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Campus Safety takes safety initiatives

Campus Safety makes staff changes, implements poster contest to improve safety awareness on campus

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This fall, Campus Safety is introducing several changes to staff and Main Street safety. They have hired a new officer in addition to installing a new team leader position. The additions to Campus Safety’s staff occurred because, according to Kim Taylor, assistant dean of students, the workload was becoming larger.

“Compared to other colleges this size we run with a pretty lean staff,” said Taylor. “The guys on our staff do a remarkable job … but last year we, in conjunction with the rest of the administration, saw that we had some pretty big incidents that were concerning. So we brought in a colleague from another school to help us do an assessment … we thought [that] adding another safety officer who is really committed to interacting with students would help a lot.”

A team leader position was created for Campus Safety, and former safety officer Paul Harris was appointed to the new position. The team leader supervises safety during the weekend overnight shifts.

When the new position was created it left an opening on the Campus Safety officer team. Kristen Evans, was selected as a new Campus Safety officer.

Alex Wiltz, assistant director of campus safety, said that a search committee made up of staff and student all discussed the different candidates. They decided on Evans for a number of reasons. “We thought Kristen would be the best person,” said Wiltz. “We also definitely saw a benefit to having a woman on staff to help us [with] some different issues. Kristen also comes from a really good background [having worked] with college students at Thomas Jefferson [university]. Her personality really seemed to fit Ursinus.”

Taylor was also very enthusiastic about Evans. “I loved her overall approach,” said Taylor. “When she talked about her philosophy for addressing issues and incidents, she had a really good focus for deescalating incidents and figuring out how to solve them before things got crazy.”

Campus Safety is also working to improve awareness of safety issues on Main Street. A poster design contest is being conducted by Campus Safety and the Main Street Residence Life staff in order to get students more involved.

Students can submit posters with three tips about crossing Main Street safely and the campus will vote on which poster will be used.

The winner of the design contest will receive an iPad Mini.

The three tips selected featured on the poster address issues that Wiltz said have been consistent issues with students.

“I think our students are pretty good, for the most part, about not running out in front of cars, but we do see a problem with students not using crosswalks, being on their phones, and having headphones in so they’re not able to hear traffic,” said Wiltz. “We also see problems with drivers not stopping both directions. Which is why we ask for students, unfortunately, to take the responsibility to wait for all the cars to stop because we have seen instances where one car stops and the others don’t and that puts students in danger.”

Ursinus has also been working with the borough on other initiatives to address safety on Main Street. According to Taylor, “There’s a lot of contact and a lot of cooperation with the borough. So there are some things that are going to be happening that we are very hopeful will happen this fall: one is a traffic light at Sixth and Main, which is the main crosswalk; another is a push button light at 7th Avenue, so when you walk at least you’ve got something that will flash to bring attention to it; and we’re also increasing the wattage in the lights along Main Street to make the visibility better. So we have three pretty significant initiatives.”

More information on campus safety can be found on their page on the Ursinus website: https://www.ursinus.edu/offices/campus-safety/
the class’s writing seriously, and that encouraged me to take my own writing more seriously.

In college, what role were you looking for poetry to play in your life in the future?

Pretty much the role it’s playing right now. It’s something that absorbs all my free time. I get pleasure in making a small clarification of the world sound as good as possible coming out of my mouth.

Where along your professional path did you start pursuing technical writing? Was it ever a day job for poetry?

I’ve been in the technical editing [and] writing field ever since I got out of graduate school. And yes, even though I worked full-time, I did my writing at night and on lunch breaks. My first book, “The Man on the Tower”, was pretty much written during my lunch breaks over the course of four years. I’d revise a draft of a poem at lunch, type up a new version that night, and revise again the next day. I’d keep doing that until I couldn’t think of anything else to change. Sometimes it took 10 drafts, sometimes a hundred. I find it necessary to advance a little bit each day. A slow drip eventually fills the bucket.

In an interview with Indie Bound, you said that since taking your MFA in 1990, you’ve been “more or less divorced from academia … except for part-time teaching jobs … out of necessity.” Since, you’ve been more widely published and now you’re the director of the MFA writing program at Albertus Magnus College. Do you find there’s been a relationship between your job title and the frequency of your publishing?

