I think is great about this plan in how it really brings everyone into the fold,” Spencer said.

“If you look into one or two of the chapters, they’re laid out so that it begins with a description of current actions that are already taking place right now, and then the rest of it is all perspective actions,” Spencer said.

This long-range planning document is where a reader can find things that are all options of things that could be initiated and completed.

Although some of these options are looking up to 30 years ahead, the CSAP is what is known as a living document, which will be updated over the years in order to maintain relevancy and top efficiency.

President Bobby Fong expressed both a hopeful and excited attitude toward the CSAP.

Fong said that the leaders of the CSAP want to maintain continuous strides towards the different goals of the plan, regardless of when it is actually able to be fully reached.

“I think that what the commitment that we have to make in our Sustainability Action Plan is saying is that there are some of the steps that we can take as a community of our faculty, students and staff to reduce our impact on the environment around us, whether it’s large things like going away from coal fire gas and natural gas or small things like turning off our computers at the end of the day,” Fong said.

Fong stressed the importance of every small effort toward sustainability and awareness when he said that there are a lot of the big strides that will be completed by numerous small steps that need to be done first.

“We are talking about changing lifestyles and habits,” said Fong. “I think getting students behind it is more a matter of creating a culture of sustainability where turning off a light when you leave a room becomes second nature and that is not necessarily the case for a lot of people.”

The plan was created locally and specifically for Ursinus and has been under construction for the past two years. It is compiled of goals that are believed to be realistically obtainable at Ursinus.

“I think that the (program) is Ursinus’ way of living out the meanings to be a good corporate citizen in the world and, in turn, an essential part of the Ursinus education to learn to live in accordance with the environment,” Fong said.

“One of our three perennial questions is ‘What is nature and our place in it?’ and this is a very practical way that we are trying to answer it,” Fong said.
Process of making new classes at UC

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Next semester, new classes are being offered in many majors and departments. These classes are added by professors who propose new course ideas.

Dr. Jay Miller is the chair of the academic council, the committee that determines new classes. Miller now works in the Dean’s Office and is the chair of the media and communications department.

Miller said that the process a professor must go through to get course approved works in steps. First they must pick a topic and write a syllabus including assignments, readings, exams and other work.

“The academic council will look at the syllabus and determine whether it meets the standards of an Ursinus course,” Miller said.

If a majority of the faculty votes for the class, it is approved and will go through a pilot semester. The professor proposing the new class then goes to a faculty meeting where they must go to get approved by the whole faculty.

The academic council consists of 10 Ursinus professors and two students,” Miller said.

The council discusses core requirements for the college and if a class qualifies to fulfill a diversity or global requirement.

“Most new classes that are being offered are special topics classes that are level 250 and 270,” Miller said.

Most special topics courses are in the 200-level, as shown on the academic page for each department on the Ursinus website.

New classes next semester include Art Crime taught by Dr. Deborah Barkun. This class is on crimes involving art theft and other art related mystery.

“Barkun went to a seminar on the subject and found it to be so interesting that she decided to teach a class on art crimes,” Miller said.

Miller said the media and communications studies department is offering two special topics classes. One class is Science Writing and is taught by Faye Flam. This course is teaching students how to write scientific articles for research and science journals.

Sports Journalism is another new class being offered. This is taught by Professor Matt Veto. This has been a course that students have wanted on campus, but there was never the right professor to teach the course.

“Veto, who specializes in sports journalism, was the perfect professor to teach this class for the first time,” Miller said.

Another class that is being offered next semester that is rarely offered is CIE 300. What is Love? This course discusses what love is and includes books and literature on the subject of love. This is an extension of CIE 100 and 200.

This course is taught by Jonathan Marks. Miller has gone through the process of getting classes approved before. A few years ago, Miller went abroad with a group of students for a semester.

He proposed the classes Documentary Photography and Global Media. Now both of those classes are part of the media and communications studies curriculum. Documentary Photography is being offered next semester and is taught by Professor Sarah Kaufman.

