8-30-2007

The Grizzly, August 30, 2007

Matt Flyntz
Lane Taylor
Ali Wagner
Heather Turnbach
Ashley Higgins

See next page for additional authors

Follow this and additional works at: https://digitalcommons.ursinus.edu/grizzlynews

Part of the Cultural History Commons, Higher Education Commons, Liberal Studies Commons, Social History Commons, and the United States History Commons

Click here to let us know how access to this document benefits you.
Authors
Matt Flyntz, Lane Taylor, Ali Wagner, Heather Turnbach, Ashley Higgins, Zakary Arnhold, Alex Ernst, Danielle Langdon, Jason Davis, and Ashley Drogalis
Let's Welcome the Class of 2011!

Collegeville, Pennsylvania

Volume 32, Issue 1
LANE TAYLOR
lataylor@ursinus.edu

While pulling into Ursinus for the first time since we took our last finals, we were met by a new campus resident. (Standing four stories tall, this resident was pretty tough to miss.) At long last, our anxiously awaited new dormitory has been completed, and it welcomed students of all college experience into its doors last week. This introduction may sound alienating to our new freshman friends who did not share the experience of watching the building grow last year, but it actually unites us, because we upperclassmen are being introduced to the new building at the same time that you are. Regardless of your Ursinus College experience, there is a new building on the block with which we all need to be acquainted; so, please allow me to do the honors.

At first glance, the new dorm appears a lot like Richter-North both structurally and aesthetically. While the two are certainly similar, there are several distinctions, most prominent of which is the fourth floor of the new building. The new building, which is in fact, named “New Hall,” is lacking carpets in the rooms, though the hallways contain them. While this sounds like a negative aspect, it has its upsides. For instance, a room lacking carpets will be much easier to clear than a room with carpets. Imagine: no vacuuming, and fewer stains. The building also contains spectacular lounges, all of which include a very large flat-screen television. These TVs will be perfect for hall activities and major sporting events, provided that we take care of them. The new building also features several “study lounges” that contain tables and comfy chairs, and are smaller than the leisure lounges to allow for a more private setting.

Another of the new building’s distinctive features is that it houses freshmen, which Richter-North does not. Freshmen live on the first floor of New Hall, as well as in BPS and BWC. This is important to note, because that means that the first floor is dry, meaning absolutely no alcohol. While alcohol is allowed on the second, third, and fourth floors, upperclassmen must use the elevator or the stairs to bring alcohol into the building, meaning that they cannot walk through the floor with alcohol. One of the most interesting aspects of New Hall is that it is open to students of all college experience, thus containing a vast diversity of students. Living in New Hall is a great way to meet friends, especially at hall meetings, events, and even in the bathrooms while getting ready for bed. Another aspect of the new building is that it is accessible by key-card only, meaning that students living in the dorm will have to use their student ID card to enter the building instead of having to carry around an extra key.

Stepping outside of the building is also an experience, because the front entrance is a very pleasant sight. There is a beautiful garden leading into New Hall, and benches lining the paths.

What does the future hold for New Hall? Aside from almost guaranteed ghost and haunting rumors, as is the custom at Ursinus, who can say for sure? While Ursinus College is in a state of change and transition, it’s reassuring to know that there is somewhere for us to live that contains several big, flat-screen, TVs.

Special thanks to Assistant Resident Director Ashley Eggesitz for the information she provided to this article.
Ursinus Battles U.S. News: An Interview with President Strassburger

MATT FLYNTZ
mflyntz@ursinus.edu

Ursinus College has been in the news recently regarding its opposition to the U.S. News and World Reports college ranking system. However, in a recent New York Times article entitled “College Ratings Race Roars On Despite Concerns,” author Alan Finder accuses Ursinus of using a tactic (which he calls a “gambit”) called the “fast-app” to gain ground in the U.S. News rankings. The “fast-app” is an application that has already been filled out and is sent to high school seniors, presumably making it easier (and making them more willing) to apply to a given school. I sat down with President Strassburger to hear his explanation of Ursinus’s opposition to the U.S. News system and the use of this so-called “gambit.”

Strassburger states that one of his main points of contention with U.S. News is that “the rankings are only tangentially related, if at all, to the experiences of undergraduates.” In other words, rankings can convey the “quality” of students through looking at things like SAT scores and the “quality” of professors by looking at salaries, but they cannot convey student experiences. He says passionately that “the cardinal ranking is a terrible idea. They really insult the intelligence.”