Ha! That’s true. I direct the MFA program at Albertus, so on paper, I suppose I do look like I’ve gone over to the dark side. But I’m just an adjunct at Albertus. I still teach out of necessity only. While I do enjoy the work, I’d really just rather have my full-time job as a manager of technical writers[and]editors.

I would say there’s no correlation at all between my publishing and my position at Albertus. I’ve been publishing 20 to 40 poems per year since I got out of graduate school, and I’ve only been directing the MFA program for about five years.

That a poem means is more important than what a poem means.

— Charles Rafferty

In prior interviews, you’ve made clear your belief that the purpose of poetry is clarification, not salvation. What do you get out of poetry today? How has it changed since you started writing poetry?

Hmm. I said that? Well, I completely agree! When I read poetry, I’m looking to be startled into some kind of fresh awareness. It doesn’t much matter what the awareness is. “That” a poem means is more important than “what” a poem means. Every once in awhile, I’ll encounter a poem that shifts the course of my life; but this is rare and definitely unsustained. My vices are too deeply ingrained to be thwarted by mere poems.

I don’t think the writing of poetry has changed what I like about reading poetry — except to appreciate the difficulty of certain good moves I used to think were easy: a clear image, a consistent voice, the closing couplet of an English sonnet. There’s nothing like your own failings to make you recognize someone else’s triumph, however unwilling you may be to say so publicly.

In addition to poetry, you’ve published short stories and essays. What inspires you to start projects in mediums other than poetry?

More and more, I see fewer distinctions between my poetry and my fiction. In part, this is because my stories are tiny — often a single paragraph, rarely more than a thousand words. When I decide to write a story, it’s usually because I have two characters that I want to make bump up against each other. For whatever reason, I find that tedious in a poem. A story format seems much more welcoming. At least for me.

Can you tell me about the role that writing plays in your happiness?

It does make me happy, though “satisfied” might be the better word. I’ve been writing for so long and so regularly that I’ve trained myself to need to do it. It’s a healthier version of smoking, I suppose. If the rest of my life overwhelms me, and I have to forgo even 15 minutes of writing, I feel like I’m letting myself down. It’s like falling asleep on the couch because I’ve done nothing but watch TV all day. I feel like I’m wasting my time. One more day closer to the hospital and all that.

ESL Program promotes community between students and staff

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Every Wednesday during common hour, a group of students gather with the cleaning staff on their lunch break for the Ursinus ESL Program. The students help the staff with their English by sharing their respective stories with one another. The Ursinus ESL Program is run by two Bonner Leaders, and is funded by UCARE, Ursinus’s center for social advocacy and community engagement. The Ursinus ESL program has worked for six years to improve opportunities for the campus’ cleaning workers and to unite the campus.

Co-coordinator and junior Roseangela Hartford spoke passionately about the program. “We help promote conversation, and just try to understand the staff on a human being to human being level instead of a student to cleaning staff level,” said Hartford. “We work a lot on grammar, vocabulary, conversation, all the mechanics that come with English, but we also do a lot of conversational activity where we learn about who they are and how they got here.”

Many of the cleaning staff are immigrants from Mexico and Ecuador. They traveled here to help their families, leaving behind successful careers. “Three-quarters of them have really high degrees in their origin countries … [they are] social worker[s], engineer[s], and teacher[s] … They came here because they have [fami]lies and they wanted to offer their children better opportunity[es],” said Hartford.

These interactions bring home the struggles that many Latin American immigrants face. Hartford emphasized the impact hearing their stories has made on her own life. “I was going to drop my Spanish after the year requirement … Spanish is my Achilles’ heel: It’s not something I’m inherently good at,” she said. “Then, I joined ESL. I picked my Spanish back up and now I’m a Spanish double major with a minor in Latin American studies … for me it’s completely changed my career path and now I’m interested in working in the Latino community permanently.”