Special topics classes are courses that are offered rarely. These classes are on specific topics that are related to the department. One example is Japanese Film which is taught by Dr. Matthew Mizenko. This class is offered as a course for East Asian studies and the film studies department.

“When a class is offered for the first time it goes through a pilot program,” Miller said. “The students taking the course are asked to fill out evaluations to give their input on the course.”

Students comment on how the professor is teaching and on the material they are learning.

“People are not consciously aware of the efforts they can take to help make a difference,” Maccaroni said.

The group stresses that it is never too late to begin conservation practices.

“We are all living in this environment together,” Maccaroni said. “And the things we all do help, no matter how small.”

When a class is offered for the first time it goes through a pilot program.

— Jay Miller
Associate Dean of Ursinus

U.S. Secretary of State John Kerry indicated this week an anticipated deal with Iran over ending its nuclear energy program had not yet come to fruition, according to BBC News. The nuclear energy program, suspected by many Western countries to be a cover for developing nuclear weapons, has been an issue of international debate. Hopes were high for a resolution after Iran elected a relatively moderate as president. Hassan Rouhani. The next round of talks begins Nov. 20, and a deal could potentially be in place by December.

Top stories from around the globe

Stolen art trove recovered

Works by artists such as Picasso, Chagall and Matisse were amongst 1,400 paintings recovered from an elderly man’s apartment in Munich, Germany, according to "The Wall Street Journal." Museum curators at Free University in Berlin appraised the collection at approximately $1.3 billion.

The discovery was made two years ago, but news of the find has just been released as authorities wanted to investigate ownership before announcing the treasure. The Nazis, during their rise to power in the late 1930s, confiscated art work they deemed destructive and indecent from public and private collectors. Many of these masterpieces were owned or created by Jewish artists and collectors, according to "The Wall Street Journal."

$1.8 billion settlement

SAC Capital, the hedge fund owned and operated by billionaire investor Steven A. Cohen, pled guilty to criminal charges related to insider trading this week and agreed to pay $1.8 billion in penalties, reported originally by "The Associated Press." In addition to the fine, SAC Capital will be barred from taking money from outside investors, essentially meaning SAC Capital can now only invest Cohen’s personal fortune. SAC Capital was one of the most successful hedge funds on Wall Street, returning gains of up to 25 percent, year after year. By accepting the guilty plea deal laid forward by NYC prosecutor Preet Bharara, Cohen will avoid the possibility of jail time.

Negotiations with Iran

According to "The Huffington Post," the democrats have made significant gains on election night in 2013. Democrat Terry McAuliffe defeated Republican Ken Cuccinelli to become governor of Virginia, 48.0 percent to 45.5 percent. Republican Chris Christie was re-elected governor of New Jersey with 60.4 percent of the vote against Democrat Barbara Buono. In New York City, Bill de Blasio has become the first Democrat in 20 years to become mayor, defeating Republican Joe Lhota with 73.3 percent of the vote versus 24.3 percent of the vote. In Boston, Democrat Martin Walsh will succeed Thomas Menino after defeating John Connolly — another Democrat — with 51.8 percent versus 48.2 percent of the vote.

WRITERS WANTED

Lend your voice to The Grizzly

Join us for our weekly news meeting

Mondays, 6:30 p.m.
Ritter Lobby
UCDC hosts local choreographers

Bethany Mitchell
bemitchell@ursinus.edu

Ursinus College Dance Company will perform their fall show in the Lenfest Theater, Nov. 21-23 at 7:30 p.m.

The show, titled “Waking Dreams,” will feature the works of Philadelphia-based choreographers in addition to some of the Ursinus dance department faculty. Audiences will see numerous genres of dance including modern, jazz, hip-hop and tap.

Every UCDC show begins with a series of residencies with the chosen choreographers. A residency starts with an audition and follows up with up to 30 hours of rehearsal to compose the piece.

“It’s a really exciting process for us, and I think it’s a very valuable one that we offer here,” professor in the dance department and co-director Karen Clemente said.