Additionally, Strassburger notes that the ranking system favors schools that spend more money, with 7% of the ranking coming from faculty salary, 10% from “the spending per student on instruction, research, student services, and related educational expenditures,” and 5% from the alumni giving rate. Consequently, Strassburger argues that this punishes institutions that seek economic diversity, as Ursinus does. He points to a 2002 study entitled “Pell Grant Recipients in Selective Colleges and Universities,” which shows that the U.S. News top ten liberal arts colleges had an average of 11.4% of students receiving Pell Grants (a loose indicator of economic diversity), while Ursinus College had 19% receiving them (admittedly, only two institutions ranked higher than Ursinus had a higher Pell Grant rate). He argues that the rankings punish institutions like Ursinus because economic diversity requires more financial aid, which takes away money from other programs. Additionally, lower-income graduates are less likely to donate money as alumni. Also, 7.5% of the rankings come from SAT or ACT scores, and there has been a rather clear correlation between income and performance on these tests. So, he argues, pursuing economic diversity will necessarily hurt a college’s ranking.

The main issue that many colleges are upset with, however, is the “Peer Assessment.” 25% of the ranking is derived from a survey of college Presidents, academic deans, and deans of admission. They are asked to “rank the academic excellence of their peer institutions on a 1-to-5 scale, with 1 being marginal and 5 being distinguished.” However, Strassburger states that “this poll is terribly unreliable.” He suggests that if four schools are chosen at random, any voter will likely be unable to say, for instance, which schools have engineering programs. This shows that voters are asked to vote on topics about which they are ignorant.

Ursinus has joined with at least 60 other liberal arts institutions to boycott the Peer Assessment section of the ranking. Ursinus still appears in the rankings (it is ranked 69th among liberal arts colleges, if you are curious), but it does not participate in the Peer Assessment survey. So, given the college’s opposition to the ranking system, Finder seems to imply that the college is acting hypocritically by using the so-called “fast app” to attract more applicants. Strassburger disagrees.

Strassburger states that the argument that the use of the “fast app” is a “gambit” is, in his words, “dead wrong.” He notes that in order to become a better liberal arts college, it was decided that Ursinus would seek to expand its presence in the arts and environmental studies. In order to avoid cutting other programs, the college would have to increase revenue; the way the college decided to do this was to increase the size of the student body. The only way to increase the student body without losing selectivity is to increase the applicant pool. Thus, Strassburger argues that making it easier for high school seniors to apply through the “fast-app” is not a “gambit,” but is directly connected to Ursinus becoming a better college.

However, I asked Strassburger if another way to grow the applicant pool was to actively pursue an increased ranking. He said that yes, even though Ursinus is boycotting the U.S. News Peer Assessment, their ranking system is a reality of the college application process, and we must, to some extent at least, “play the game.” So, Strassburger said that there are at least three ways to pursue a higher ranking without using objectionable behaviors (which some institutions do). First, he said that when he meets with the Ursinus College Board of Trustees, he will press for higher salaries for professors. Additionally, Ursinus will continue to urge alumni to give money or “even McDonald’s coupons,” according to Strassburger. Finally, Ursinus will continue to seek to get its name more recognized by letting the “voters” know about things going on in the student body such as research and the pursuit of prestigious scholarships. However, Strassburger notes that even when we do this, “the voters don’t change.” So, I asked him how we can compete with other institutions in the area that are ranked higher such as Gettysburg College and Franklin and Marshall College.

Strassburger states that the college must try to convey “the flavor of the experience” and its “distinctiveness.” It can “brag” about distinctive faculty and the quality of academic work. In addition, the college embraces opportunities for comparative data such as the National Survey of Student Engagement and the Collegiate Learning Assessment. However, Strassburger noted with the slightest bit of pessimism, the U.S. News rankings are easily accessible and quick to read and understand. Convincing applicants to look beyond these rankings is an uphill battle, but Strassburger continues to fight it.
Features

Sex at Ursinus

As the fall semester begins, we as students experience both anxiety and relief; we are anxious about returning to classes and scholastic responsibility, while we are relieved to be out of our parents’ house and away from prying eyes. This sense of freedom is fresh to our new friends, the freshmen, while familiar to the rest of us. Since pleasure has become a strong possibility in the absence of our parents, let’s talk about sex. For the newcomers among us, it has become a strong possibility in the absence of our parents’ mailboxes.

The Wellness Center on campus plays a large role in sexual health at Ursinus, and provides means of sustaining good sexual fitness. For those who don’t know (as I didn’t for most of my freshman year), the Wellness Center is located on campus behind Isenberg Hall (near the Wellness House) and somewhat adjacent to Reimert Hall. (Follow the path between Thomas and Reimert Halls and you’ll find it.) Free condoms are provided in the main lobby and waiting room with no limitation on the amount you can take. Along with condoms, there are free pamphlets on how to use them and on sexually-transmitted infections. (If you are sexually active or planning on becoming sexually active, these pamphlets are a great resource on how to protect yourself and your partner from infection.)