Senior Bonner Leader Kelly Johnson, who coordinates the program, agrees. “My life experiences sometimes vastly differ from many of the life experiences of the members of the cleaning staff, but when I talk to Carmen about how she wants to learn English so she can help her son with homework, or work with Leonor on her English so she can become a more confident person, or listen to the life story of Aude-lia, I learn what it is to truly listen.

Have feedback on this story? Visit The Grizzly on Facebook!

See ESL on pg. 3

Letters to the Editor (grizzly@ursinus.edu)

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New club aims to get money out of politics

_**Junior Jon Gerhartz brings national student organization Democracy Matters to Ursinus**_

Students Ryan McGowan and Jon Gerhartz (left to right) try to get big money out of politics through the new club Democracy Matters.

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Democracy matters at Ursinus, or at least that’s what junior Jon Gerhartz is hoping.

This semester Gerhartz is starting a new chapter of the national organization Democracy Matters (DM) at Ursinus. According to the Democracy Matters website, DM “is a non-partisan campus-based national student organization, working to get big private money out of politics and people back in.”

“The national organization is focused on getting more students involved, getting more branches on campuses and also coordinating with those branches to organize specific events,” according to Gerhartz.

The organization offers paid internships to undergraduates responsible for creating DM chapters on their campus, which is how Gerhartz initially got involved. “I applied, like you would apply for an internship, on Handshake actually,” said Gerhartz. “I was just looking for an opportunity to become active in politics and I figured when I saw this it was a great opportunity [for me].”

Gerhartz thought that the organization would be a great fit for a campus like Ursinus, believing it could help passionate students take greater action in politics.

“Ursinus is definitely a place where there are a lot of students that are passionate about a lot of different issues, but I don’t know necessarily that a lot of students at Ursinus have mediums to express those issues … I thought that this would be a great opportunity for myself as well as many other students who are interested in making a change,” said Gerhartz.

DM recently sponsored a presidential debate watch party on Monday, Sept. 26 with some of the other political groups on campus, including the UC Democrats, the UC Republicans, and the student senate. The next event hosted by DM will be on Oct. 3 and will encourage students to become active participants in politics.

“We’re hoping to get a table to start registering people to vote … [we also want people to] be able to write a letter or sign a petition to local representatives,” Gerhartz plans to sponsor more events throughout the semester.

One of the co-founders of Democracy Matters will also be coming to speak. Joan Mandle is a co-founder and is professor at Colgate University. Gerhartz is hoping to host a lobbying workshop with Mandle.

“Shes a professor of psychology and politics and she’s really knowledgeable … She’s going to come here and give a workshop that will be open to the entire student body on how to lobby, how to make an impact in your community. Then once we have that experience, we’re looking to maybe go down to Philadelphia and lobby there,” said Gerhartz.

Gerhartz is also hoping that the group will be able to host a local politician sometime this semester.

Gerhartz is planning to host DM meetings weekly as a forum for students to discuss issues and organize action plans.

“We would go over the agenda, but we’re also going to talk more specifically about important issues … Each meeting we will give out a little bit of information [on an issue] and give the students an opportunity to give their opinions … then the second half of the meeting, we’re going to plan,” he said.

Gerhartz wants Democracy Matters to give students the tools and the incentive to become more active in politics.

“I think my main goal is just to get more people involved with politics,” said Gerhartz. “Because that is how our democracy is meant to work. It’s meant to be run by the people … The people cannot be stagnant.”

Democracy Matters next general meeting will be held on Thursday, Sept. 29.

Comments Sought for Tenure Review

In accordance with the Ursinus College Faculty Handbook, student comments on teaching effectiveness and student-faculty interaction are invited at the time of a faculty member’s review for tenure. Although student letters must be signed to be considered, student names may be withheld, upon request, when their comments are shared with the Promotion and Tenure Committee and the faculty member.

This year, the following members of the faculty are being reviewed for tenure: Brent Mattingly, Psychology
Jennifer Fleeger, Media & Communications Studies
Scott Deacle, Business & Economics

Your feedback is strongly encouraged and will assist the Committee in its review process. Letters should be sent to April Edwards, Office of the Dean, by October 31, 2016. Your comments can be sent electronically to deansoffice@ursinus.edu.