The uniqueness of this UCDC concert is the residencies, according to professor in the dance department and co-director Jeanine McCain.

Instead of the choreographers coming from all over the country, they are less than an hour away. With this, the dancers are able to work with their choreographer in more one-on-one sessions because of their accessibility.

McCain takes pride in Ursinus being able to bring in professionals who are currently working in the dance field. McCain said that the students are not confined to learning about the dance world through studies, but they are actually getting the opportunity to take part in it.

For the multiple first-year students, the hands-on experiences have provided insight to their thoughts of a dance major. Along with the handful of choreographers, the upperclassman members of UCDC have provided guidance to the younger portion of the program.

“It’s really exciting for us to see how the first-year students seem invigorated and excited,” McCain said. “It seems like it’s making a really nice start to the next few years.”

Junior UCDC member Haylee Mevorah said that the bond between the dancers is incredible. Within the company, there are mentors and pupils, providing the dancers with companions to explore the art and the major with.

“Having a mentor, being a mentee and having my own mentee is amazing, and it has really reminded me of why I love dancing so much,” Mevorah said.

According to Clemente and McCain, nothing but hard work from all of the dancers has been put into the concert. Their work creates the dreams featured in the show and forms a certain motif within all of the pieces.

Throughout rehearsals, Clemente and McCain began noticing unintended correlations throughout the pieces.

“The dreams started to drive what we were doing,” Clemente said.

Similar movements and even prop usage had evolved, and according to Clemente and McCain, the dreams began to take over. The choreographers even found themselves having to pull back somewhat to keep their pieces from morphing together.

Junior Haylee Mevorah jumps during the Apr. 18 Ursinus College Dance Company performance. Their next concert is on Nov. 21-23 at 7:30 p.m.

Photo courtesy of Byron Calawa

Ursinus athletics honors graduates

Derrick Falletta
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Being considered a Hall of Fame player for on-field play is one of the biggest compliments an athlete can achieve, topped only by the induction itself. This dream will become a reality for nine former Ursinus College athletes. The Ursinus College Hall of Fame induction ceremony will be held Saturday, Nov. 16 from 6-8:30 p.m. The reception for the induction ceremony will be held in the Wismer Center.


The nine nominations for the Ursinus College Hall of Fame were chosen by a committee run by alumni and several school officials. The committee reviewed files of athletes who had been nominated and were at least 10 years removed from college graduation. The meeting takes place in June, and that is when the final picks are made. The 2013 Hall of Fame class will be the biggest class in years. A typical Hall of Fame class includes six inductees, but the committee decided to extend that a bit and include a class of nine.

“Every year we have a great class of nominees inducted,” said James Wagner, Ursinus College sports information director. “We have a ton of people that we consider for the Hall of Fame but only induct the best of the best.”

One of the athletes being inducted this year is Sandra Fetterman, known on campus as Professor Fetterman. Fetterman, who attended Ursinus from 1999-2003, is now a professor in the media and communications department.

While a student at Ursinus, Fetterman was a skilled field hockey player during the time when the school’s team was Division I. The team dropped to Division III her senior year. She was a four-year starter and two-year team captain. She was also selected 2nd All-Patriot League Team.

See Athletics on pg. 5

Word on the Street

Have you been to or are you planning to attend any Ursinus performances?

“I’m a big fan of the Bearitones. It’s great to see everyday students around campus sing and sing well. I’ll be there.” -Jim Worrilow, sophomore

“I haven’t been to any since I’ve been pretty busy. I’m only a freshman, so I feel like I’m still trying to figure things out on this campus.” -Allie Castro, freshman

“I’m going to the Bearitones, B’Nats and Wind Ensemble concerts. I like music, and I want to support my friends.” -Jess Peterson, senior

“I haven’t gone to any shows yet. I’ve been busy with schoolwork, but if I see anything in emails when I’m free I’ll definitely check it out.” -Joe Devine, freshman
Wind Ensemble performance

Will be playing selections from "The Hobbit"

Derrick Falletta
defalletta@ursinus.edu

Professor of music Holly Hubbs will be heading the Wind Ensemble concert on Friday, Nov. 15 at 7:30 p.m. in the Lenfest Theater located in the Kaleidoscope.

