Authors
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The Residence Life Office at Ursinus College recently welcomed Michael Thompkins as a new Assistant Director, managing Main Street. Since July, Thompkins has been assisting and supervising the 15 resident advisors who oversee the 23 Ursinus-owned houses on Main Street.

T Thompkins graduated from Towson University in 2014 and he feels like his alma mater is in some ways similar to Ursinus. Although the schools are vastly different from one another when it comes to the size of the student body -- Towson has approximately 18,000 students while Ursinus is more in the range of 1,500 students -- the passion and pride students feel towards their school are one and the same.

T Thompkins explained that one reason why he likes Ursinus is because of “the pride that most students have about being a UC Bear.” Most students on campus are involved in a variety of activities and Thompkins feels like these organizations would not be the same without students being so involved. Coming from a household in which he was an only child, Thompkins enjoys working in the Resi-

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Ursinus College will continue to expand its efforts to recycle and maintain its streak of being named a landfill-free institution by the Environmental Protection Agency.

Recently, the school launched a relationship with a new recycling and waste vendor, J.P. Mascaro and Sons. The Director of the Sustainability Office and class of 2005 alum, Kate Keppen, discussed how the company was chosen. As a director, she and the Facilities Department wanted to hear from students who are Sustainability Fellows on campus.

“Ultimately, the expanded recycling services, the ability to continue our waste-to-energy initiative, and the community commitment of J.P. Mascaro were the deciding factors,” she said. “One thing in particular that we felt was important was to continue diverting our waste from landfills and instead send it to incineration plants that convert the waste to energy.”

In 2017, Ursinus earned a spot on the Princeton Review’s Green Colleges list. The nomination is determined through the “Green Rating” score which ranges from 60 to 99. Institutions that receive over an 80 Green Rating were included in the list.

This past year, Ursinus College was #358 on the list of top green
people will often incor-
rectly put the item in the 
recycling bin and hope 
that it will be recycled. 

“Honestly, if you are 
unsure about something, 
put it in the waste bin. I 
know this advice sounds 
odd coming from a 
sustainability advocate, 
but what happens when 
we ‘hope-cycle’ is that 
the recycling stream 
becomes contaminat-
ed with items that can 
not be recycled and it is 
critically important that 
our recycling contains 
actual items that can be 
recycled,” she said.

Keppen stated that if 
any item contains food 
such as paper towels, tis-
sues, paper, foam cups, 
and more should be 
thrown in the trash bin. 

Since the time she 
gr graduated and came 
back, Keppen has seen 
a fast change in the 
school’s efforts to be-

come more environmen-
tally aware. The Office of 
Sustainability didn’t exist 
when she was still a stu-
dent at Ursinus and the 
organic farm didn’t start 
until the year after she 
gr aduated. It wasn’t until 
students kept expressing 
interest in implement-
ing sustainable projects 
on campus and in 2007 
when then President, 
John Strassburger, 
signed the American 
College and Univer-
sity Presidents’ Climate 
Commitment which 
committed the school to 
create a plan to become 
carbon-neutral. These 
two occurrences aided 
the formation of the Of-

cice of Sustainability.

Keppen says individ-
uals should think about 
their own actions and 
how it can ultimately 
 affect the planet.

“Recycling and waste 
reduction helps the 
College meet its carbon 
neutrality goals, but ul-
timately, it goes to show 
that something that is 
not really talked about 
on a day-to-day basis 
can really affect how we 
want to live together as a 
community,” she said.
Celebrating Ursinus’ 150th birthday

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This past weekend Ursinus celebrated its annual Homecoming and Family Weekend. What made this year’s celebration different from that of years past was that it also marked the school’s sesquicentennial, or Ursinus’ 150th birthday.

Family Weekend events kicked off on Friday morning with open classes from 8 am to 1:30 pm. The subject of these classes included economics, math, biology, history, and Japanese.

Like homecomings before, Saturday featured a flurry of events hosted on campus which included a barbecue, reunions, athletics, exhibits, and tours among other things. Sankofa Umoja Nia hosted their annual Cafe Nia, which featured dance performances.


On the scoreboards, Ursinus athletics largely missed their opportunity to capitalize on the energy and atmosphere provided by the day.

Women’s soccer endured a tough 1-0 loss to McDaniel after a late goal in the second half.

Women’s volleyball lost to Goucher, 3-1, after a hot start that enabled them to win the first set, but subsequently lost momentum and the following three sets.

After an exciting back-and-forth match between Ursinus and Juniata, the football team was handed its first loss of the season by a score of 44-38. After ending the first quarter with a narrow lead, Ursinus wasn’t able to completely answer Juniata’s offense.

Women’s field hockey, however, earned cause to celebrate by thumping McDaniel and extending their winning streak to five consecutive games. The no.11 ranked Bears went on to record a shutout after scoring five goals in the opening quarter.

During halftime of the football game, the results from the Homecoming Court elections were announced. Seniors Jamir Mallory and Kye Brewer were crowned homecoming king and queen. Mallory reflected on winning the award. “Saturday was a different kind of feeling, to see all of the love and support, prior to my name being called and after, it warmed my heart to see the amount of support that I have on this campus.”

A less talked about aspect of Homecoming celebrations is what they leave behind. The following day, evidence of Ursinus’ 150th was strewn about campus. The gravel lot adjacent to the football field was littered with trash, and a large hole had appeared in the bathroom of Ritter closest to the football field.

Thompkins explains that the Residence Life Office is always there to encourage people and “help [them] stay on track while remembering their goals.”

