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Distinguished retirees leave Ursinus

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The end of the 2012-2013 academic year will also see the conclusion of several faculty's and staff members' time at Ursinus. Professors Frances Novack, James Sidie, Robert Rand Davidson and Deans Ellen Matthews and Annette Lucas will all retire this semester, each leaving a long career of teaching and leading behind them.

Ellen Matthews has been working at Ursinus since 1992, but she began her career in education as a high school teacher in 1969. She started at Ursinus as an adjunct instructor in Math and, in 2003, she became the Dean of Continuing Education. Four years later, she took on the role of Director of Tutoring and Disability Services. “I think I am happiest when I feel that I can make a difference,” Matthews said.

Matthews said retirement will give her more time to travel, spend time with her grandchildren and tutor on a private basis. During her 45 years at Ursinus, Annette Lucas taught French and served as an administrator in the Dean’s Office.

Lucas was Chair of the Department of Romance Languages and later Chair of the Modern Languages Department. She has taught every French course in the curriculum.

Lucas’ commitment to education was honored at the 1986 Ursinus commencement ceremony, where she received the Lindback Award for Distinguished Teaching, and was honored again in 2010 when she received the Laughlin Service Award.

While in the Dean’s Office, Lucas served as an Assistant Dean and eventually became Associate Dean and Associate Vice President for Academic Affairs. Lucas held several leadership roles in projects related to curriculum development, diversity and external and internal program reviews. Lucas’ retirement plans include “catching up on the reading and research I have neglected in the past few years, learning a new language, doing volunteer work in educational programs and traveling.”

Frances Novack’s career as a French professor at Ursinus spans 35 years. A number of awards punctuate Novack’s academic history, including two summer grants from the National Endowment for Humanities and two Fulbright Fellowships. Novack said her greatest source of pride, however, stems from the work she has done for the Ursinus community, particularly with Hillel, the college’s center for Jewish student activities. “The nicest award I ever received was from the Hillel of Greater Philadelphia for founding Hillel at Ursinus,” Novack said.

After she leaves Ursinus, Novack said she will have more time to expand her work within the Jewish community as a docent at the National Museum of Jewish History in Philadelphia, Pa.

Professor of biology James Sidie has been a part of the Ursinus community since 1983. “I’ll miss most the day-to-day interaction with students,” Sidie said. “Students are the most interesting people I know. They’re all so different.”

Sidie said watching students progress from the classroom to careers has been the driving force behind his career.

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Plans for library’s future

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Over the course of the spring semester, a group of Ursinus staff, faculty and students will come together to discuss possible improvements to Myrin Library through the newly instituted Library of the Future Working Group.

The Working Group was created in response to Priority One, Suggestion Five of the 2012-2013 “Strategic Plan” for Ursinus, which states that the college will “evaluate ways in which Myrin Library can contribute to research and independent study.”

The goal of this group is to modernize Myrin, whether it is through physical changes in studying spaces and collections of books, or internal changes regarding the InterLibrary Loan system and other resources.

Terry Winegar, dean of the college and vice president for academic affairs, said the Working Group wants to make the library “a genuinely interactive space that calls to people from around campus,” so that it is “the center of the academic heart of this institution.”

“[Libraries'] role in an electronic age, their role in a digital age and their role in a greatly interconnected age are just very, very different than they were 100 years ago, 50 years ago, even five years ago,” Winegar said. “The strategic plan calls for consideration of how to strengthen the role of the library in the academic life of the college.”

“The library traditionally has been this sort of intellectual academic structure,” Winegar said. “Now, structures such as these have become less important as technology improves and students no longer require physical sources of information.

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New deans take office

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Two new assistant dean positions have been created due to the upcoming retirement of Dean Annette Lucas.

Dean Terry Winegar developed a unique approach for filling the position of Lucas, who will have worked at Ursinus for 46 years when she retires at the end of this year.

“Instead of replacing her with one full-time administrator, we’ve created a rotating position for faculty to come in and out of this office,” Winegar said.

Professor Meredith Goldsmith of the English department and Professor Rebecca Kohn of the biology department have been selected for the first three-year rotational positions.

Applicants were asked to write to Winegar about why they were interested in the position and what they thought they could contribute to the Dean’s Office. Winegar described the application process as a challenge to sort through, due to the number of distinct talents the applicants offered.

“What I ended up doing was to think about what I thought this office needed most in the next three years and what sort of combination of skills, abilities and experiences would best serve that, and that’s why these two were selected,” Winegar said.

Both Goldsmith and Kohn expressed enthusiasm for their new roles.