The Wind Ensemble is a traditional concert band, made up of brass, woodwind and percussion instruments.

Hollie Hubbs will be heading the Wind Ensemble concert, designed to show the final product to the campus community. In this particular concert, the band members look forward to performing the suite from "The Hobbit." It is a band version of Howard Shore's film score from the movie.

"I always look forward to being on stage with my students," Hubbs said. "It is nice to reach the point of playing publicly everything that we’ve been working on in rehearsals all semester.

"If I could ask for one thing, it would be that I really hope students, faculty and staff would come out and hear the band, especially if they have never attended a UC bands concert," she said. "The students work hard, are talented musicians and deserve support from the campus community."

The Ursinus Wind Ensemble performs last fall. Their next performance will be Friday, Nov. 15 at 7:30 p.m.

Happening on Campus

<table>
<thead>
<tr>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
</tr>
</thead>
<tbody>
<tr>
<td>6th annual Pie-Eating Contest, 6:15 p.m.</td>
<td>UC Wind Ensemble concert, 7:30 p.m.</td>
<td>Chirstmas Mall on Main Street at Trinity Church, 9 a.m. to 3 p.m.</td>
<td>U-Innovate! workshop: Finding the Idea and Validation, 6 p.m.</td>
<td>Anxiety support group, 3 p.m.</td>
<td>Dress for Success, 6:30 p.m.</td>
<td>Bear Hugs Day, 11 a.m. to 4 p.m.</td>
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<tr>
<td>Piano Recital, 7-8:30 p.m.</td>
<td>Bearitones concert, 9 p.m.</td>
<td>B’Naturals concert, 7-9 p.m.</td>
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<td>GSA meeting, 7 p.m.</td>
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</table>

Athletes continued from pg. 4

"I have so many fond memories of my days at Ursinus," Fetterman said, "but my favorite one as a team had to be when we upset Holy Cross 3-2 in OT on our home field at homecoming.

"The day before our game, we were told at practice about the plan to drop field hockey from DI to DIII at the end of our current season. We didn’t take the news well, but we rallied around each other and stunned the team that would go on to win its second straight Patriot League regular season title. I will always be proud to say that I was a member of the UC field hockey team," she said.

Fetterman’s success was not only limited to the field. She was a star in the classroom as well. During her college career, she was named to the Patriot League Academic Honor Roll, NFHCA Division I National Academic Squad, Centennial Conference Academic Honor Roll and NFHCA Division III National Academic Honor Roll.

"The athletes we induct into our Hall of Fame were not only great athletes, but were just as amazing in what they came to their academics," said Wagner. "Our athletes are truly one of a kind."

The Hall of Fame is the final award for many athletes. Even with an induction to the Hall of Fame, the Ursinus athletes have gained much more throughout their experience in Collegeville.

"I consider myself truly blessed and proud to have been a student-athlete at Ursinus, and I will forever be grateful to the incredible friends, teammates, professors, athletic trainers and coaches that I met during my college years," Fetterman said.

"I could not have achieved what I did on the athletic fields or in the classroom without them, but no one contributed to my development as an athlete and person more than Laura Molken. I have never met someone with so much passion and determination, and as a coach she used those qualities to bring out the best in me."
Assign credit for varsity athletics

Ronald Hill said that he has been lucky and has not had any problems with his professors. Even so, anytime a student has to miss two or three classes in one week, professors are going to be unhappy. Golfers do not have a choice.

"When you have work to do in four different classes that give homework basically every night, it becomes stressful to add sports on top of that," senior football player Giovanni Waters said. "I have to support myself financially and pay for all the things I need, being a student-athlete only allows me to work on Sunday. There just isn't enough time to make everything work how you would like it, but giving up the sport I played my entire life isn't an option."