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Shakespeare in the Summer of Love

“A Midsummer Night’s Dream” to be transported into the 1960s in UC production

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One of Shakespeare’s most raucous, popular comedies is getting an update.

In a few weeks, the Ursinus theater department will perform “A Midsummer Night’s Dream.” The twist? They’re transporting it into the Summer of Love.

Professor of theater Domenick Scudera, who is directing the show, had the idea to set it in the late 1960s because it was a time when people were challenging the status quo by trying things that were radical and new, much like today.

The play is a comedy and according to Scudera, this production specifically involves physical comedy. “We’re throwing ourselves into it in a physical way, so it should be a lively, active production.”

“Midsummer” is one of Shakespeare’s most famous plays and it also one of his most complex. It involves layered comedic plots, mixed-up lovers, and mischievous woodland fairies. It’s a lot of fun, even for people who aren’t familiar with Shakespeare.

“It’s a show I love … [It’s] such a funny, funny play, and it’s so much fun to be part of. There’s so much activity in the play. [All] of the characters are actively engaged in different comic business,” said Scudera, who has directed a lot of comedies throughout his career. “And so it’s not the kind of show where there are four leads and they do everything: It’s divided up amongst a big cast.”

Scudera mentioned that there tends to be a stigma surrounding Shakespeare’s plays—specifically that the language is too hard to understand and that people without proper training are unable to be entertained by it. However, he believes that this is untrue.

“In my mind, Shakespeare is actually easier to understand than other playwrights because he gives you so much, particularly for actors,” he said.

He added that he sees Shakespeare differently than a lot of people, who treat his work like an ancient, untouchable piece of art. “To me, it’s not that; it’s just this raucous, crazy, silly thing.”

Arthur Robinson, who plays Lysander, one of the lovers, agreed that Shakespeare still has a lot to offer. “I think Shakespeare’s wonderful because it ages very well,” he said. “The fact that we can take a plot from Shakespeare’s time, put it in the Summer of Love, and have very smooth transitions in that regard I think [is] very telling.”

Seeing the play in a theater goes a long way towards making it more accessible, according to Scudera.

“I think if you see it performed it makes much more sense than if you’re just reading it on the page,” he explained, because the actors have interpreted the words and an audience can see the actions of the play.

“My favorite part about doing the show is really just having a chance to step out of my life and be someone else,” they said. “The show is really magical. It’s like having the ability to literally pause all the craziness of the semester and prance around as a fairy on stage. Who doesn’t want to be mischievous?”

“A Midsummer Night’s Dream” opens in the Lenfest Theater in the Kaleidoscope on Thursday, Oct. 6 at 7:30 pm. There will be performances at the same time on Oct. 7 and 8, and a matinee on Sunday, Oct. 9 at 2 pm. Tickets are $2 for students and $5 for all others and can be reserved online at the theater department’s website.

Sarah Hojsak
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He also said that he particularly loved working with the 25-member cast. “I think this cast is really wonderful because everyone is enthusiastic, everyone is throwing themselves into it, and everyone is really funny, too—in a comedy, that’s super important.”

One of his fellow cast members is Sarah Gow, who plays Pack, one of the mischievous fairies in the play (in this production they’ll be hippies).

“I like him because he is the ultimate chaotic good,” said Gow.

“He knows everything will turn out okay, but he still likes to have fun with it.”

The play is particularly fun for Gow because it allows them to escape the chaos of everyday life.

“My favorite part about doing the show is really just having a chance to step out of my life and be someone else,” they said. “The show is really magical. It’s like having the ability to literally pause all the craziness of the semester and prance around as a fairy on stage. Who doesn’t want to be mischievous?”

“A Midsummer Night’s Dream” is one of Shakespeare’s most famous plays and also one of his most complex. It involves layered comedic plots, mixed-up lovers, and mischievous woodland fairies. It’s a lot of fun, even for people who aren’t familiar with Shakespeare.

“…It’s just this raucous, crazy, silly thing.”