“I’m really excited about [this position] and have been since the opportunity was announced,” Goldsmith said. “I like the idea of a short-term position because it offers us opportunities to get our feet wet and then go back to being faculty later on.”

Goldsmith, who, as director of the Teaching and Learning Initiative, has

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"The highlight of my career has been interacting with all of the students I've been associated with. I'm particularly proud of my former research students who have gone on to careers as college faculty," Sidie said.

Sidie said he plans on finishing his master's degree in computer science and to continue teaching.

During his 40 years at Ursinus, Robert Rand Davidson has shouldered a variety of responsibilities and titles, including the exercise and sports science department chair, Director of Athletics, swimming coach and athletic trainer, all while teaching courses in ESS.

Davidson's career has earned him over a dozen different awards.

When Davidson first came to Ursinus, he intended to stay for a few years before returning to his Massachusetts home, but his plans quickly changed.

"I fell in love with Ursinus," Davidson said. "It is such a diverse place, socially, economically and culturally. It makes for a fantastic learning experience."

His plans including building a new family home in New Jersey, where he will spend time with his grandchildren and practice his photography skills.

"I've always been so busy here," Davidson said. "I've been so blessed."

The Dean's Office is currently collecting comments from students, faculty and staff for a book celebrating the retirees' impacts on the campus community. Messages should be emailed to the Dean's Office at deansoffice@ursinus.edu by Jan. 31.

ONLINE EXCLUSIVE
Visit ursinusgrizzly.com for exclusive audio interviews with the retirees.

Resident adviser recruitment continues

At an information session in November, current resident advisers explained their roles and responsibilities to a group of potential applicants.

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The 2012-2013 resident advisers search is underway. While RAs play an integral role in Ursinus life, few students know what it takes to become one of these campus leaders.

"The RA position really affords you an opportunity to learn who you are and who you want to be," Assistant Residence Director Tim Jordan said. "Being an RA is a lot about becoming a better leader and a better person and just representing Ursinus in the best way possible."

The final two mandatory information sessions for potential candidates wrapped up on Wednesday and Thursday of last week. This initial phase of the recruitment is followed by a paper application, which must be turned in to the Residence Life Office, above the bookstore, by 4 p.m. on Friday, Feb. 1.

"You have to be in good academic and social standing to qualify to be an RA," Jordan said at an information session in November. Jordan also said that candidates cannot be on disciplinary probation and they must have a cumulative GPA of 2.5 or greater.

"That applies to everyone on staff, so we all have to keep our grades up and set a good academic standard for our residents and the rest of the community," Jordan said. "That's kind of a symbol of being an RA in general - really being a role model in all aspects of Ursinus life, whether it be social or academic."

Another qualification for potential applicants is their availability. Besides the numerous steps in the application process and training sessions required to become an RA, the position necessitates ample time to get to know, advise and look after the residents under the RA's care.

Unlike many other colleges and universities, Ursinus does not provide RAs with free room and board. But Jordan said there are numerous benefits to holding the position.

"Not only do you get the $4,000-a-year salary and live in a single on campus, being an RA really affords you a lot of opportunities in terms of professional development," Jordan said.

Brooks Karns, the former residence director for Richter, North, New, Reimert and 201 Ninth Street, said the second step of the RA application process is attending the mandatory group process meeting in the Bear's Den on Friday, Feb. 8 from 4-8 p.m.

"The group process gives [applicants] the chance to get to know the RDs, so to get to know the RA staff as a whole and to get to know each other," Karns said. "After the group process, the applicants do interviews with the pro staff. Between the information sessions, the actual paper applications, the group process and the interviews, we get exposed to who they are and vice versa four times before we even think about making decisions."

Candidates who are accepted must attend a mandatory RA training session during the summer.

"Our training process is long, it's down and dirty, it's intense, but it's a lot of fun. We'll do a lot of training, we'll hit on a lot of different subjects," Karns said. "These are all-day, all-night kinds of deals."

This year's summer training is scheduled for Aug. 14 through Aug. 26.

Jordan said the training sessions "really focus on your leadership abilities, building us as a team, but also building yourself up and figuring out your strengths and weaknesses, which is important regardless of what career you end up going into."

Karns said there is no ideal candidate for the position of RA.

"Our student body isn't one type of person, so we don't want our leaders to be one type of person," Karns said. "That goes for pro staff all the way down to our RAs. If you look at the RAs, we are all so ridiculously different. It's by design. We want as many different types of people as we can get, because it reflects our student body. There is no cookie cutter RA."

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WWW.URSINUSGRIZZLY.COM
The Library of the Future Working Group is seeking suggestions from students on how to modernize Myrin.