Students who cannot make a varsity team could serve as managers or statisticians to receive credits as well. "I have had to drop classes and base my schedule around football entirely," junior Ronald Armstead said. "I have definitely considered quitting because it became so hard, but I have come this far so I just push through it."

Taking biology and chemistry in the same semester with football is one of the hardest things I have ever had to do.

"I have had to drop classes and base my schedule around football entirely."

— Ronald Armstead

Football

Of course, we are not the first to propose giving credit for varsity athletics. Professor David Pargman of Florida State University noted that dance, voice and theater are recognized majors and sports are not.

"While sport is on the campus, and while it is using millions and millions dollars of annual budgetary units, let's make it more legitimate," Pargman said in an NPR interview.

There are many athletes here at Ursinus who would benefit greatly from receiving credits for their sport. We feel that there would be an improvement in athletes' grades, and their teams could see better results on the field.

Academic probation policy exempts athletics

The NCAA lists 20 hours as the maximum amount of time per week that student-athletes may spend on their sport. Teams usually practice at least 12 hours a week, and that does not include personal training. A football player, for example, would need to lift daily on his own time to build muscles and maintain them.

Time management is a crucial skill to master in order to be a successful college athlete. I have to write all my school work on specific days, and I have to complete it on time or else my workload gets very overwhelming.

Not everyone is that disciplined. Some student-athletes need consequences as motivation.

Participating in a sports team should always be treated as a privilege and not a right.

According to the College Sports Project, students who do not partake in a varsity sport have higher GPAs in general than student-athletes. Its findings from 2010 concluded that college athletes have a worse GPA than non-athletes.

The project analyzed 83,728 students from 84 NCAA Division III colleges and universities. The average GPA for the male athletes was 2.97. Male non-athletes averaged 3.04. The average GPA for female athletes was 3.22, and for female non-athletes, the average was 3.24.

Even though the GPA gap between the athletes and the non-athletes might seem small, college students know that even one-tenth of a percentage point can be a substantial change. In the case of DIII male students, playing sports is the difference between a C+ average and a B-average.

The majority of high schools have a required GPA to maintain in order to participate in sports, so why should Ursinus be any different? The only downside is a college athlete is at risk of being prohibited from playing her sport. Receiving good grades should trump that consequence.

The skills learned from playing a DIII sport can be acquired succeeding in all facets of an education. If student-athletes are struggling in the classroom, they should sit out and hit the books. Academic probation should apply to all extracurricular activities.
Women's basketball will rely on young talent

Brandon Patterson & Austin Fox
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The Ursinus women's basketball team will tip-off at Messiah College Nov. 15, followed by five straight conference games to start off a challenging season.

The Bears ended last season with a loss at Muhlenberg College. They had an overall record of 12-13 and a conference record of 9-11.

The 2013 record placed them in the middle of the conference at the end of the season, out of playoff contention.

Atop the conference was Gettysburg with a record of 16-4, followed by Swarthmore at 15-5 and Muhlenberg at 14-6.

The Bears will face challenges early on. They will open conference play against defending Centennial champion Gettysburg on Nov. 20.

Head coach Jim Buckley is optimistic about this year. He believes he has a group that is as good as any group before.

The team is young, with only two seniors in a group of 16 women. The two seniors are guard Diamond Lewis and forward Devon Butchko.

"Devon had an ankle injury that she is coming back from now," Buckley said. "Nothing serious, she will be ready for the season."

This year they will be led by team captain Alyssa Polimenti, starting at guard and Jessica Porada starting at forward.

Polimenti is now in her sophomore year and is from Governor Livingston Regional High School in Berkeley Heights, N.J. She started 24 out of 25 games last year. She led the team with 266 total points and averaged 10.6 points a game.

Porada is also in her sophomore year and is from Morris Catholic in Morristown, N.J.

She started 22 out of the 22 games she played before suffering a season-ending injury against Haverford.

She put up an impressive 11.5 points per game and grabbed a notable number of rebounds, averaging 9.1 a game.

Her rebounding numbers put her at fifth in the conference.

