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The Grizzly, November 15, 2018

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Thursday, November 15, 2018

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Mythbuster: student writer takes on Medusa and marginalization

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"I asked myself, what does it mean to be a legend? What does it mean for someone to look at you and see something different than how you see yourself? What is your most authentic, true version of yourself? Can that exist as a black artist surrounded by all white spaces? How do you start that journey? How do you run to Libya, so to speak?"

These are the questions Senior Angela Bey pondered when they started writing "The Medusa Play," which will be the first mainstage production at Ursinus written by a Black student and only the second play written by a student to be performed as a mainstage show. "The Medusa Play" explores the myth of Medusa through the lens of Black womanhood.

Bey was inspired to tackle the project by their friend and fellow playwright, Arthur Robinson '17. While at Ursinus, Robinson wrote an adaptation of the Orestes myth titled, "Argos Burning." Bey began doing research on myths they were interested in and came across a website that asserted Medusa was a Black woman.

"There was all this information about her coming from Libya and being a snake goddess and being crazed and how the Greeks stole the myth from the ancient African tradition and that of course intrigued me as an artist of color and as a Black femme myself and I thought okay, maybe there's a story here,' Bey said. "I thought a lot about black womanhood and parallels I wanted to find to the myth... This fascination over hair—there's so much about Medusa's hair even before she is turned into the Gorgon. The tanning of her skin is considered hideous post-transformation and there's a whole lot that you can suss out about colorism within that."

They began working on the project and in May of their sophomore year held a reading of a few monologues and scenes through Philadelphia Young Playwrights.

The project was then put on hold over the summer of 2017 while Bey went to the Sundance Directors Lab to work on Phillyarea director Tayarisha Poe's project Selah and the Spades. Bey was the only unnamed actor in the actors' ensemble that year.

After Sundance, Bey returned to Ursinus and participated in the PhillyX program. They were able to take a playwriting class through the program and they used that time to start creating the world of "The Medusa Play." They then returned to Ursinus and pursued an independent study project under the guidance of Theatre Professor Domenick Scudera, in which they completed the script and asked if they could pitch the project to the department "as if it were any other play."

The department agreed and Bey's project was selected as one mainstage production for spring 2019.

Working on a project that is deeply tied to race and social justice has posed challenges for Bey.

People, including their playwriting professor at Drexel, have given them a lot of feedback which discorages Bey's more radical approaches to form and content.

"Something that I have built myself on as an artist is theatre for social change is theatre with a message, theatre for moving forward, theatre for thinking, theatre for making people uncomfortable," Bey said. "White artists don't have to think about the weight of an entire oppressed people on their pen. There are things that I feel compelled by my ancestors, by the powers that be, to write about and I cannot escape. A big part of writing 'The



Photo courtesy of Angela Bey

Medusa Play' was me trying to fight that impulse. I was getting other voices... saying 'oh, you need to make it more narrative, you said it was about a Greek Myth why isn't it only about the Greek myth, why isn't there a linear story, this isn't accessible enough, you're making me feel stupid.' And these are white people telling me this because I'm taught by white people."

They continued, "White people should be wanting to feel stupid, and uncomfortable and to shift the tectonic plates of their existence the way I have had to my entire life."

These themes of White fragility are prevalent in Bey's other upcoming project, The White Feather Project. Inspired by "The Root" article "White People Are Cowards," The White Feather Project seeks to tackle issues of white fragility at Ursinus College. They applied for and received one of the college's new Inclusive Community Grants to help fund their work.

"The white feather is a symbol for cowardice, and I wanted to do [the project] about white fragility and cowardice at Ursinus College Why aren't people saying anything? Why are we not talking about race in CIE? Why are people getting so defensive? These are the big questions I want to answer, that I wanted to answer in the project. And I put that in a proposal," Bey explained. Project proposals were required to be one page. Bey wrote ten.

The project, which will be for two actors, is based heavily on research and race theory. The production will be performed at the Ursinus One-Act Festival in the spring, CoSA, and at the Shoebox Festival in Manayunk. Bey will work with both on-campus and off-campus collaborators on the work.

"I'm not thinking of it as a theatre piece right now. I'm thinking of it as an Africana studies project. It's research-based, its theory-based, it's all of that," Bey said. "It's not about the theatre department, it's not about performative stuff, it's not about putting on a show. It's about getting to the honesty and the truth behind white fragility as much as I possibly can."

In addition to their work on

"The Medusa Play" and The White Feather Project, Bey has also maintained a theatre career in Philadelphia during their time at Ursinus. They have interned at Theatre Philadelphia, the Wilma Theater, and Philadelphia Young Playwrights. This past summer they performed in Shakespeare in Clark Park's production of Twelfth Night as Duke Orsino.