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"Libraries are not the same as they were in the past," Winegar said. "We want to be sure that our library on this campus is supporting the academic endeavors of the future."

Meredith Goldsmith, professor of English and one of the Working Group’s members, said she also looks forward to being able to help facilitate conversations between faculty and administration.

Goldsmith said the committee will visit the libraries of Dickinson College in Carlisle, Pa. and Goucher College in Baltimore, Md. to learn and observe how students at other institutions are using their libraries.

"I’ll be interested to see what we find out when we go to Goucher and Dickinson, because I think a lot of small colleges have similar issues in that we’re in an electronic age," Goldsmith said. "We have a lot of older books that we don’t circulate, and we have to think about how to make best use of the space and the resources that we have."

Although improvements have yet to be determined, Goldsmith said a few possible examples include creating connections with other regional libraries, moving books that are not routinely used into off-campus storage sites and making simple technical changes such as improving the lighting to "modernize certain spaces."

Goldsmith said the Working Group plans to produce a report by the end of the semester with ideas for improvement.

Winegar said the name "Library of the Future" captures the idea of what the committee is trying to accomplish.

"I believe that in order to generally be a library of the future, that there will need to be some reconceptualization of both the space and how the library functions within the academic community," Winegar said.
UC welcomes new RD

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Ursinus College welcomes Love Wallace as the new Residence Director for Reimert. Richer, North, 201 Main St., Ninth Avenue and New Hall.

Wallace went to Villanova for undergraduate and graduate school, where she was either a RA or a hall director for the past 5 years. Wallace majored in chemical engineering and political science, which enabled her to get a lot of work done in a small amount of time, giving her the skill to learn to deal with crisis management.

"So, being an RD, you deal with situations of students in crisis for various reasons," Wallace said. "I think that having the ability to look at a scene and picking out the parts of what's important is something I learned from engineering."

Before becoming a Residence Director at Ursinus, Wallace lived in Washington D.C. to look for other university jobs. However, the job opening at Ursinus was the one that excited her the most. "One of my supervisors at Villanova went to Ursinus, and he talked about Ursinus incessantly, to the point where everyone was like, 'We get it, you like Ursinus, great. Good for you.' So I think, when I saw the Ursinus posting, I was really excited because he had such a good experience," Wallace said.

An RD is responsible for supervising the RAs and acts as a resource to students. RAs handle judicial matters in order to educate students about decision-making. RAs are also responsible for housing, and working with facilities, locksmiths and the other Residence Directors to fulfill a variety of goals. RAs also work closely with the Center for Academic Support, the Office of Multicultural Affairs and SPINT housing.

When Wallace is not busy being an RD, she said, "I really like going to concerts, and I'm really into sports, so I really like going to sporting events." She explained her love for the band Weezer and for baseball. "And I also like Taylor Swift. I can't lie," Wallace says she could "talk to anyone about music all day," if given the chance.

Because Wallace grew up in the state of Connecticut, she said, "My favorite team is the Red Sox, but I do really like going to Phillies games."

Wallace enjoys "seeing people really passionate about something." This something doesn't have to be something she knows about or can relate to, the passion is what makes the difference.

Now that the semester has begun, Wallace said she is looking forward to meeting Ursinus students, and "getting a feel for the culture and what students are interested in, because it is very different at each school you go to."

Wallace said she is very excited to be at Ursinus and is ready to be a resource to the students. "So I think the thing to remember is, when interacting with an RD, is that we all really care about students, each one, and we really do want the best for everyone," Wallace said.

InterVarsity Christian Fellowship strives for change

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Unlike many of the clubs at Ursinus that are created to satisfy a group of students' existing interests, InterVarsity Christian Fellowship is a nationwide organization designed to gauge interest and student involvement, in Christians and non-Christians alike, through friendly fellowship and study.

"InterVarsity wants to see students and faculty transformed, campuses renewed, and world changers developed," said campus staff member Becky Everhart in an e-mail interview.

Members of Ursinus's InterVarsity strive to follow the values set in place by the national organization. According to Ursinus's website, "The purpose of InterVarsity Christian Fellowship/USA is to establish and advance at colleges and universities witnessing communities of students and faculty who follow Jesus as Lord and Savior: growing in love for God, God's Word, God's people of every ethnicity and culture, and God's purpose in the world."

Everhart said, "I want to help students, both religious and not, see that Jesus is way better than they expected and living life His way brings health and adventure and deep friendships."

Everhart wants her InterVarsity students to be able to grow together and form deep friendships with each other, "engage with their peers about matters of faith," and to show "a compelling picture of who Jesus is and what it looks like to follow Him."