The Wellness Center is staffed with medical professionals who can consult on sexual matters and who can aid in the decision of what birth control method is right for you. If you and your health professional decide that you or your partner would like to use birth control pills, the Wellness Center can prescribe them. Gynecological appointments, counseling, and testing for sexually-transmitted infections are available through Wellness. If you and your partner require emergency contraception (The Morning-After Pill), the Wellness Center can also prescribe that.

If you choose to go off-campus for matters concerning sexual health, there is a Planned Parenthood located in Collegeville on 2nd Avenue (in the complex across from the Acme/EckerdlAnnie Sez shopping center). Planned Parenthood also provides free condoms, pamphlets, emergency contraception, and gynecological exams, as well as many other methods of birth control (Depo-Provera Shot, alternative forms of the pill, female condoms). Planned Parenthood is a medical facility that also provides on-site testing and diagnosis of HIV and sexually-transmitted infections. Planned Parenthood accepts some insurance plans and provides a sliding payment scale, which allows you to seek care even if the flow of money has stopped short of your dorm room. Both the Wellness Center and Planned Parenthood are completely confidential and available for student use.

Armed with exceptional resources, we are able to treat sexuality as a responsibility and a choice that we are each well-equipped to make. At Ursinus we have the freedom to “decline to comment” or to celebrate and enjoy our sexuality, whether it be through the privacy of our rooms or a campus newspaper. So treat this column as a celebration of Ursinus sexuality and a resource of ways to enjoy, increase, and understand it. I’m Lane Taylor, welcome back and stay tuned.

Who Are the New RDs?

ALI WAGNER
alwagner@ursinus.edu

Are you curious about the two bright new faces in Residence Life? If not, you should be! There are two new Resident Directors this year that have a lot to offer the Ursinus community.

Kelli Bodrato, originating from New Jersey, is the new RD for 201 Ninth Avenue, Reimert, and BC. Bodrato comes to Ursinus with a Master’s in Business Administration, and was previously a resident director at Sacred Heart University. She commented that she wanted to work at a smaller school with the opportunity to work with students of diverse ages. She hopes to build an even stronger community among the students here, and to do more innovative programming. As the RD for Reimert, she believes that the renovations to Reimert will foster more interactions between the residents there. As for a personal goal, she hopes to learn all of the students’ names by the end of the year.

Working alongside of Bodrato is Jared Rodrigues, the new RD for New Hall, Richter-North, BPS, and Sprinkle. Rodrigues originates from Ambler, and comes to us with a Master’s in Counseling Psychology. He has been working at Temple University for the past two years running a peer education program for drug and alcohol awareness. Rodrigues came to Ursinus because he loved working in student affairs at Temple and wanted to stay in the area. His main goals for the year are to institute new, fun programming, and to collaborate with different groups and departments.

Bodrato’s business background and Rodrigues’s background in counseling will definitely help them incorporate unique perspectives into their new jobs. They are also both very interested in incorporating not only their academic and work backgrounds, but also their personal interests into their RD positions.

When asked about her personal interests, Bodrato commented, “I love to bake.” She hopes to start a cookie of the month club in the near future.

Rodrigues listed yoga, sports, and watching documentaries as his main interests. He hopes to combine his love of documentaries and working with others into a collaborative program this year.

In general, both Bodrato and Rodrigues are very enthusiastic about their first year at Ursinus. They have already planned a Lawn Party in the triangle for a week from this Friday from 3:00 p.m. to 5:00 p.m. They plan to have croquet, frisbee, and of course the ever-popular Rita’s Italian Ice at this event.

Even in their first week, Bodrato and Rodrigues have already had some very positive interactions with the students. Seniors Danielle Langdon and Ashley Drogalis were very eager to comment on their experiences with the new RDs. Langdon remarked, “Jared is young at heart, hip to the jive, and in-tune with the college scene. He’s very earth-sensitive.” She continued to say that Kelli is “a huge goofball” with a great sense of style and very good organizational skills. Drogalis agreed, adding that they are both very easy to relate to and commenting, “Kelli runs a tight ship so she’ll be able to keep Reimert in line.”

From what has been seen of them so far, Bodrato and Rodrigues will be able to contribute a lot to campus life. They are very excited to become a part of our community, and encourage everyone to say hello.
Life is unpredictable, and accidents happen. Unexpected health problems can create much unwanted anxiety, especially if you are unsure of what to do or who you can call. At Ursinus, we have a group of individuals known as SERV (Student Emergency Response Volunteers) who do just that: respond to student emergencies. So to combat the anxiety involved in an unexpected health crisis, read this article to learn that at Ursinus College, when facing an emergency, you are not alone.