— Domenick Scudera
Professor of theater
Family Day branches out

UC debuts new activity-filled Family Weekend, kicking off Friday

Emily Jolly
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This year, Ursinus has expanded Family Day into a whole weekend to better showcase everything the college has to offer. Family Weekend will run from Friday, Sept. 30, to Sunday, Oct. 2, with various activities scheduled each day to be enjoyed by parents and students alike.

As Todd McKinney, associate dean of student life and director of student affairs, explained, the goal this year is to “showcase a lot of the things the college has to offer [and] give a bigger, more global picture of the kind of thing going on here at [Ursinus], Collegeville, and the surrounding Philadelphia area.”

Angela Cuva, assistant director of leadership development and student activities, explained that she worked closely with McKinney on a committee of several faculty and staff members to make Family Weekend a hit.

“In previous years our demographics have been more focused on the families,” Cuva said. “So we used to have bounce houses, the face painting, and things like that. But now we’re just trying to showcase our students to the families.”

One of the programs will be a mini-CoSA (Celebration of Student Achievement), where students will present research or talk about their experiences with internships and study abroad. The program already has several students lined up, but if any other students are interested in participating they may contact Cuva.

The weekend will not only focus on the academic success of students and faculty. Saturday will include the football and field hockey games, an open swim, and a picnic on the BWC triangle. There will also be sculpture tours led by students that will take place in the morning and afternoon so parents can experience the art around campus.

Saturday evening will feature many musical events for all students to enjoy. The Robot Bears, the Ursinus College society for electronic music, will perform. Among others, students Michael Muli, Antonio Goode, Kenneth Ball, and Alexander Lehr will take the stage to show off original work.

Jazz Night will begin shortly after in Lower Wismer, where students and parents are invited to relax, eat and listen to the jazz music hosted by the Blue Note Jazz Society. This program, according to Cuva, is normally held later in the semester, but was moved up in order to offer parents the opportunity to attend while experiencing the other events.

Some of the activities will be moving off campus. McKinney said that these trips were planned “to let folks know that [in] our surrounding [area] there’s a vibrant communal feel.”

Friday evening is comprised of trips to nearby towns Phoenixville and Skippack to explore what they have to offer. McKinney said that this gives people the opportunity to go “strolling through Skippack village and [see] everything from antique stores to comic books stores.”

Families will also be able to go to Phoenixville and explore the town’s shopping and food. “There’s the vinyl records shop, and some consignment places supported by different charities,” McKinney explained.

On Sunday the events will extend all the way to Philadelphia, where three trips will be offered. One is geared towards the sciences with a tour at the Mütter Museum, led by Dr. Robert and Dr. Ellen Dawley, professors of biology at Ursinus.

Another trip will visit Pennsylvania Academy of the Fine Arts, Reading Terminal Market, and City Hall; Cari Freno, assistant professor of art and art history, will guide.

The third will be a historical tour of Philadelphia, guiding people to landmarks such as Independence Hall, the Liberty Bell, and the Constitution Center.

Cuva and McKinney want to encourage all students, including those without family coming to visit, to take advantage of all that will be offered over the weekend.

Many events require registration, which can be completed in advance online, but will also be offered onsite as well to accommodate students’ shifting schedules.

A full schedule of events and registration can be found on the Ursinus webpage under Family Weekend.

Happening on Campus

<table>
<thead>
<tr>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
</tr>
</thead>
<tbody>
<tr>
<td>Global Horror: International Film</td>
<td>Chemistry Tea</td>
<td>Family Weekend</td>
<td>Family Weekend</td>
<td>Black Legend: The Unexpected Story of ‘El Negro Raul’</td>
<td>Bear’s Den</td>
<td>Road Map for Graduate School</td>
</tr>
<tr>
<td>Festival - French</td>
<td>Pfahler 202</td>
<td>7 p.m.</td>
<td>4:30 p.m.</td>
<td>6:30 p.m.</td>
<td>Olin 108</td>
<td></td>
</tr>
</tbody>
</table>