"I felt so empowered. It was my first professional show in the city that I was a titled character for," Bey said. "I played a black, cis, man though I myself am a Black trans femme. That was super cool... I was on the posters, I was on the promotional materials, I have articles written about me and reviews, I haven't looked at the reviews. It's just surreal."

Working in Philadelphia while in school has been an escape for Bey from the sometimes hostile environment of a primarily white institution like Ursinus.

"It does feel like I'm living a double life. I kind of feel like Hannah Montana sometimes, but I think I realized that it's really

See Angela on pg. 2

Voter registration status causes issues for student voters on Election Day

Confusing process has students disgruntled

Kim Corona kicorona@ursinus.edu

Last Tuesday, Ursinus students gathered to cast their votes at the Kaleidoscope for this year's midterm elections. However, some faced difficulties when attempting to do so.

Students who use a campus address as their residence on their voter registration are eligible to vote at the polls on campus. Despite the dreary weather, 217 made the effort on Election Day. According to poll workers, several of the students who planned to vote were turned away due to their voter registration status.

Sophomore Danielle Terrenzio discussed the trouble she faced when trying to vote. Terrenzio said she registered through Ursinus Center for Advocacy, Responsibility, and Engagement (UCARE).

"I registered but... my registration wasn't complete. I wasn't able to vote today, which was very upsetting because I wanted to make a difference," Terrenzio

Back in September, UCARE held a voter registration drive on campus using an online platform. The drive provided information on the candidates running in Pennsylvania at designated tables, and gave people an opportunity to register to vote.

Assistant Director of UCARE Katie Turek said she was taken aback when she heard some students were unable to vote. She said the number of affected students was nine.

"Nine students had problems with their registrations and were not allowed to vote; some of those students were asked to complete provisional ballots," Turek said.

According to the National Conference of State Legislatures, provisional ballots ensure voters are not excluded from the voting process due to an administrative error.

If a U.S. voter is turned away at the polls, they may ask for a provisional ballot, which are required under the federal Help America Vote Act of 2002 (HAVA).

Terrenzio asked for help with voting from a poll worker, but the worker was not able to find her name in the system. When asked about provisional ballots, Terrenzio said she was not given one.

Robert Botti, another poll worker at the Kaleidoscope, said on Election Day that he had noticed four students being unable to vote because their registration didn't go through when they signed up on campus.

"I've already contacted my contact in conferences and special events to let them know about this. Someone will have to look at this procedure. I believe it has to do with signatures," Botti said. "They did it online and the signature didn't go through and therefore it didn't count."

Although some of the affected students were asked to fill out provisional ballots, the issue wasn't resolved.

Prior to election day, Turek mentioned she met with several students who registered through the online platform where their signatures weren't accepted. If this happened, students should have received an email asking them to fill out a paper appli-



Photo courtesy of Ursinus Communications

cation for the signature to be processed, she said.

"A few students did get that message, and they came to me over the past few months, and we were able to deliver their paper applications, which solved the problem," Turek said.

However, Terrenzio was asked by a poll worker to refill out her application, which wouldn't allow her to vote that same day

"It was kind of inconclusive," Terrenzio said.

Although at Ursinus, a number of students were turned away

from the polls due to the online registration system, elsewhere in the country there are bigger issues.

Even though U.S. citizens have the legal right to vote, they are sometimes turned away from the polls.

According to the 2018 Assessment of Minority Acting Rights Access, within the last five years at least 23 states have placed restrictions on voting by closing polling places, cutting early voting, purging allegedly ineligible voters from electoral rolls and imposing stricter voter

ID laws.

Students are encouraged to call state or local election hotlines to report any problems they've had with the voting process. The Election Protection hotline assists voters at any stage of the process, including and not limited to registration. Citizens are encouraged to call the hotline at 866-OUR-VOTE, administered by the Lawyers' Committee for Civil Rights Under Law, a nonpartisan group.

Angela continued from pg. 1

okay to individualize your education and at the end of the day you're paying your professors to teach you... If the institution isn't serving you in the ways they need to serve you, you can make those opportunities for yourself," Bey said. "I had a lot of friction with, you know, do I want to continue being gaslight at a PWI where I don't see myself, where I can't relate to anything really. I'm the only out trans, Black person on this campus... Part of me wanting to stay

in school is being out of school, which is Philadelphia."

The Theatre community in the city has also been an outlet for Bey's creative energy.

"I feel this pulse of art within me," Bey said, "And Philly is that fix for me right now."