The service that SERV provides on campus is the assessment of an individual’s injury and the determination of whether or not it warrants an ambulance and a trip to the hospital (deciding whether or not a cut needs stitches, for example). According to a campus-wide email sent out by SERV, SERV also “encourages and facilitates the training of students interested in emergency medicine.” Members of SERV can also treat individuals in lower-level emergencies, such as minor wound care. SERV is on duty 24 hours a day and 7 days a week, and always has an OIC (officer in charge) answering calls. (This person is certified, and many OICs are Emergency Medical Technicians, or EMTs.) One or two observers also accompany the OIC, and gather information from the injured party and surrounding individuals while the OIC checks the injured party’s vitals.

If you or another party is injured, you can contact SERV through the Safety office at 610-489-2737, or at extension 2737 if you are calling from your room phone. You can contact them at any time with any problem; they encourage you to be safe rather than sorry. For instance, you can contact them with something as serious as a broken limb or an unconscious victim, or for something as minor as a cut. Do not hesitate to call them if you think you are in need of aid, even if it is for something that you are unsure that they would be able to treat or would even consider an emergency. They are here to help, and would much rather you call with something that you think is small instead of attempting to deal with it yourself so that they can help ensure that the small issue won’t become a big one.

SERV is also the organization that you would contact in case of an alcohol or drug-related emergency. They have handled situations involving drugs and alcohol before, and thus best know how to help the individual in trouble. Also, SERV is the first line of defense before the ambulance gets here, and best know how to treat the individual until medical help arrives.

If you are interested in joining SERV, they are holding their first meeting of the semester on Monday at 7:30 PM, location to be announced, so check your email. They encourage students who are interested in emergency medicine to attend and learn more about SERV. Anyone can join, regardless of emergency medical training or experience, because SERV offers monthly trainings. Also, students who already have some training and experience may have the opportunity to teach others.

So remember, at Ursinus College, assistance is always available if you or others are ever in need, and do not hesitate to support or participate in the wonderful service that SERV provides to the campus.

Special thanks to Ashley Egretz for the information she provided for this article.

When we asked freshman Max Kreisky from Massachusetts about his workload, he said that he expected to read a lot and have his walls covered with bookshelves that were filled with an avalanche of books. During this conversation, Kreisky proceeded in showing us that he indeed had quite a hefty load of books already.

Jon Mellinger from Radnor, PA., said that he felt this year will allow him to break ties and become more independent.

Earlier that morning, the freshmen all met for their first Common Intellectual Experience (CIE) class. While the recognition Ursinus has gotten nationally about the CIE class and how it is an important part of the freshmen experience, we wanted to hear first reactions from the newest class, 2011. Mellinger said he liked the varying points of view and personalities, while Angela Spirou, a Bio/Pre-Med major from New Jersey, is really looking forward to the debates in class. Although she is anticipating a thought provoking experience, she felt the book selection was lackluster. “We should use more page-turners,” she commented. Freshmen Geovanni Valez and Sophia Lazare are interested in reading Genesis from the Bible. While it is one of the most well-known books to the general public, neither have studied it in an academic setting before. Lazare said she likes how CIE is a class specifically designed to keep asking the difficult life questions. She said, “It’s not about finding answers, it’s about asking questions. And I like to ask questions.”

During our conversations, we had the exciting opportunity to meet many interesting freshmen. One that stood out was the “New Mr. Ursinus,” as he tells it. His name is Geovanni Valez. He is a freshman from Reading, PA., studying International Relations. Valez enjoys the campus atmosphere and the people. With this character and the rest of the freshmen we’ve met, it seems that the Class of 2011 will add a new spark to Ursinus campus life.

On behalf of the Grizzly, we wish all members of the freshman class the best of luck in the coming year, and we encourage you to make the most of your Ursinus experience.

---

**Fresh Faces at Ursinus**

**ALI WAGNER**

alwagner@ursinus.edu

On Thursday, August 23, 475 freshmen students made their first steps into the college world. With the much appreciated help of the Ursinus football team, the Class of 2011 moved into their new homes of BPS and BWC. This year some members of the class also moved into the first floor of New Hall, a.k.a. “The Penthouse” (coined by freshman and resident Sophia Lazare).

After awkward first roommate interactions and saying goodbye to crying mothers, the Class of 2011 spent the next few days adjusting and orienting themselves to campus life.