"I care about empowering future leaders," Everhart said. "I want to grow InterVarsity students to live life to the fullest, partnering with God in His work of restoring life to be the way it should be. Setting all things right."

Everhart said she wants to see students in InterVarsity setting an example of an honest, loving community on Ursinus's campus, as well as creating a healthy environment for non-Christians to come and talk about the faith.

Senior Ashley Sivo, member of the executive board and leader of Athlete's Bible study, said that forming a sense of community within the group, and with the campus as a whole, is very important. "We want people to feel comfortable coming into our group and to feel that they can use InterVarsity as a support system regardless of what you believe."

InterVarsity holds a group meeting every Wednesday at 9 p.m. in the Unity House for those interested in learning about Jesus and the Christian faith. During the meetings, InterVarsity offers the opportunity for students to sing, pray, receive a biblical message or life lesson, and socialize with one another.

For those wanting to get more involved, additional discussion-based Bible studies are held throughout the week, including Core Group, Athlete's Bible Study, and Women's Bible Study. In addition to Bible studies, InterVarsity also plans events like game nights and trips to Kiwi frozen yogurt or Zwahlen's ice cream in order to, as Sivo said, "catch a break from the craziness of school."

On a larger scale, members of InterVarsity can attend a nationwide student missions conference this December called Urbana, where they can learn about social justice issues in today's world. Sivo and other leaders in InterVarsity are also planning a missions trip to Haiti set for this upcoming spring break to do construction work and village ministry.

From campus wide, to nationwide, Christian InterVarsity Fellowship offers a common ground for students from all walks of life to explore their faith and their purpose in life.

Word on the Street

Do you think the responsibility of social hosting is taken seriously?

"I'm iffy about it. Some social hosts do a great job. Other parties I've been to, I don't even know where they were. It depends who's throwing the parties. Sports teams take it more seriously and are more responsible than the sororities or fraternities. Also, social host training is only a day." -Donheen Boone, Junior

"I think it's hit or miss. They take some things more seriously than others. I've seen social hosts check-in with RAs and Campus Safety, but I've also seen social hosts drinking. It's hard to be a social host. You have to manage drunk and stoned people." -Max Molishever, Sophomore

"I think for the most part, yes. Some people drink, but for the most part they keep it in control." -Erica Santaniello, Sophomore

"No, I don't think it's taken seriously. Social hosts can get away with a lot without others realizing. I've seen social hosts drunk. Social hosts aren't like RAs. They are not held to higher standards. They can get away with a lot." -Alyse Reid, Senior

"It's never been taken very seriously. Most social hosts drink, but they also do a pretty good job of keeping things safe. I've got mixed feelings." -Max Lehner, Senior
Students create their own Wismer masterpieces

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With pasta, pizza, vegetarian, and grill stations, Upper Wismer does admittedly offer students a variety of food options to choose from. However, eating the same food day-in and day-out does get a little monotonous. To temper this boredom, several students have come up with their own Wismer creations to keep on-campus dining interesting.

Senior Jo Warren creates her own appetizers with her deviled eggs. “I really like making the deviled eggs because it’s quick and easy and is perfect for when you want something small to eat,” Warren said. To enjoy this creation, Warren takes a boiled egg from the salad bar, cuts it in half, and takes out the yolk with the spoon. Warren then mixes the yolk with mayonnaise and mustard and refills the egg with the filling.

Wismer offers students a fully-stocked salad bar with a plethora of options, which makes it easy for students to come up with their own creations. Some of the options from the salad bar can be used to add some flavor to other meal options. For example, take the cheese and bacon bits from the salad bar and add them to the Loaded Baked Potato Soup.

Students can even add to their salads from other stations in Wismer as well. Sophomore Haylee Mevorah said that she likes to add tomatoes from the Mediterranean Bar to her salad for more flavor. In addition, the Sandwich station has pickles and pepperoncini that are great additions to any salad.

The easiest way to get creative in Wismer is through the sandwich station. There are so many different options, including turkey, chicken salad, tuna fish, and even vegan deli meat. Sophomore Joy Oakman said that she loves ordering “a turkey sandwich on white with mayonnaise, provolone cheese, lettuce, tomatoes, and peppers.”

While Wismer does offer several dessert options on a daily basis, some students have come up with their own sweet sensations. Senior Millie Rieck offers a tasty dessert treat. Rieck said, “Take two cookies and put peanut butter on each one. Then take an ice cream sandwich and put half of the ice cream sandwich in between the two other cookies.” He calls his masterpiece the “Rieckwich.”