Send us your thoughts to: grizzly@ursinus.edu
troubles got progressively worse on time since kindergarten, the trouble completing assignments of a group setting. While I've had any work required of me outside mine (chiefly depression) such professors and staff I've worked who may be triggered by these issues. To give you some idea of what my conditions are like, I’ve spent a lot of time with my laptop, a lot of time jerking off in isolation, and a lot of time engaging with both. I have a sex addiction without ever having sex with another person. I can procrastinate with plenty of other tools, but the internet and masturbation have been my biggest time-wasters. I currently keep both under control with rules either suggested or approved by my therapist. They involve tying my internet time to the amount of work I do and masturbating only twice a week, both activities only allowable provided I have no overdue homework and wake up on time. This has worked so far. Since I watched myself prostitute in these ways since the beginning of my freshman year of high school, why did I wait until halfway through my senior year of college—over seven years—to do anything about it? Why did I not tell my high school therapist anything about my masturbation habits? Why did it take years of therapy, instead of months, to get a complete picture of my sexuality?

To give you some idea of what my conditions are like, I’ve spent a lot of time with my laptop, a lot of time jerking off in isolation, and a lot of time engaging with both. I have a sex addiction without ever having sex with another person. I can procrastinate with plenty of other tools, but the internet and masturbation have been my biggest time-wasters. I currently keep both under control with rules either suggested or approved by my therapist. They involve tying my internet time to the amount of work I do and masturbating only twice a week, both activities only allowable provided I have no overdue homework and wake up on time. This has worked so far. Since I watched myself prostitute in these ways since the beginning of my freshman year of high school, why did I wait until halfway through my senior year of college—over seven years—to do anything about it? Why did I not tell my high school therapist anything about my masturbation habits? Why did it take years of therapy, instead of months, to get a complete picture of my sexuality?

Despite the Sexual Revolution, a somewhat thorough sex education from my school district, and my own long-held values of sincerity, taboos on sex have interfered with my life. Some thing made it feel shameful to acknowledge to my parents and therapists how much time I spent masturbating. There are stigmas surrounding all types of mental illness, including addiction, and I’ve been trying to work against them through Active Minds and my own writings, stand-up comedy, and slacktivism. I’ve been open with everyone, including my professors, about my other mental health problems: depression and even internet addiction, as that’s a softer addiction to talk about. There’s just something extra embarrassing about letting people know that one masturbates at all, even more embarrassing to let people know how much one masturbates, and yet more embarrassing to let people know that one’s masturbation habits are unhealthy. Why? Can’t we just view ourselves and each other a little more sincerely?

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For the sake of feminism, I want to elaborate on some issues and temper this essay’s thesis with a few points. 1) Sex taboos don’t only harm those with sex addiction. They are inextricably linked to bad sex education practices in schools nationwide. According to a 2011 study in PLoS ONE by Stanger-Hall and Hall, abstinence-only sex ed is correlated with higher rates of teen pregnancy. Sex ed that refuses to cover important subjects inevitably reinforces anti-LGBTQ sentiments and policies, and it also leads to horrific notions (or lack thereof) of what constitutes consent. 2) Being open about our sex lives doesn’t mean revealing to our social networks whom we have sex with or want to have sex with. 3) As hard as this is for me to talk about my sex addiction, it may be yet harder for women and femme-presenting people to open up about sexual health issues, as female sexuality is stigmatized even more than male sexuality. 4) Sex addiction doesn’t provide an excuse for sexual assault or harassment, and while it may explain patterns of infidelity, it doesn’t excuse responsibility for cheaters. Sex addiction doesn’t compel men to treat women as sex objects.

I’m not sure what exactly needs to change about how or how much we talk about sex. Maybe I did the right thing by withholding information about sex addiction from my professors and am ruining that with this piece. I just know that the addictions I’ve suffered have to be more pervasive than we’d like to think, and there are millions around the globe suffering in silence. I have gathered up the courage to talk about my problems. Hopefully, someone else can benefit from what I’ve said here.
Mitchell agreed with this, noting the support he gets from staff and family.

“In my opinion, Ursinus has a great support system for athletes. The faculty is extremely supportive of the student athletes and often attend games.”