Porada received an honorable mention on the 2013 All-Centennial Conference women's basketball team, and is expected to contribute even more this season.

"I am excited that we all have experience now and can't wait to see how much faster we play together," Polimenti said. "I feel my job as a leader is to mentor the freshmen coming in, to guide them towards the team goals. We have a lot of new players and I think we have a lot of depth this year. We are excited to see the new contributions we are going to get from the team."

With the loss of graduated senior Amber Yacenda last year, Buckley hopes to see the void filled and some serious work out of his forwards, one being sophomore Elana Roadcloud.

"We had a lot of growth out of Elana towards the end of the year," Buckley said. "We're hoping she keeps rolling with that to give us more size."

Preseason ranking for women's basketball in the Centennial Conference will be released at a later date, but the Bears try to avoid the distraction such a ranking can bring.

Both Buckley and the players agree that the Conference is balanced and that all the games are going to be difficult.

"I feel that we are more prepared this year," Porada said. "We are in better shape and we are faster, so I feel we'll be able to keep up with some of the faster paced teams. I'm excited to see how far we get into the conference. We need to be strong because no team in our conference has lost a lot of players, so all of them should be tough."

The conference favorites look to be the same from the 2013 season, with Gettysburg returning six seniors and Muhlenberg returning four.

That sort of experience will make the conference all the more difficult, but for the team, the challenge will be met with a talented group of young players.

UC wrestlers ready to meet expectations

James Wilson
jawilson3@ursinus.edu

The UC wrestling team is coming off an excellent season, and has no intention of slowing down this season.

Already a few weeks into their season, the team is looking to make sure there is no unhealthy egos as The Bears will face a stiff challenge as always for the team.

The constant threat of either wrestling team being too heavy or too light stays with the champion Christian Wilson.

Senior Derek Arnold taking first in his 125-pound bracket accompanied the champion Christian Wilson in the 197-pound bracket for the championships but lost his match to Leear.

The team showed some notable wrestlers were Senior Taylor Gload, who finished runner-up in his 197-pound bracket, and freshman Zachary Fisher, who won third in the 125-pound bracket accompanied by the champion Christian Wilson.

Making weight provides a difficult challenge as always for the men of the wrestling team.

The constant threat of either being too heavy or too light stays with the champion Christian Wilson.

Junior Chris Donaldson finished as the champion in his 125-pound bracket accompanied by the champion Christian Wilson.

Ursinus hosted the all-day tournament which included schools from all over, including the Naval Academy, McDaniel, Franklin & Marshall and many more competitors.

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According to the Centennial Conference website, "The Bears are the preseason favorites to defend their Centennial title and welcome back three CC champs and an All-American. The Bears are ranked 22nd in the preseason and will be the team to beat in 2014."

Ursinus junior wrestler Robert Scuramuzza said, "The team is projected to be first this year, but that doesn't mean we can just count on that...we have to put the work in."

All of these projections are just talk, but the team is backing these statements with some serious bite as numerous UC wrestlers finished well during the Fall Brawl tournament held in the Field House this past Saturday.

Ursinus hosted the all-day tournament which included schools from all over, including the Naval Academy, McDaniel, Franklin & Marshall and many more competitors.

Junior Chris Donaldson finished as the champion in his 125-pound bracket accompanied by the champion Christian Wilson in the 197-pound bracket, beating Nathan Bono from The College of New Jersey.

Senior wrestler Taylor Gload was one out of many wrestlers who made a mark in their bracket.

"I am excited that we all have experience now and can't wait to see how much faster we play together," Polimenti said. "I feel my job as a leader is to mentor the freshmen coming in, to guide them towards the team goals. We have a lot of new players and I think we have a lot of depth this year. We are excited to see the new contributions we are going to get from the team."