Think you can only get creative with your meal? That’s not the case. Ursinus students even look for variety in their beverages. Senior Saible O’Brien fashions herself what she calls a “Virgin Bay Breeze.” O’Brien said she adds a third cup of water, a third orange juice, and a third cranberry juice.

If you’re ever craving a dish that Wismer doesn’t tend to offer, print out a recipe and bring it to Wismer. As long as you take advantage of all of Wismer’s resources, you can whip up some tasty new creations.

How to form a new student club on campus

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Clubs are a great way to make new friends and experience new opportunities. If the clubs that already exist on campus don’t appeal to students’ interests, the students have the power to try to form a new club.

In order to have a club approved, interested students must fill out the official Club Registration Form online and find an advisor who is willing to be responsible for the organization.

According to Associate Dean of Students and Director of Leadership Development and Student Activities Todd McKinney, it usually takes one to two months to get a club approved. The club must have a president and a treasurer, and the club creators must set a date for the next officer election to be held.

Before forming a club, those interested should read the document entitled “Becoming an Ursinus Student Organization.” Those forming a club must also attach a constitution to the club registration form. The students should also fill out a form entitled “Intent to Organize Form.” These forms are all available on the Ursinus website under ‘Student Activities’ and ‘Clubs & Organizations.’

In the Club Registration Form, it is required to write a description of the organization, about the purpose and goals of that organization, who the club is open to, and how often the club plans to meet. The club must also include the dates of regular meetings, special events within the organization, and campus-wide events or programs, if applicable.

The Club Registration Form applies to clubs that already exist as well. Clubs must be renewed biannually or will no longer exist until the registration form is filled out.

In an email, McKinney said that once a club is approved, its members can “send emails, apply for AFAC funding, reserve meeting room space, have a homecoming nominee, etc.”

Clubs will be eligible for AFAC funding after the form is completed.

Recently approved clubs include the Fishing and Aquatics club, Wismer on Wheels, Triathlon Club, and Statistics Club. McKinney wrote the “Sandwich Club and Gaming Club are two currently in the mix” as clubs trying to become established.

McKinney wrote that the success of clubs depends on the “subject matter.” He said that it also depends on the events that the club makes. “Many clubs have a certain niche and only appeal to a certain population and others have wide appeal,” he wrote.

There are 16 academic organizations, seven activities clubs, 14 arts and entertainment clubs, 10 sports clubs, eight cultural organizations, seven fraternities, six sororities, nine political and advocacy organizations, four publications and media organizations, five religious organizations and 12 service organizations.

For students trying to form a club visit the Ursinus website and write a constitution for the new club.

Have feedback on this story? Visit The Grizzly on Facebook!

Happening on Campus

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<td>President’s Forum, in Wismer Lobby, 12:30-1:30 p.m.</td>
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Sexual assault absent in media coverage

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Lizzy Seeberg, Lennay Kekua, Manti Te’o.

Do any of those names sound familiar to you? My guess is you recognized the last two if you follow Notre Dame football or watch the news. But I’d be surprised if you’ve heard of Lizzy Seeberg.

Seeberg was a student who committed suicide in Sept. 2010, just 10 days after she reported being sexually assaulted by a Notre Dame football player. This was a player who, according to the Huffington Post, wasn’t even questioned until the week after Seeberg’s death, a player who was cheered for in a national championship.

Seeberg likely killed herself as a direct result of the lack of justice she received. However, her assailant didn’t miss a day of football. He wasn’t charged with any crime, so he remains anonymous.

If Notre Dame had its way, the public would never have known Seeberg’s name. She received no press conferences or special investigations. In fact, the only response was a university official who blamed Seeberg for the whole situation, stating dismissively, “She was all over the boy,” according to the Washington Post.

With the same mannerism in a press conference last week, Notre Dame’s Athletic Director discussed Manti Te’o’s involvement in what can most succinctly be summed up as a fake, dead girlfriend hoax, he said, “Manti is the victim [of the hoax], and he will carry that with him for the rest of his life.” He shed tears for Te’o and promised that Notre Dame would launch a special investigation.

At present, it is unclear what role Te’o played in this hoax. If Te’o was blameless in this situation, then he deserves sympathy. However, I cannot reconcile the public’s sympathy for Te’o with the complete lack of sympathy for Seeberg. How can the media obsess over the death of Te’o’s fake girlfriend, while barely bothering to mention a girl who actually died?

Notre Dame and “athletics culture” are not solely to blame, though these groups have serious flaws. The real problem is our overall culture.

Rape statistics for colleges in this country are horrific. By current estimates, one-fifth of women who enroll in a college will not leave without being sexually violated. Even worse, 30 percent of these victims will contemplate suicide afterward.