— Bridget Sherry
UC Student Athlete

With field hockey and football held in the fall, and lacrosse and track in the spring, both semesters are fully loaded for Sherry and Mitchell.

Currently, the football and field hockey seasons are in full swing. With their constant commitment to excellence in both academics and athletics, they are taking on the semester full force.

**Cross Country continued from pg. 8**

Cope rounded out the top seven for the Bears. All runners posted times below 30 minutes. “Some of the guys had trouble managing the hillier course after several weeks of heavy training, yet as a team we still handled the 8k pretty well,” said Iuliucci.

What is notable this season is that the men have a very young team, with significant contributions coming from their freshman class. Lauer, McDaid, Mazullo, and Haase have all found themselves in scoring positions this season. “This year marks the first year of very successful recruiting as several of our top seven men are freshmen,” said Iuliucci. The young talent on the Bears will be key to whether or not they can rise up and knock off some of the historically better teams at the conference meet later this fall.

On the women’s side, the team is led by captains Alicia Baker, Lily Talerman, and Sam Innes. Like the men, the woman began their season in Salisbury. The Bears were led by sophomore standouts Brittany Gasser and Riley Engel. Posting times of 24:25.99 and 24:40.25 respectively on the 6,000 meter course. Junior Jenna Kelly, in her first season with the team, came in third for the Bears and was followed by sophomore Gabby Manto in fourth. Freshman Alyson Manley rounded out the top five by producing a time of 25:10.73 in her 6k debut. The women finished fourth in the overall team standings. “Our 1-5 gap is really good, but our goal is making the 1-7 gap a lot smaller,” said Talerman. “This will help us score more points and work together as a team,” added Engel.

Two weeks later, the Bears competed on the rolling hills of Kutztown. With the difficult course and stiff competition, the women’s team had their first real test of the season. Engel lead the Bears with a time of 25:34.20, good enough for 77th place overall. Manto and Manley crossed the finish next for the Bears, turning in times of 26:47.10 and 27:06.20 respectively. Senior captains Sam Innes and Alicia Baker finished fourth and fifth for the Bears, completing what was a solid day in Kutztown. “The team has been working really well as a cohesive unit and we’ve been pushing each other,” Talerman attested.

Both the men’s and women’s teams have two meets remaining before the all-important Centennial Conference championship meet. On Oct. 1, the Bears travel to Lehigh University to compete in the annual Paul Short Run; two weeks later they head to Rowan, New Jersey to compete in the Inter-Regional Border Battle. After these contests, the Bears will test their team standing when they travel to Haverford for the Conference Championship on Oct. 29 before seeing how well they can place at the NCAA Regional hosted by DeSales University on Nov. 12. Between these meets, the Bears will also host the annual UC Fall Twilight race on Friday, Nov. 4 at Patterson Field.

**Scores as of Monday, Sept. 28, 2016**

<table>
<thead>
<tr>
<th>Field Hockey (5-2)</th>
<th>Football (0-4)</th>
<th>M. Soccer (3-4)</th>
<th>W. Soccer (3-4-1)</th>
<th>Volleyball (6-5)</th>
<th>M. Cross Country (0-0)</th>
<th>W. Cross Country (0-0)</th>
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</thead>
<tbody>
<tr>
<td>Sept. 21; Ursinus 9 - Bryn Mawr 0</td>
<td>Sept. 24; McDaniel 30 - Ursinus 27</td>
<td>Sept. 21; Ursinus 2 - Marywood 1 (2OT)</td>
<td>Sept. 20; Ursinus 4 - Alvernia 0</td>
<td>Sept. 22; Ursinus 3 - Penn St.- Abington</td>
<td>Sept. 24; Franklin &amp; Marshall 1 - Ursinus 0</td>
<td></td>
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<tr>
<td>Sept. 24; Franklin &amp; Marshall 1 - Ursinus 0</td>
<td>TD(s); Sal Bello (2) Carmen Fortino (1) Stacy Gardner (1) FG(s); Ford (2)</td>
<td>Sept. 24; Gettysburg 2 - Ursinus 0</td>
<td>Sept. 24; Franklin &amp; Marshall 0 - Goal(s); Phoebe Shoap (1), Kendall Couch (1)</td>
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A Rare Breed: The Two-Sport Athlete

Bridget Sherry ‘19 and Jequan Mitchell ‘18 are both two-sport athletes. Sherry is a standout in both field hockey and lacrosse and Mitchell is on the football and track teams this season.