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Upcoming Ursinus Athletics Schedule

<table>
<thead>
<tr>
<th>Football</th>
<th>Field Hockey</th>
<th>Swimming</th>
<th>Wrestling</th>
<th>Basketball</th>
</tr>
</thead>
<tbody>
<tr>
<td>11/16- @ Dickinson College at 1 p.m.</td>
<td>Game TBA following NCAA playoff match versus Wilkes</td>
<td>11/16- Men’s and Women’s @ McDaniel College at 1 p.m.</td>
<td>11/17- versus Scranton / Yeshiva @ Scranton at 11 a.m.</td>
<td>11/15-11/16- Men’s and women’s teams @ Messiah for Messiah Tip-Off Tourney</td>
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Both Buckley and the players agree that the Conference is balanced and that all the games are going to be difficult.

"I feel that we are more prepared this year," Porada said. "We are in better shape and we are faster, so I feel we'll be able to keep up with some of the faster paced teams. I'm excited to see how far we get into the conference. We need to be strong because no team in our conference has lost a lot of players, so all of them should be tough."

The conference favorites look to be the same from the 2013 season, with Gettysburg returning six seniors and Muhlenberg returning four.

That sort of experience will make the conference all the more difficult, but for the team, the challenge will be met with a talented group of young players.

Sophomore Anthony Carlo puts opponent in a hold this past Saturday, Nov. 9 at the wrestling tournament.

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Exciting weekend for UC athletics

Field hockey wins conference, women’s swimming pulls out big win

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After defeating Dickinson 4-1 on Saturday, the UC field hockey team defeated top-seeded Franklin & Marshall 2-0 to win the Centennial Conference championship on Sunday.

With the win, the team increased its perfect record in Centennial title games to 9-0. This win allows the Bears to make their way back to the NCAA tournament after a brief one-year hiatus.

“We were disappointed we didn’t make it to the tournament last year,” junior defender Nora Kornfeld said. “We’re excited to be back in it and we have high hopes for how far we’ll go.”

The game was closely contested, with a 0-0 point total going into the second half.

At 63:27, the Bears finally got themselves on the board with a goal scored by sophomore forward Devin Brakel off of a takeaway and assist from freshman defender Annie Kopera.

With their adrenaline pumping and a clear shift in momentum, the Bears got another goal barely a minute later from freshman forward D evin Brakel off of a takeaway from a F&M defender.

The Bears finally got their season on a high note.

With a 5-1 victory in his semi-final match, Psomas dominated his championship match with an 11-1 major decision to secure his position as champion.

Several other Bears also made deep pushes in their brackets. At 157 pounds, junior Richard Jasinski took second, while 184-pound junior Daniel Manganaro also took second.

The Ursinus field hockey team celebrates their win at the Centennial Conference Semifinal last Saturday. Nov. 9. UC won 4-1.

WESTING

Wrestling

Hosting their annual Fall Brawl tournament on Saturday, several wrestlers found success on the mat.

At 125 pounds, junior All-American Chris Donaldson dominated his bracket with two pins coming in under two minutes, a 3-0 clean sheet in the semi-finals and a 9-4 decision in the championship.

At 197 pounds, junior Christian Psomas also took first. After getting a bye in the first round and having his opponent disqualified in the second, Psomas dominated his next opponent with a technical fall after outscoring him 16-0.

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The Bears had several other first place finishes. Sophomore Corrine Capodanno won the 200 freestyle and the 100 free. Lahir Ferrari also had two wins in the 100 back and the 200 back.

The Bears made history on Saturday as they defeated the Gettysburg College Bullets for the first time in school history with a score of 135-127.

In the 400-yard free relay, the team of four, including sophomores Micaela Lyons, freshman Alli Hemp, junior Chelsea Kozior and senior Malena Lair Ferrari, finished with a time of 3:39.06, four seconds ahead of Gettysburg’s A-team. By doing so, they earned 11 points for the team.

The Bears had several other first place finishes. Sophomore Corrine Capodanno won the 200 freestyle and the 100 free. Lahir Ferrari also had two wins in the 100 back and the 200 back.

Sophomore Kyleigh Hamilton won the 200 fly, and Lyons took first in the 50 free.

The team will face conference foe McDaniel on Saturday.