Despite this, we have made it norm for victims to remain silent. The rhetoric is to condemn rape, but when we are confronted with a real situation, our voices are harder to find. It is normal to claim that the victims put themselves in a bad situation. We look at what the person who reported the incident did wrong, not what the attacker did. Notre Dame’s administration accused Seeberg of being sexually aggressive with her attacker to discredit her story.

We all play into the culture that allows these dismissals to be the norm. We do this when we make rape jokes or compare difficult tests to the trauma of being forcefully penetrated against your will. And we most certainly play into it when we silence someone who speaks out by claiming she is “just a bitch.”

Unfortunately, such instances are accepted as insignificant. Is it asking too much to admit that these subtle occurrences slowly but surely enforce the idea that we don’t really need to address sexual violence? People often don’t address sexual violence because no one wants to think that it happens, that someone we know could have been raped, that anyone is vulnerable, or that a teammate, classmate, or friend might be a rapist.

But the truth is that rape and sexual assault happen all the time, even on our campus. People interact with on a daily basis are victims, and perpetrators. Until we spend more time examining the brave choice Seeberg made in reporting her incident than on the absurdity of a fake, dead girlfriend, those who feel silenced will never be able to speak out. And those who have violated others will never face the repercussions of their actions.

In an article for the Huffington Post, Seeberg’s therapist reported that her main conflict was, “Do I do the best I can and get on with my life, versus the fear that if I do that, this could happen to someone else?”

There are students all over the country, some on this campus, asking that same question right now. How will we answer?

Birthright trip to Israel provides new insights

Sara Haurwitz
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Over winter break, I was fortunate enough to go to Israel on a sponsored program through an organization called Taglit-Birthright, which takes young Jewish men and women between the ages of 18 and 26 to Israel on a free trip for 10 days.

To be eligible to participate in the program, one cannot have previously been to Israel with an organized program. The program was created in 1999 by philanthropists Charles Bronfman and Michael Steinhardt, two men who believed that a visit to the Holy Land is the birthright of all young Jewish men and women. Since its founding, the program has brought over 300,000 Jews to Israel.

The trip gives individuals the chance to develop a further connection to their faith, spirituality and heritage. When I was on the trip, I felt that Israel helped me establish a greater connection to Judaism and God.

However, the part of my trip that impacted me the most was getting to know the Israeli soldiers and hearing about their experiences. The trip I chose included the participation of eight Israeli soldiers.

Spending time with the soldiers gave me such a reality check. In Israel, all boys and girls must enlist in the Israeli army at the age of 18. There is no choice. Boys serve for three years and girls serve for two. While many 18-year-old Americans are preparing for their future and enjoying their lives at college, 18-year-old Israelis are preparing to face extraordinary challenges while serving in the army.

In some respects, the Israeli soldiers were normal young adults like us. They liked the same type of music, movies and TV shows. The female soldiers even experienced the same type of goddessliness of the American girls felt when talking to a male Israeli soldier.

However, the main distinction I noticed was that these Israelis seemed to be more mature. Spending time in the Army forced them to grow up, a complete difference in culture that really impacted me.

During the time I spent with the soldiers, I visited Mount Herzl, Israel’s national cemetery. The cemetery, which houses the graves of four former Israeli prime ministers, is dedicated to soldiers who lost their lives fighting for Israel.

The 45 minutes I spent at Mount Herzl changed my life. The experience gave me so much respect for the soldiers because I came to understand how much they must give up in order to help keep their country and its inhabitants safe.

I also began to understand how lucky I am. Sometimes in America, we complain about such insignificant things like having so much school work or having to do laundry. Becoming familiar with the challenges the Israeli soldiers endure daily has made me realize that I shouldn’t be complaining.

As Americans, we have so many things to be thankful for. We live in a country that is not constantly at risk of being attacked. We are also blessed to not be required to serve in the army at 18. While we may all face some types of challenges throughout our lives, many of them will never be equivalent to what the Israeli soldiers face on a day-to-day basis.

It’s important to remember that we are all very fortunate and live such easy lives compared to many people in the world. So next time you have a problem, think about how serious it really is. Instead of complaining about it, try to step up and be more proactive.
Senior Abitz attends FFCA academy

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According to a 2008 commercial for the NCAA, "There are 380,000 NCAA student-athletes, and most of us will be going pro in something other than sports."

However, if Ben Abitz gets his wish, that slogan will not entirely apply to him.