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Staff positions at The Grizzly are open to students of all majors. Contact the adviser for details.

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Members of the Ursinus community gather to remember victims of the Tree of Life shooting



Photo courtesy of Ursinus Communications

Students photographed at the prayer vigil led by Reverend Ofori

Jenna Severa jesevera@ursinus.edu

On October 27, 2018, a man posted anti-Semitic messages about the Hebrew Immigrant Aid Society on a social media website called Gab, which has been criticized for providing a platform for white nationalism and anti-Semitism.

A Pittsburgh synagogue, Tree of Life, is one of many institutions that supports the Hebrew Immigrant Aid Society. Shortly after the man's last anti-Semitic posts, police say he entered Tree of Life and killed eleven people. Many others were injured in the shooting, including some of the first responders on the scene. In the few days after the tragedy, vigils were held, and many mourned the violence that occurred.

Gab only suspended the suspected shooter's account after the incident, but did agree to cooperate with the ongoing investigation. According to the New York Times, he had created an account on the social network back in January. He shared a stream of anti-Jewish slurs and conspiracy theories. The platform allowed him to find a community willing to listen to those beliefs.

In response to the shooting, on November 1st, members of Hillel hosted an Interfaith dinner on campus where members of Ursinus gathered as a community to remember the victims of the tragedy and reflect as a whole. It was followed by a prayer vigil at the LOVE statue in remembrance of the victims of the Tree of Life Shooting led by Revered Ofori.

Dr. Alexandria Frisch, Professor of Jewish Studies and Coordinator of Jewish Life at Ursinus, explained, "While mass shootings have unfortunately become quite frequent, the Pittsburgh shooting was the first anti-Semitic shooting. It was also the largest act of anti-Semitic violence ever committed in the United States."

In the days that followed, President Trump flew to Pittsburgh to visit the Tree of Life synagogue. Although he lit candles and placed small stones to commemorate the fallen victims, his visit only highlighted the division in the nation.

Protesters gathered around Squirrel Hill, the neighborhood where the incident took place, carrying signs that read "Words matter" and "President Hate is not welcome in our state."

Bill Peduto, mayor of Pitts-

burgh, urged the president not to visit while the mourners were still grieving. Peduto, along with top Republican and Democratic congressional leaders, were invited to join Trump, but declined.

The shooting suspect, Robert Gregory Bowers, pleaded 'not guilty' on November 1st in response to charges of 11 counts of homicide, six counts of aggravated assault, and multiple counts of ethnic intimidation and attempted homicide.

Although Pittsburgh was the location of the tragedy, the reverberations of the act have affected the entire Jewish community and the rest of Ursinus. Jess Greenburg, Religious and Sustainability Chair of Ursinus Hillel, states, "Although many people have been incredibly supportive of the Jewish community on campus, events like this make you wonder who around you may also harbor anti-Semitic feelings, and can make it uncomfortable to talk about your Jewish identity in public.'

Dr. Frisch also acknowledged the sentiments among Jewish students, stating: "I know that for some Jewish students it has made them feel that it is an incredibly vulnerable time to be a Jew and, particularly, an American Jew. Word on the Street

How should Ursinus determine who registers first?

"By major. If you're taking a class that's in your major you should get that before someone who's not in your major."

-Kieran DeMelfi, 2019

"I agree major could work, but I think its good to do it by class year because then you get seniority."

-Gabby DeMelfi, 2021

"By grades. Other schools have GPA incentives and Ursinus should too."
-Lauren Feldman, 2019

It has made them more aware of their minority status in this country."

Additionally, Dr. Frisch says, "Ursinus College is unique, because, although it is a small campus with a small Jewish population, we have an active Hillel and a Hillel House, as well as Jewish studies classes and lectures. I think these resources foster a much greater awareness of Jewish life on this campus. We saw that this was true in last week's vigil for the victims of the Pittsburgh shooting. A diverse group of faculty, staff, and students gathered together not only to remember the victims but in a great show of interfaith solidarity."

"I know that for some Jewish students it has made them feel that it is an incredibly vulnerable time to be a Jew and, particularly, an American Jew."

> Dr. Alexandria Frisch Professor of Jewish Studies

Sam Rosenthal, Hillel Public Relations, says, "I joined Ursinus Hillel a few years ago because I'm Jewish and I wanted to be a bigger part of our Jewish community. Hillel makes me feel like I'm not alone, which is why it's so important to me. Not everyone knows the words to our evening prayers, nor does everyone in the room have faith at all. Jews don't always believe in God, but I've never met a Jew that wouldn't say that they believed in one another. Shabbat dinners and other Hillel things remind me that we're in this together."