During a lunch in the lovely Wismer dining hall, we spent some time talking with some of Ursinus’s fresh faces, learning how their first experiences were turning out, and what expectations they have for the coming year. We found that the freshmen class is quite diverse, and full of quite a few characters. Going in, we knew that there were 13 class presidents, 69 sports captains, 45 dancers, 10 blackbelts, and 28 newspaper staff members (to those people we ask that you seek us out and join the Grizzly team). However, after meeting some of them we learned so much more.

Coming from Nova Scotia to California, the freshmen class comes from all parts of the country, and the world. Evan Gonzalez is a freshman from San Diego, CA and perhaps Ursinus’s first commuter from California. No, Gonzalez will not be flying in every morning, but is actually staying with family who live in Collegeville. Gonzalez is excited to start college on the east coast. He is a bit apprehensive about being a commuter as it can be a challenge to meet new people and get involved on campus. But, we can assure him from experience that there is plenty of ways to get involved!

During our interviews we found that most of the freshmen students had a lot of the same expectations for the year. They hope to learn a great deal from challenging courses and professors. But, they also want to meet new people. Freshman Sophia Lazare is transfer student from an art school in Oakland, Calif. She came to Ursinus for the liberal arts experience and to increase the diversity of her circle of friends. She said, “I want to expand my intellectual experience in the world and become friends with the type of people I’ve never been friends with before.”

**HEATHER TURNBACH**

heturnbach@ursinus.edu

---

**Features**

---

**Spotlight: Student Emergency Response Volunteers (SERV)**

---

**LANE TAYLOR**

lataylor@ursinus.edu

---
Freeganism: The New, Gentle Face of Anarchy

ASHLEY HIGGINS
ashiggins@ursinus.edu

During the late 1980s, a surge of politically-minded, anti-capitalist energies collided with environmental ethics to create freeganism. The movement was particularly popular, and to this day has its epicenter in New York City. Naturally, the word freeganism is a meshing of the words “free” and “vegan.” Freegans are the sort of political activists who take particular offense to capitalism and its consequential woes such as environmental degradation, child labor, animal cruelty, the exploitation of third world peoples, and the carbon gas spike over-reliance on fossil fuels. Freegans find that even buying local and organic products still contributes to carbon emissions and other evils of capitalism. More importantly, they find that purchasing at all exacerbates and fuels our current “throwaway culture.” Average Americans have cell phones with two-year contracts and typically replace the phones after two years. Computers and other electronics are constantly upgraded. Magazines touting new fashion trends assure consumers that the clothes they bought last year are unacceptable, and that new ones are practically required. Even food is linked to this “throwaway culture.” In a country as small as the UK, the government estimates that the average household throws away 30-40% of purchased food. Tesco, Britain’s largest supermarket chain, sent 131,000 tons of food to a landfill in 2004. Another supermarket chain, Sainsbury’s, sent 91,000 tons of food in the same year. Figures collected in the UK in 2005 show that 17 million tons of food were sent to a landfill that year. Even more disturbing is that at least 25% of those 17 million tons could have been eaten or turned into compost or energy.

The freegans unique solution to all this waste is to try, as much as possible, to not buy anything. Freegans pick through the trash outside grocery stores for edible food, and dumpster dive as their only means of obtaining food. As many grocery stores throw out food the night before the sell-by date, freegans are not forced to eat spoiled food. By eating discarded food, freegans are not directly contributing to the effects of capitalism that they find so egregious. Freegans only travel by bicycle, as they will not contribute in any way to carbon emissions. They also commandeer unwanted computers, clothing, and other basic goods. Web sites such as freecycle.com, or the free section of craigslist.com, allow for the community at large to claim or swap unwanted items.

Though their lifestyle does not reflect the dangerous and violent undertones associated with the term “anarchism,” freegans are, nonetheless, considered anarchists for their counter-cultural philosophies. Though the long-established American organization Food Not Bombs details very lofty ideals for the freegan community, such as participating in “a direct challenge to the injustice of the military/industrial economic system,” many freegans do not expect to bring down capitalism at large. Dave, a freegan from the UK, says “what we’re doing with this food is not an answer. But it is at least a gesture against the waste and excess.” The importance of freeganism is that it proves that a countercultural lifestyle is actually a sustainable way to live. Adam Weissman of New York has purchased virtually no consumer goods in ten years, and boasts of his quality of life and the amount of leisure time he spends with his family.

The beauty of freeganism is that no one seems braced for some revolution or upheaval of capitalism. Freegans lack the standoffish or “screw you” attitude of other punk subcultures, and are motivated by individual needs instead of heavy-handed platitudes about a consumer-free world.

Freeganism only pros pers because the freegans themselves enjoy their lifestyle, which is sustainable even in families or large households. As the freegans would say: “You are what you eat. So eat free!”