A four-year member of the Ursinus College football team, Abitz was selected as one of 30 players from all divisions to attend the 2013 Future Football Coaches Academy (FFCA) hosted by the American Football Coaches Association. The event was held in Nashville, Tenn. from Jan. 6 through 8.

The Connecticut native has already gained valuable experience in the coaching world. During the summers of 2011 and 2012, Abitz spent time interning for the football program at Brown University in Providence, R.I.

During his time at Brown, Abitz worked closely in recruitment and other areas on the off-season to-do list such as examining films of prospective and sending emails to recruits. However, the drive to be a college coach hit home early on.

"In high school, my coaches were terrible, and I said 'Wow, I can do a better job than this.' I got here, I said 'Wow, I want to be these guys,'" Abitz said. "I want the opportunity to impact 100 young men every year. There have been coaches that have been a mentor to me, and I kind of want to pay that forward."

The ultimate goal of the FFCA is to teach potential coaches the aspects of managing and standing out as a coach both on and off the field. At the FFCA, Abitz listened to and talked to major Division I college football coaches, including Ursinus alumnus Dan Mullen, who is currently the head coach at Mississippi State University.

Going into the convention, Abitz kept in mind that his quest to be a college coach stemmed from his experience with his coaches and teammates.

"I wasn't the best player on the team. I didn't start on offense or defense, I was a special teams guy. However, being able to see younger players look up to you, follow your example, see what you demand from yourself and the players around and how they jump right on that," Abitz said. "It helped me learn that you are always being watched. That you always need to be aware of the message you are sending to younger players, your peers, your coaches, who you are working with.

During the season, Abitz, an All-Centennial All-Academic selection, appeared in all 10 games for the Bears, registering 18 tackles and one fumble recovery. Ursinus head football coach Pete Gallagher, who is no stranger to the coaching industry himself, foresaw a bright future for Abitz.

"You have a chance to accomplish a lot of things in life when you know what you want to do. Freshman, sophomore year, Ben knew what he wanted to do," Gallagher said, who recently completed his 11th season as head football coach. "Ben's a bright young man. He speaks well, he's intelligent, and I think he's going to have a great opportunity to do well and climb the ladder."

After graduation in May, Abitz is hoping to land a job as a position coach for a Division 3 team to kick off making his dream a reality. One thing Abitz has already is the backing of his teammates here at Ursinus.

"He has always been team-oriented. He's willing to make sacrifices to make sure his team will be successful. He is smart, knows strategy, and has a great football IQ," teammate and fellow defensive back Buddy Ferro said. "I honestly think he would be a great college coach, especially if it were a specific team such as special teams, or a position coach, which will give him experience and ability to make the step to head coach."

Senior Spotlight: Amber Yacenda, basketball

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As the ladies of the Ursinus College women's basketball team approach their playoff season, one thing is on their mind: hustle.

With the team's overall record at .500, the ladies will have to hustle to ensure a spot in the playoffs. With the players set to move forward, they look to their only senior, teammate, co-captain Amber Yacenda.

As a senior and four-year player, Yacenda has experience not only as a player on the court but as a teammate and friend off the court.

"As our lone senior, Amber has to shoulder a good deal of the mentoring over the younger players," head coach Jim Buckley said. "She has worked to develop camaraderie among all of the players. This is not the easiest of tasks."

During the season, Yacenda is averaging nearly five points per game and contributing three rebounds. However, her stats do not show her full value to the team. Her major contribution is her leadership.

"I definitely feel that I have a big leadership role on the team because our team is so young," Yacenda said. "When I was an underclassman, I looked up to the seniors a lot, so I try to be there for my team as much as my team has always been there for me."

Yacenda has been battling a knee injury for several years, and her perseverance and work mentality have not gone unnoticed by coaches or players. Through her hustle, she has been able to maintain a positive energy and act as a role model for her fellow teammates.

"As a player, Amber is a grinder. The fact that she has played for four years is a tribute to her. Amber is a strong, physical presence on the floor, an asset that we definitely need," Buckley said.

With first-time players on the team, all of whom are at different stages in their development as players, Yacenda has a great deal of pressure on her as a leader on the team. Rather than accepting defeat or becoming discouraged, Yacenda continues to assist in every way possible.

"Even though she has been battling a knee injury for a few years, she is the first one to take a charge, dive for a ball, and hit the boards to rebound. Amber always looks for others. She's not concerned with stats — she'll always hit the open person," said teammate Devin Butchko.

With the team sitting at 8-8 (5-6 Centennial Conference) and with only nine games left in the regular season, Yacenda and the rest of the women's basketball team hopes to finally put everything together and be a continuing force on the court. As she finishes up her final season with her fellow Bears, Yacenda is looking forward to the possibility of play-offs in the future. With a sense of urgency, the ladies are hitting the court hard.