Dr. Frisch says that Judaism is "a way of life that is rich with festivals, spirituality, food, traditions, prayer, humor, folklore, ethics, family and community." Ursinus Hillel organizes a weekly Shabbat dinner and monthly bagel brunches open to students of all backgrounds, showcasing this vibrant way of life on campus. There are also celebrations of the holidays and occasional guest speakers discussing various topics in Judaism.



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FEATURES

What do UC political clubs think about the recent elections?

Sienna Coleman sicoleman@ursinus.edu

"The Grizzly" hopes that you went out to vote last Tuesday for the 2018 midterm elections! No matter who you voted for, every single vote should count.

"The Grizzly" asked the political organizations on campus, the Ursinus College Democrats, the College Republicans and the Young Americans for Liberty, to share their reactions to the election results with us.

The Young Americans for Liberty declined to answer.

The UC Democrats: "The UC Democrats are thrilled about the results of the 2018 midterms. All statewide Democratic candidates and local candidates won their race. In other words, Democratic candidates on the ballot in Collegeville all

won their race. On a national level, we are happy about the Democrats taking control of the House. We are, of course, saddened to hear about the losing of major races in Texas, Georgia, and Florida, but we are not caught off guard. We are looking forward to the end of the Trump administration's monopoly on American policy making."

The College Republicans: "On campus prior to the election, it was a bit nerve-wracking because there is a social push to participate in the "blue wave." There are not many [vocal] student Republicans on campus, so finding people with similar views to discuss the election with was often challenging. I am very pleased to see that so many people turned out to vote in the election. I am also pleased with the results of

the election within my district, and hopefully our newly elected officials will be able to work with each other, no matter which party they come from. After all, no matter if we are Democrat or Republican, we are all people, and we can work together to fix problems within our government and society."

"The Grizzly" would like to thank all of the students who went out to the polls, no matter how they voted, for getting involved in their democracy.



Have feedback on this story? Visit The Grizzly on Facebook!



Photo courtesy of Ursinus Communications

Borough Council President Marion McKinney, Alana Lorraine '18 and Ursinus Director of Disability Services Shammah Bermudez voting last Tuesday.

Fridge of the week

Senior Elizabeth Iobst's fridge contains Red Bull, wine and a box of Tastykakes. Everything a Student Body President needs for a balanced breakfast.



Photo courtesy of Elizabeth lobst

Calling all interesting fridges! If you have a refrigerator you would like featured in the Grizzly, please email sicoleman@ursinus.edu

Why Myrin is full of government documents

They're not top-secret, but UC's library is home to lots of federal papers

Sophia DiBattista sodibattista@ursinus.edu

Myrin Library not only provides us with books for research papers, but also receives and provides free access to federal government information. Since 1963, Ursinus College's library has been a member of the Federal Depository Library Program, or FDLP.

The FDLP is a governmentoperated organization that distributes texts and data via books, CDs, DVDs, and electronic means. These texts include official government-issued documents and federal collections. Myrin Library collects documents about: Foreign Relations of the United States, Health in the United States, Journals of the House of Representatives, Minerals Yearbooks, Public Papers of the Presidents, Senate Journal. United States Code, United States Reports, plus series of Cultural Landscape Reports and Historic Resource Studies from the National Park Service. Kerry Gibson, Collection Management Librarian and Federal Depository Library Program Coordinator, discussed the history of Myrin becoming an FDLP library, the importance of having an FDLP library on campus, and other resources tied into the FDLP that are available to students and community members.

Ursinus became a member of the FDLP, Gibson said, because "the librarians at Myrin Library in 1963 were looking for a way to save money while building the library collection, and saw



Myrin Library, your one-stop shop for Minerals Yearbooks

this program as a good, practical way to do so while benefiting Collegeville as well. The Library Depository Act was passed in 1962, to strengthen the Federal Depository Library Program, so I'm sure the passage of this federal statute also helped the librarians in making their decision to join the FDLP."

Ursinus students experience many benefits of having an FDLP library on campus. Gibson says that Myrin is "able to provide knowledgeable staff support and free access to federal government information for the Ursinus community as well as the general public in the fourth Congressional District." She continued, "The print resources that we have collected and continue to collect

as a part of this program via the Government Publishing Office (GPO) are free, so we have saved money from having to purchase them."