Global Warming: A Modern-Day Witch Hunt

ZAKARY ARNOLD
zaarnhold@ursinus.edu

A major priority in the environmental arena has been increasing public awareness of the implications of global climate change (or global warming) on past, present, and future environments. However, an unwavering sickness succumbs me when I hear people talk of Global Warming as though it were a villainous beast. Insurmountable blame has been given to Global Warming for the changing and loss of habitats, plants, animals, and human lives. Irresponsibly, we are personifying this mere concept to the extent of creating a faceless witch-hunt. Because of this, we have idly stood by and watched extinction after extinction and the loss of great natural wonders, such as 10,000-year-old glaciers. We are overlooking what really defines and causes global climate change and ignoring rather we are choosing not to take actions to prevent irreversible extinction of thousands of species and drastic changes to ecosystems globally.

Global climate change refers to regional climate changes over time, which encompasses the aforementioned global warming and cooling, but it does not refer to daily change in weather. The warming or cooling of the Earth’s average temperature is a naturally occurring event that has happened over the course of Earth’s history. However, humans have provided many catalysts to changing the Earth’s average temperature creating a warming effect. From the burning of coal in power plants to flicking on a light switch, we are contributing to the changes happening around the world. The most alarming problem about this global situation is that we as a species are conscious of our own detriment to the environment upon which we depend so heavily. If we understand our negative impact, but we neglect to take any action except for blaming Global Warming, then we are living absurdly. We need to own up to our responsibility for the way we live our lives. We will not be able to reverse the effects that have already begun, but we can halt future environmental degradation by making changes in our lives and our society.

Whether change comes on a large or small scale, collective and conscious effort to minimize our effect on the environment is better for all life forms on Earth. Change that can make drastic changes can come in the form of utilizing alternative energy or fuels to include the use of solar, geothermal, micro-hydro, or bio fuels such as bio-diesel or waste vegetable oil to run our homes and cars. Increasing the efficiency of our consumption of resources by reducing our use of and/or reusing and recycling products or resources is beneficial to the environment. Another important way to make a difference includes voicing your opinions to local and state representatives to initiate nationwide change. Also, it is important to educate others about their impact on the environment and to get involved in efforts to revitalize or restore natural environments. However, it is imperative that we end our witch hunt for that faceless culprit, which we have dubbed Global Warming, and we come to grips with the responsibility we have for the way we live our lives and the influence we have on the environment that surrounds us.

A quick guide to real life, simple ways to make a difference is below:

- Conduct or participate in composting, gardening, tree planting, or habitat restoration projects on and off campus (check out www.academics.ursinus.edu/env for upcoming events).
- Purchase locally grown foods or manufactured goods.
- Purchase energy efficient products (check out: www.energystar.com).
- Use public transportation, bicycles, or walking as a mode of transportation when feasible.
- Learn more about Ursinus’ recycling program (www.academics.ursinus.edu/env/sustainuc).
- Attend club meetings, public forums, or presentations to learn more, voice your opinion, and get involved.

Dumpsters like these have become central to an emerging “green” lifestyle: freeganism. Tons of food and other supplies are salvaged every day from the garbage by “freegans” worldwide.
Behind the Scenes at the Senate’s All-Night Session

In July, Senate Majority Leader Harry Reid (D-NV) planned the most talked-about party of the year, the semiannual Senate Slumber Party of Summer oh-Seven. We at CJDF were lucky enough (nay, were awesome enough!) to get invitations. And let me tell you, it was a blast.

We arrived, as per the invitation’s instructions, at the Capitol Building at 10:00 pm, sharp. Not to our surprise, Senator Robert Byrd was already asleep, and Senator Ted Kennedy was already passed out drunk. Harry Reid was rambling on about some sort of vote on withdrawing troops from Iraq while Senator Ted Stevens danced and made silly faces behind him. Reid turned around.

“Theodore, this is, no laughing matter. Stop your shenanigans!” Ted responded, “Ya know what, Reidy? You’re in serious rei of getting laid! HAHA! Get it?” Senator Reid rolled his eyes. “Ya know what else? You, you, you aren’t like the internet, you know?” Reid wondered out loud, “what does that mean?” “You are like a big truck! You’re something you just dump stuff on!” He proceeded to trash can over his head and dump its contents on Senator Reid. Reid stormed out of the Senate chamber as Stevens danced around gleefully.

We moved on, tried to find somewhere to put our jackets. We found a closet, but when we opened the door, we found Senator David Vitter playing “seven minutes in heaven” with what looked not unlike a female clown.

We shut the door quickly. “That’s the Senate for you,” Dan said.