"We are still in contention for a playoff spot, and if we can maintain a sense of urgency, we have a good chance to finish in the top five in the conference," Buckley said.

Yacenda is proud of her final season as a co-captain of the Ursinus College women's basketball team. As a player, a teammate, a friend, and a captain, Yacenda has surely left her mark on the Ursinus College women's basketball team.
Draper drops 33, Swarthmore in OT

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The men’s basketball team snapped a three-game losing skid on Saturday when they beat conference rival Swarthmore 95-90 in overtime. The Bears were led by freshman Malik Draper, who ended the day with a career-high 33 points. It wasn’t just that we won, but the matter in which we won which was nice, head coach Kevin Small said.

Now 7-10 overall and 5-5 in Centennial Conference play, the Bears have seven more games left which was nice,” head coach Kevin Small said.

No. 7-10 overall and 5-5 in Centennial Conference play, the Bears have seven more games left in the regular season.

The seventh win of the season also became the 200th win of Coach Small’s career at Ursinus. Junior point guard Jesse Krasna said he could not be happier for his coach.

“The stuff we do on the court, he doesn’t get a lot of credit for, but he’s the catalyst behind our team and I wouldn’t rather play for another coach,” Krasna said.

The win over Swarthmore also keeps Ursinus in playoff contention. Small said this year’s competition in the Centennial Conference is as leveled as ever.

“Everything is a bit wide open, and everything is still in front of us,” Small said.

After a slow start, the Bears found a way to match the Swarthmore Garnet’s intensity, sparked by senior Will Gates’ 36-point performance. While trailing for most of the first half, sophomore Michael Marciano gave the Bears a one-point lead going into halftime.

Draper, who averages a team-leading 16.2 points per game, was given the assignment to cover Gates on defense. The Swarthmore senior was seemingly scoring at will, until Draper found a way to slow down the 1,500-point scorer.

“After the game, Malik told assistant coach Kevin McGarvey ‘That’s the best defense I’ve ever played in my life.’ His ability to be somewhat unflappable, responding to games that he doesn’t play very well, is unique for someone so young,” Small said.

Starting the second half, the Bears were again a little sluggish. Swarthmore jumped out to a 10-point lead, but that’s when Draper said enough is enough.

After the three-game skid, the Bears found a way to rally together after their 70-68 loss to Washington. “I was most proud of the way we practiced last Thursday and Friday,” Small said.

Draper, accompanied by senior Jon Ward and juniors Ryan Adams and Jesse Krasna, rallied in the final 10 minutes to diminish the Swarthmore lead. Draper completed a four-point play during the stretch which ignited the Ursinus bench, as well as the Ursinus student section.

Ryan Adams drained one from behind the arch to give Ursinus an 82-80 edge with a little over two minutes remaining. Swarthmore knotted the game even after the Adams triple, but the momentum was still at full momentum in Helfferich.

Already with an overtime victory over Swarthmore in a Dec. 1 game, and a double-overtime victory over Johns Hopkins on Jan. 5, the Bears were ready for some extra basketball.

Krasna said, “Playing in these close games gives us a lot of experience. It won’t phase us when a game comes down to one or two possessions, or an overtime.”

Ursinus put its foot on the accelerator and scored the first five points of the overtime. The breaks were irrelevant at this point. After losing three straight games to conference rivals, the Bears had no intentions of making it four.

Outscoring Swarthmore 13-8 in the overtime, Ursinus came away with the 95-90 victory. This win marks the fifth Bears victory of 10 points or fewer. Ursinus is proving its ability to close out games heading into the final third of the season.

“Our spirits are high. Our goal is always to play our best basketball in January and February,” Krasna said.

The Bears next game is this Saturday at home against the Dickinson Red Devils. Tipoff is slated for 3 p.m. There are three more home games, which means three more chances for the Bears to truly have a home court advantage in the regular season if there is the same student turnout from as Swarthmore game.

Upcoming UC Athletics Schedule

1/26 Wrestling vs. USMMA/Gettysburg @ Merchant Marine, 7 p.m.
1/26 Men’s Track and Field @ Thomson Invite Time TBA
1/26 Women’s Track and Field @ Thomson Invite Time TBA
1/26 Women’s Basketball vs. F&M 1 p.m.
1/26 Men’s Basketball vs. F&M 1 p.m.
1/26 Women’s Basketball vs. McDaniel 4 p.m.
1/26 Women’s Basketball vs. Dickinson 4 p.m.
1/26 Gymnastics @ Towson 1 p.m.