The FDLP has many other libraries involved in separate communities as well. Gibson commented, "There are an estimated 1.150 Libraries in the Federal Depository Library Program. In Pennsylvania there are 43 selective libraries including Myrin Library and 1 Regional Library: the State Library of Pennsylvania in Harrisburg." These selective libraries contain only a portion of what the government publishes publicly, and some of these include Norristown Public Library, Brendlinger Library at Montgomery County Community College, and the Francis Harvey Green Library at West Chester University. A Regional Library collects everything that the government publishes. Gibson added, "The Regional Library oversees all of the selective federal depository libraries' operational responsibilities in its region."

Some of these responsibilities include hosting webinars for students and community members. Gibson discussed the educational aspect of the FDLP and how anyone can learn to access this information using the FDLP Academy. She said, "The FDLP Academy, provides access to webinars for the Federal Depository Library Program community that I believe would be helpful for

the Ursinus community to view, as well as the general public, as they help educate about the online Government information resources from various agencies." The Academy can be found at located at https://www.fdlp.gov/fdlp-academy. Some of these agencies Gibson mentions are NASA, the Center for Disease Control (CDC), the Bureau of the Census, the United States Geological Survey Library, and the National Library of Medicine.

If students are interested in exploring this resource, Kerry Gibson can show them how to access the school's online databases.

Happening on Campus

Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
UCDC Fall Dance Concert 7:30 p.m. Lenfest Theater	UCDC Fall Dance Concert 7:30 p.m. Lenfest Theater	UCDC Fall Dance Concert 7:30 p.m. Lenfest Theater	Class of 2022 Registers	Chemistry Seminar Talk by Dr. Patrick Melvin 12:15 p.m.	UTalk Coffee Hour 9 a.m. Myrin Library 1st Floor Lounge	Thanksgiving Break
				Pfahler Hall 208		

keleon@ursinus.edu

Choosing classes needs to be less confusing

Sam Mamber samamber@ursinus.edu

It's November. Sweater weather has finally come to Collegeville. The leaves are falling faster. The sun is setting earlier. The squirrels are getting more aggressive. 'Tis the season, folks. But don't let the autumnal beauty distract you from what really matters right now: academics. November is when the English majors drown in essays. It's when the Psychology students panic over their lack of research participants. It's when first-year students begin to discover what college work is really like, and when the seniors begin to forget about it.

I am at my most vulnerable in November because of one of its most daunting aspects: now is the time for class registration.

Everyone hates class registration. So many of my classmates and colleagues have horror stories about it. Sure, it's exciting, but it kills you. You get 30 minutes with your

advisor to decide what the coming 4-5 months of your adult life will consist of. You make sacrifices. You might find out through your advisor that the only slot left for that one mandatory class you need to take as soon as possible is at 8:00 a.m. every day of the week except Wednesday, and you need to drop your favorite club so you can get enough sleep. Even if you're ultra-prepared and your advisor helped you to get your whole four years planned out, something will change, and boy, it will mess you up.

Let's talk about this even more broadly, though. Consider this: what if you have to register without your advisor? It won't be news to Ursinus students that some advisors are better than others, and yet our advisors are the main people through whom we are able to efficiently and productively plan out our classes. My advisor is the only person on campus who has helped me understand this confusing system. Sure you could find online: what classes

are required for your major, what core requirements even are, what different types of class credits there are, how to pursue a double major, how and why in the hell the Teaching Certification professional track differs from a minor and how a professional track factors into your current course of study. But it is much easier to go through all of that with a living, breathing human being walking you through it.

The issue is this: the system should not be this painstakingly distressing. Since changing the system takes time, the least that we can ask for is something to dampen the shock. I'm talking more info sessions available to students of all four years and easily accessible, outlined paper guides for majors explaining what courses are needed and how to get them. The one major & minor expo per academic year is not enough. The brochures given during the expos should be equally and readily accessible for all majors at all times, and these resources

should be provided to incoming students, even when they're still in high school.

On a positive note, at least for me, my knowledge of the ins-and-outs of college academics and a bunch of other institutional technicalities has expanded quite wildly; I know how to do payroll paperwork, adjust my meal plan for Wismer, arrange club meetings and events using the online Event Managing System service, and even how to wash my own laundry, which is something I've heard that not many college-age guys know how to do. The task of choosing what classes, when, why, and what for brings me so much stress that it's likely shortened my total lifespan by a solid month.

Yes, I pranced carefree into my freshman year with a remarkably firm allegiance to the task of becoming an English major. One year later, all is said and done. Now, as a flourishing sophomore-and-a-half, I can reflect on my experience in getting to where I am and how I

Some may dread the chaos of November, but frankly, in my eyes, there's some beauty in the mess. November brings out the best and the worst within you, and it's made visible to everybody else. We speak unspoken prayers of strength for the scholarly martyrs who study in the library until it closes at 2am. Profound wishes of luck and success are made through simple smiles of encouragement and assurant nods of the head.