Later, we stumbled upon a group of Senators sitting in a circle.

“What are you guys doing?” I inquired.

“Playing truth or dare,” Senator Barack Obama responded. “Want to play?” “Oh, no thanks, but we'll watch.” “Okay, but just don’t report anything,” Senator Hillary Clinton added.

“Sure thing.”

“Obama, truth or dare?” Senator Daniel Akaka asked.

“Truth.”

“Who is your most embarrassing campaign contributor?”

“Probably Liza Minelli. She’s got a real case of the jungle fever, if you know what I mean.”

“Who doesn’t?” mumbled Senator Clinton. There was an unbearably awkward silence, so we slinked away. In one corner, John Kerry sat playing checkers with himself. We approached. “Senator Kerry, do you want someone to play with?” Dan half-heartedly asked.

“Oh, no. Thank you, young man. But, I find myself a very worthy adversary. Very worthy indeed.”

“Okay, good luck.” As we walked away, I could have sworn I heard Senator Kerry break out into tears while saying “Lost again! Lost again!”

We came upon Senator Joe Lieberman, who was chatting up a Republican colleague, Susan Collins. “You know Susan, these jowls of mine can stretch well beyond two feet.”

“Ooo,” she responded, “you know what they say about a man with big jowls.” They both giggled.

“Come on Joey, why don’t you just switch sides? I know you want to.”

“I haven’t told anyone yet, and I figured you should be the first to know. I have switched sides!” Senator Collins sprung up with gleeful embrace Lieberman.

“You want to get out of here?” he asked.

“You know it!”

More than a little nauseated at this point, Dan and I headed for the men’s room. Our hope for relief turned to pessimistic confusion when we found a darkened room illuminated only by a flashlight held under the chin of Senator Arlen Specter.

“And just as the two lovers were about to totally do it,” said Specter, unfazed by our entrance, “they heard a strange scraping noise on the roof of their car.”

“What was it?” asked a trembling voice in the audience.

“It was the hook-hand of former Senator Rick Santorum!” yelled Specter suddenly. An extremely feminine scream rang out, and Senator Bob Casey Jr. ran past us out the door. There appeared to be tears in his eyes.

As much fun as we were having, Dan and I decided to leave at that point. As we exited, I remarked to Dan that it had been a very interesting night.

“Yeah, he replied, “I just thank God it wasn’t the House of Representatives.”

Dan Sergeant and Matt Flyntz haven’t had a good night’s sleep since that fateful night. Console them at dasergeant@ursinus.edu and mattflyntz@ursinus.edu.

Submit your opinions to the Grizzly!

It’s like blogging, except with paper!

Email dasergeant@ursinus.edu.
**Dubble Vision: Football**

**Forecast**

**JASON DAVIS**
jadavis@ursinus.edu

Welcome back Bear fans. My name is Jason Davis a.k.a. Dubb, and this semester (possibly year, depending on your feedback or lack thereof) it is my job to give the selling T-shirts and raffle tickets at basketball games, and being the football team's field artist for the past three years. I am also the track team's top high jumper... until was picked to win the conference in the pre-season coach's poll, a first since 1997. I am the numero uno source for community a self-proclaimed athletic knowledge. If not, too bad...I didn't see you volunteering to write for the paper. So let's get to it. Our football team was picked to win the conference in the pre-season coach's poll, a first since 1997. I guess it's kind of hard to sneak up on people after an 8-2 2006 campaign that included a win in the final game of the season over the eventual conference champion Dickinson. But still it's cool to see our guys get some recognition and give the fans some excitement going into the 2007 schedule. The Bears will see their first real game action today against LaSalle, but that doesn't mean they haven't been busy in preparing for the season. Being captain of the team gang (whoop whoop) for two years, I always have the opportunity to get an early peek at our team's training camp and pre-season scrimmages. So far two things have stuck out to me. One, if our defense stays healthy, they will be as stout as ever, and two, our offense can use some work. The defense led by defensive coordinator Chris Rusiecz, probably the best in the conference at what he does, (whom I will now refer to as Coach Chris for obvious reasons) has been awesome this pre-season. The front seven have looked phenomenal in stopping the run during the two scrimmages thus far, allowing maybe two rushes of over five yards. And the secondary has looked equally as solid against the pass, only allowing one score through the air against Delaware Valley in their second scrimmage. However, they are a little banged up, already having lost senior safety and Captain Ryan Tole for what could be an extended period of time with a hamstring injury.