These students face the challenge of balancing a college workload with two sports, along with any other extracurricular activities they may be involved with on or off campus. For many students, managing schoolwork can be difficult enough; depending on what major a student may have, the workload can be especially hard to handle. Two sports, then, can be a hassle to juggle with everything else student-athletes do, but some make it work.

Sherry is a member of both the field hockey and lacrosse teams. In field hockey, Sherry plays defense and has 30 games under her belt as a sophomore. In lacrosse her freshman year, she played 16 of 17 games and scored 21 points. “Our teams essentially have two seasons per sport, so I really miss the off-season of one sport while I’m in regular season for the other,” said Sherry. “I have found that managing my time is crucial in order to finish all of my work for classes.”

While it may seem impossible to balance all of this with schoolwork, Sherry said that she finds these experiences to be a benefit. “It is a lot of work, but I’ve learned how to manage my time better and think about my priorities up front.”

In football, Mitchell is on the football and track teams this season. “Our teams essentially have two seasons per sport, so I really miss the off-season of one sport while I’m in regular season for the other,” said Sherry. “I have found that managing my time is crucial in order to finish all of my work for classes.”

While it may seem impossible to balance all of this with schoolwork, Sherry said that she finds these experiences to be a benefit. “It is a lot of work, but I’ve learned how to manage my time better and think about my priorities up front.”

The Ursinus College cross country program has made great strides under the guidance of third-year head coach Carl Blickle and its future is looking bright. While both the men’s and women’s teams lost senior leadership to graduation last spring, the mix of veteran guidance and freshman talent has both teams heading in the right direction. Along with Blickle, the Bears are led by assistant coach Crystal Burnick, who proved that she is one of the best runners in the area by winning the Broad Street Run this past spring.

On the men’s side, the team is led by captains Joe Iuliucci, Luke Schlegel, and Mitchel Kelly. The Bears began their season by traveling to Salisbury University to compete in the annual Salisbury University Fall Classic. Despite the windy and stormy conditions that came with the remnants of Hurricane Hermine, the Bears delivered many quality performances. Iuliucci led the Bears by posting a career best time of 29:08.70. “The team has definitely had a good start to the season,” noted McDaid.

After a week off, the Bears returned to action at Kutztown University’s Division II/III Challenge. The meet was a unique challenge for the Bears as they had to compete with an extremely talented field comprised mostly of Division II teams on a difficult, hilly course. Iuliucci once again led Ursinus, posting a time of 27:47.00. He was once again followed by an a tight group of Bears, as freshmen Craig Lauer, James McDaid, Logan Mazullo, and John Haase finished as the top five for the Bears; sophomore Andrew Voyack and Jonny

See Cross Country on pg. 7

Upcoming Games

<table>
<thead>
<tr>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sat. Cont.</th>
<th>Sat. Cont.</th>
<th>Monday</th>
<th>Tuesday</th>
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<tbody>
<tr>
<td>W. Volleyball @ Penn State-Berks</td>
<td>7 p.m.</td>
<td>Field Hockey vs. McDaniel</td>
<td>12 p.m.</td>
<td>W. Soccer @ McDaniel</td>
<td>1 p.m.</td>
<td>M. Golf vs. Muhlenberg Invitational @ Lehigh Country Club</td>
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<tr>
<td>W. Volleyball @ McDaniel</td>
<td>12 p.m.</td>
<td>W. Volleyball vs. Randolph @McDaniel</td>
<td>2 p.m.</td>
<td>M &amp; W Cross Country vs. Paul Short Run @ Lehigh University</td>
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<tr>
<td>Football vs. Moravian</td>
<td>1 p.m.</td>
<td>M. Soccer @ Swarthmore</td>
<td>4 p.m.</td>
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