Of course, to speak of the pleasant qualities is not to ignore the rough ones. November is trying, taxing, and unforgiving: it pushes you. Not all who choose to walk the path are always ready to brave it. People disappear. Friends come and go. We all notice the emptied desks and the vacated singles. So when we can't offer direct help to someone who needs it, the least we can do is offer guidance and direction.

We need to better recognize World War I veterans

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On November 10, 2018, according to numerous media reports, President Donald Trump decided not to attend an event honoring World War I veterans. This decision unfortunately reflects the trend of Americans forgetting about World War I. According to a 2014 study done by "YouGov," 22 percent of Americans aged 18-29 were unable to name the U.S. president during World War I, and a combined 13 percent thought it was either Franklin Roosevelt or Theodore Roosevelt. Additionally, 43 percent don't know who Russia sided with, and only 41 percent knew when the US entered the war.

Trump choosing not to attend the event honoring World War I veterans also ties into the United States' history of ignoring World War I veterans. This began almost as soon as they returned home. Ac-

cording to Brandon Weber of "UpWorthy," the veterans' pay was awful. Ultimately, vets had to petition to the government asking for compensation, and in response were handed certificates that were not cashable until 1945. With the Great Depression, however, things got far worse.

As Terence McArdle of "The Washington Post" reports, in 1932 around 20,000 veterans gathered outside of Washington DC to demand bonus payments. President Herbert Hoover called in troops, and the day of July 28th took a bloody turn. General MacArthur ordered a coordinated removal, and the army brutally cleared the streets of the veterans. First came almost 200 cavalry who drew their swords and slashed at anyone in their path. Additionally, infantry threw tear gas at the crowd of veterans. The soldiers then set fire to the veterans' dwellings with contemporary columnist Bess Furman

describing the harrowing scene as "a nightmare come to life."

This was not the only instance of deplorable treatment of World War I veterans, however, as many African Americans who served faced adversity as well. According to David Olusaga of "The Guardian", in 1919, at least 19 African Americans were lynched for wearing their uniforms in public. Additionally, in October of 1919 when former African American soldiers attempted to organize sharecroppers in Arkansas, they were massacred. A white man, H.F. Smiddy, witnessed the events and recalls that "several hundred of them... began to hunt [them] and shotting [sic] them as they came to them." Additionally, there was an "Arkansas Gazette" employee, Sharpe Dunaway, who recalls that the soldiers who came to Elaine to quell tensions "committed one murder after another with all the calm deliberation in the world, either too heartless to realize the enormity of their crimes, or too drunk on moonshine to give a continental

This treatment of veterans is unacceptable when one considers the accomplishments of the American soldiers during the war despite the enormous costs. One example is US soldiers managing to drive the Germans out of the Belleau woods. According to Richard Rubin of "The Atlantic," the French were unwilling to go into the woods, as they regarded them as unsafe. Undaunted, the Americans plunged forward and succeeded in driving out the Germans, but at the tragic cost of around 10,000 casualties. It is well past time to start remembering the U.S. contribution to World War I and honor veterans similarly to the way we honor them for their service during World War

WRITERS WANTED

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Join us for our weekly news meeting

> Thursdays, 5:30 p.m. Ritter 141

McDaid continued from pg. 8

wanted the spot more. My only regret is not making a move earlier and getting [ahead of] one or two more guys." McDaid said.

James McDaid got 14th place in the Centennial Conference Championship race at Haverford with a time of 26:11.5 on Oct. 27. This is the best any Ursinus runner has ever done at the event. McDaid has his eyes set on the future. He said, "Being on the all-conference team is cool, especially standing next to guys who will without a doubt be at NCAAs in a few weeks, and it gives me a little more confidence that I have a shot at going to nattys. I wouldn't say I've made Ursinus history yet, but once I win a conference championship and qualify for nationals a few times I could tell you how it feels."

Fall sports seniors complete final seasons

Shelsea Deravil shderavil@ursinus.edu

The fall sports' season is coming to an end. For many athletes it is just another one that will go by. But for the seniors, this is their final season of playing a fall sport in college.

They have celebrated victories, cried due to losses, and shed sweat with their teammates in practices. As they count down towards graduation, fall season athletes are reflecting on their past four years of competing at Ursinus.

Sydney Gonzalez, a volleyball player, said that the best thing out of her four years as an athlete was the family-like connections she made.

"The relationships I have formed with my teammates are unlike any other relationships I have in my life," she said, "they are...my lifeline...my confidants and so much more."