Heading over to the offensive side of the ball, things haven't looked quite as peachy so far. But that's ok, it's not unusual for the defense to be ahead of the offense this time of year for any football team. Especially if the team loses its starting quarterback and top two wide receivers from the previous year like ours did. But there is good reason for optimism here. As soon as new starting quarterback Nick Dye, and veteran receivers Mike Weyrauch and James Spoule get on the same page this offense could be very dangerous if our running game stays consistent with the way it looked against Del Val. In closing, I'll promise you one thing, the 2007 Bears are going to make for an exciting season and definitely have the ability to compete for a championship.

---

**Phillies Update**

**DANIELLE LANGDON**
dalangdon@ursinus.edu

The Philadelphia Phillies disabled list (DL) rapidly increased this season after second baseman Chase Utley, right fielder Shane Victorino, pitchers Cole Hamels, Adam Eaton, Mike Zagurski, Yoel Hernandez, and many more were claimed by the bench. However, Chase Utley, the current face of the Phillies, has been removed from the list. He finally made his anticipated return to the lineup on the 27th of August after breaking his right hand on July 26th. He started against the Mets and batted second, going deep in the fifth inning off pitcher Brian Lawrence. Tadahito Iguchi, who was keeping second base warm while Utley was recovering, prepared for his new role as a pinch-hitter and part-time player. In an article by Ken Mandel, Iguchi, who is 3-4 with a double and a homer, states that, "This is a first-time experience for me. All I can do is prepare and be ready to help this team win in any way. Chase Utley is a very important part of the team, and it's a good thing that he's back." Getting Utley back from his injury is definitely helpful for the Phils, but it also brings up the issue of what to do with Iguchi, who has batted .301 in 27 games since being added to the team. "He's going to become a utility player," Mandel said in an interview with Paul Hagen. "He will pinch-hit some and we'll try to find some playing time for him when we can." There had been some talk about trying Iguchi at third base, but that idea seems to have been dismissed. "He said the last time he played shortstop was 7 years ago," the manager explained. The self-less Iguchi explained, "I'm willing to do anything to help the team. Obviously, what's best for the team is for Chase to play."

Right handed pitcher Adam Eaton also made his way off the disabled list to join the Phillies in playing the Mets. With a right shoulder that is no longer inflamed and feeling much better than it did two weeks ago, Eaton has the chance to do some good for the Phils. "Any time you make the playoffs, you forget the struggles," Eaton said with Mandel. "Yeah, you mention that we struggled in the beginning of the year and the injuries. But the end result is what counts, and that's making the playoffs, then winning the World Series."

Before landing on the DL, Eaton faced a rough patch of his career posting a 7.96 ERA in 10 of his starts, but he is ready to come back and make up for lost time. "This season's results haven't been to my liking and they shouldn't be to anyone else's liking," Eaton said. "I feel better, because I can get my arm to do what I want. The two weeks off have helped." Eaton will oppose the Mets' Tom Glavine on Tuesday August 28th hoping to make his real comeback.

---

**Ready, Set, Go Bears!**

**ASHLEY DROGALIS**
asdrogalis@ursinus.edu

While most Ursinus students think mainly of books and classes at the start of the fall semester, members of the UC Cross Country team are preparing for the long road ahead. Having arrived two weeks early to start pre-season training, these dedicated athletes have already endured their share of hard work and are looking forward to an exciting season.

Since cross country is such a physically demanding sport, those not on the team can only imagine the intensity of the team's running regimen. Pre-season practices consisted of early morning runs on the Perkiomen Trail combined with afternoon sessions at the fitness center. Coach Chris Bayless vigorously trains the men's and women's teams in the hopes of having a winning season. This year marks Coach Bayless's fourth year as the head of both the cross country and track teams. Bayless led the women's team to victory last season at the Keystone Invitational and two other invitations ranking the Bears 21st in the region.

Teammates and coaches alike are looking forward to the potential that this year's team has cultivated. With a large group of returning members on both the men's and women's team, and several new-comers as well, sights are set high for UCXC this fall. With a packed schedule of practices and meets, the UC Cross Country Team prepares for their ten scheduled invitations, two of which include the Centennial Conference Championships and the NCAA Midwest Regional.

For the first time in several years, fans can catch all of the action right here at Ursinus when the cross country team competes in the Ursinus Invitational. Senior team member Kate Snyder commented on her enthusiasm for the coming year, "We have an awesome team and I'm really excited that we're holding a meet here this year. It will be a great experience to compete at home for us."

---

**Bearly Reminder**

**Women's Soccer**
8/31 @ Rutgers

**Volleyball**
9/1 @ Delaware Valley

**Softball**
9/1 @ Hampden Sydney

**Field Hockey**
8/31 @ Rowan

**Football**
9/8 vs. Lycoming

---

The Grizzly

August 30, 2007