In terms of best memory, she points out her team's recent win within the Centennial Conference.

"For many years our team has struggled with conference matches. This year, however, we pulled together more cohesively than I have ever seen us and beat Dickinson. The way the team played, and how it felt to have everyone [energized will stick with me]."

For now, it doesn't feel like anything has changed, despite her collegiate career coming to an end.

"The relationships I have formed with my teammates are unlike any other relationship I have in my life."

— Sydney Gonzalez Class of 2019

Gonzalez said, "It hasn't really sunk in yet. Right now...I am [taking] in the fact that I have played a sport for half my life and...I look forward to focusing on my next adventure!"

For Senior Riley Engel, her best memory from cross county is breaking the school record at the twilight meet last fall.

"I went into the 2-mile race just hoping to beat my time from the previous season, [and] having a pacer to push and motivate me was really helpful. I had no idea that I was going to break the record but...I cross[ed] the finish line and my coaches came up and [hugged] me, [telling] me I was

Coach Mike continued from pg. 8

captain and a leader on campus.

"He always led by example on the field and off when we played together" said 2016 graduate Sal Bello. "He's just one of those guys with a non-stop motor and I think that's why he will end up being really successful in his life." Bello went on to add that if anyone could handle having three different job titles at the same college, it would be him. We sat down with Coach Mike to talk about what it takes to juggle all the different roles he plays on campus.

Garlick: What time do you get to work in the morning on a normal day usually?

Moronese: I usually get in here around 5:30-6:00 and I like to get a workout in before I train the first group of the day at 6:30.

Garlick: Once you are on campus, about how much of your day is spent on strength training, on coaching football, and on teaching your course?

Moronese: I basically am bouncing back and forth all day. I start the day as a strength and conditioning coach for a couple different teams like football, swimming, baseball, and gymnastics. Then when it's time to teach I have to tone it down a little bit, because I like to be loud, and try and get my students to understand the material that I find so interesting. Then I go out and coach football for the night

the new school-record holder. I ended up breaking [the record for the mile] by seven seconds," Engel said.

Senior Jonny Cope also shared his favorite memory, which is when the team travelled to Salisbury, Md. two years ago. He liked being with the team, and they had a good opening season at the time

Both stated that their season ending is a "bittersweet feeling," and it has not fully hit them yet.

Cope said, "Thankfully, in a

which I love to do and is a passion of mine.

Garlick: How is it possible to juggle these three roles? Do you find yourself being consumed by one or two of them?

"All of my titles are interconnected. I believe that each one helps me be better at the other."

—Mike Moronese '15Health and Exercise Physiology Lecturer

Moronese: It most certainly isn't easy having to balance the responsibility of multiple positions at Ursinus. However, all of my titles are interconnected. I believe that each one helps me be better at the other. By being able to strength train, I have also learned to periodize, progress and cater to various needs of my position groups during the football season. I've also been able to help more players on the team. Teaching has allowed me to re-touch base on many concepts that I need for grad school and the way I communicate has been able to improve due to having to adopt a more traditional teaching model, rather than just using cues like I would in the fitness center.

Garlick: Which of the three, if any, do you enjoy the most?

Moronese: Between teaching, coaching football, coaching strength/condo, working as an

sport like cross-country, we still have the indoor/outdoor track season before ending our time in the program. [Then] the emotions will hit me a lot harder!"

Some seniors have already begun to feel the emotions. Women's soccer player Kailey Ryan is sad that this was be her final season at Ursinus, if not overall. She took away a lot from her college experience on the soccer team and has many memories from soccer

Ryan said, "I enjoyed the friends I met that I became so

Equipment assistant and Administrative Assistant, it's hard to pick a "favorite." Each one teaches something different and allows me to learn more about the department, as well as various life lessons. However, I would say I enjoy Coaching Strength/Condo the most. Every opportunity to help over 500+ student athletes is a big one, but it's also very enjoyable.

Garlick: What advice would you give to students looking to go into a strength and conditioning career?

Moronese: My biggest advice to any students looking to follow a similar path would be: don't be afraid to be uncomfortable in your eternal pursuit of growth. This profession involves a lot of communication with people you may not know so well, asking questions that may seem silly, and embracing some less than ideal situations (whether it be financial, or facilitative). The more comfortable you are in uncomfortable situations. the better you can convey your passion to help others, as well as your ability to think/perform.

With the amount of responsibility that one man has for preparing multiple sports teams to perform at the highest level, educate college level students in a four-credit



close to. The team made the whole [playing] experience, and getting through the highs and lows, so much better. My favorite memory was making it to the Centennial Conference playoffs my freshman year. Although we didn't make it to the finals, it was still an awesome experience."

Congratulations to these seniors for maintaining the role of an athlete all four years, while simultaneously being a college student. Their athletic careers may be ending but greater things are

Scores as of Monday, November 12

Football (7	'-3)	Volleyball (10	0-18)	Field Hockey	y (12-6)	M. Basketbal	II (1-1)	W. Basketba	II (1-0)	M. Swimmi	ng (3-1)	W. Swimmin	g (4-0)
November 10:		October 23: Washington College: Ursinus:	3 0	November 3:		November 9: Ursinus: Roanoke:	72 64	November 10:		November 10:		November 10:	
Ursinus: 31 Dickinson: 0		October 25: Elizabethtown: Ursinus:	3 0	#19 Ursinus: #11 Johns Hopkins:	0	November 10: Ursinus:	69 70	Alvernia: Ursinus:	28 80	McDaniel: Ursinus:	41 139	McDaniel: Ursinus:	43 130
		October 27: Bryn Mawr: Ursinus:	0 3			Messiah:	79 :1						

SPORTS

DAVID MENDELSOHN

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McDaid makes Ursinus Cross Country history

Sam Rosenthal sarosenthal@ursinus.edu

Do you have the guts to go the distance? The battles a cross-country runner faces in every race take endurance, courage, and a unique ability to will themselves over the finish line. For Ursinus runner James McDaid, it's an extreme sport.

McDaid said, "...it's not just about running in a circle, but it's about not falling asleep when no one's watching you in the trails, and not letting that runner drop you on the toughest hill you've ever run on."

Training for cross-country is challenging, and the commitment is intense. College level cross-country runners take on 8-kilometer courses. They sometimes

do it on rough terrain, steep hills, and cold weather. The difficult conditions provide some of the best training opportunities for runners.

"I believe that the best way to get better at running is to accept that there is never a bad time to run, meaning you'll have to learn to run through snow, or run on very hot days, or wake up at 5:30 to get in 20 miles before getting to work at 9am. Sometimes you just have to forget about your watch and forget your goal pace and just run as hard as you can." McDaid said.

Cross-country is also a very psychological sport. Not just in the ability to push yourself, but in the way you intimidate others with your confident running. Speeding up when an opposing runner is slowing down can deter their ability to keep pushing.

"It was just about who wanted the spot more. My only regret is not making a move earlier and getting [ahead of] one or two more guys!"

James McDaid
 Class of 2020

"With less than 600 meters to go, I was fighting for the 14th spot, and I knew with the terrible conditions and the beaten up course that it would be a guts race, and it was just about who

See McDaid on pg. 7



Photo courtesy of David Morgan/Stylish Image

Junior James McDaid became the first Ursinus runner to earn All-Centennial Conference honors when he finished in 14th place overall at the Conference Championships at Haverford.

Photo courtesy of Ursinus Communications

Mike Moronese '15 tallied 94 tackles during his playing career at UC

Q&A with Mike Moronese

Tommy Garlick togarlick@ursinus.edu

In today's world of rapidly evolving techniques for training athletes, one of the must-haves for colleges across the country is a strength and conditioning coach. For many years, Ursinus College was without this key asset for improving athletic programs, but now athletic director Laura Moliken has put two men in charge of overseeing all athletic training on campus. Eric Hoffman and Michael Moronese are the new strength and conditioning coaches at Ursinus, and they help train

multiple different sports teams on campus.

Moronese is very busy on campus. Along with being a full-time strength and conditioning coach for a number of different sports teams, Coach Mike can be found out on the football field with the defensive line, and in the classroom where he teaches a fourcredit class called conditioning (HEP 220). His time management skills may have been developed when he was playing defensive end for the class of 2015 Ursinus Bears, for which he was a team

See Coach Mike on pg. 7

Upcoming Games

Tuesday Thursday **Friday** Saturday Sat. Cont. Sat. Cont. **Friday** Men's Basketball: Men's Basketball: 5:30 p.m.: TBA: Women's Basketball: Football: vs. TBA 6 p.m.: vs. St. Lawrence Swimming: (@Scranton, Pa.) 1 p.m.: 1 p.m.: (@Scranton, Pa.) vs. Haverford @Misericordia @Gettysburg Centennial/MAC Bowl Women's Basketball: Women's Basketball: Men's Basketball: 8 p.m.: 7:30 p.m.: TBA: vs. Vassar vs. TBA vs. Haverford (@Arlington, Va.) (@Arlington, Va.)