Aside from his job on campus, Thompkins is still exploring Collegeville and is eager to learn more about the Ursinus community. So far, he enjoys going to the gym, eating pasta at Upper Wismer served by Chef David, and sitting on the lawn in front of the Berman Museum. His hobbies are traveling to new places and playing various instruments such as the saxophone, piano, and currently teaching himself how to play the guitar. He is excited to further learn about nearby sites off campus as he continues his journey at Ursinus.

Tune in for more news regarding the Residence Life Office such as the “Main Street Take-Over Week” and follow their Instagram page @ursinusreslife
U-Imagine starts business workshops

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The U-Imagine Center is starting a new initiative to help students on campus build business skills by providing bi-weekly entrepreneurial training sessions. In an email sent out from the U-Imagine Center, it is explained that these training sessions will take place during common hour. The sessions “will be open to all students and will cover a variety of concepts important to entrepreneurship such as public speaking and creativity.” Maureen Cumpstone, Entrepreneur-in-Residence at U-Imagine, clarified that the training sessions are “a student-run initiative.”

Junior Shannon Blessing and other students at U-Imagine shared how they think students who are interested in entrepreneurship would benefit from the bi-weekly training sessions. “Students can benefit from basic skill building tasks that are necessary to take an entrepreneurial thought or action to a higher level,” the students responded collectively.

The training sessions are a great way for students to prepare to take part in U-Imagine’s other projects and initiatives across the school year. As the students at U-Imagine went on to explain, “It gives them a snippet of what the U-Imagine center provides and the resources that we have to further develop an idea, social project, or initiative. These snippets are also able to provide an insight to the bigger projects we put on each year such as Bear Innovation, JumpStart, Digital Spark, and Rock a Thon.”

Blessing and the U-Imagine students discussed what the training sessions would include. “We have drop in hours and hours by appointment as well as these training sessions. The workshop and skills have a broad application so they are helpful in developing entrepreneurial mindset but they can also help students in whatever path they choose, such as promoting one’s self. These workshops are useful for developing soft skills needed in today’s world. This center works [at] no cost to the students and is completely student initiated.”

Our slogan for this year’s projects are ‘Passion to Action, Big Dreams Small Steps’, allowing students to feel comfortable coming into the center with any stage of an idea.”

Various skills and topics will be touched on throughout the sessions. The training sessions started on Sept. 18 with a LinkedIn workshop. The next session, focused on how to run a meeting, will be on Oct. 2, followed by website design on Oct. 23. There is a video workshop on Nov. 6, how to make a business plan on Nov. 20, and alumni stories on Dec. 4. If you are interested in these training sessions, contact the U-Imagine Center for more information.

WRITE YOUR VOICE TO THE GRIZZLY

Join us for our weekly news meeting
Thursdays, 5 p.m.
Ritter 141

@URSINUSGRIZZLY
UCARE offers voter registration

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With a presidential election coming up in 2020, students have an opportunity to register on campus to vote. With the help of the UCARE center, students now have the ability to register here in Collegeville, or they have the option to register to send an absentee ballot for their home address.

Katie Turek, the associate director of UCARE, says, “Last year, we [along with our faculty partners] were able to register 200+ new voters on campus.” Four million people turn 18 every year, and they are among the eligible citizens least likely to cast ballots.

We asked students their thoughts on registering to vote with UCARE.

Senior Margrethe Leis is someone who has participated in all elections she was eligible to vote in, including ones that are local to her home. Leis states, “I think that UCARE makes registering to vote really simple, and if you have any questions they do a really good job of helping you.”

Sophomore Oliviah Rachel also thinks it is important to vote. She states, “You are still able to voice your opinion about where you stand politically.” Many students like to vote in their hometown elections, but for students that come from out of state, registering to vote at a Collegeville address might give them the opportunity to cast a vote in a swing state.

Sophomore Stephanie Chell hopes more students will take advantage of the opportunity to make their voices heard. Chell states, "I hope that more students will vote because not enough young people voted in the last election, so it is important that more voices are heard.”

UCARE voter registration will continue in Olin Plaza through Oct. 7, 11 a.m. to 1 p.m. with the hope of encouraging more students to register to vote or fill out absentee ballots.

The next Pennsylvania election will be held on Nov. 5, and those registered at Ursinus can vote at the Kaleidoscope. On the ballot are a new Judge for PA Superior Court, judges for the PA Commonwealth, and a new ballot measure to add Marshy’s Law Crime Victim Rights Amendment to the PA Constitution.

The UCARE registration table in Olin Plaza, Courtesy of Jenni Berrios

<table>
<thead>
<tr>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
</tr>
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<tbody>
<tr>
<td>The Bear Crawl</td>
<td>Chemistry Seminar Talk</td>
<td>IIE Academic Bootcamps</td>
<td>Equity Rosh Hashanah Dinner</td>
<td>Si Se Puede! Speaker Series</td>
<td>“Spiritualit-Tea”</td>
<td>Winter Break Externship Process Made Easy</td>
</tr>
<tr>
<td>3:30pm - 5:00pm</td>
<td>12:15pm</td>
<td>4:30pm</td>
<td>7:30pm</td>
<td>7:00pm</td>
<td>7:00pm - 8:00pm</td>
<td>12:00pm</td>
</tr>
<tr>
<td>Myrin Library</td>
<td>Pfahler Hall 208</td>
<td>Institute for Inclusion and</td>
<td>Hillel House</td>
<td>IIE</td>
<td>Super House</td>
<td>Bears’ Den</td>
</tr>
</tbody>
</table>
How studying abroad has been rewarding

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Living in the Czech Republic has been somewhat difficult for me so far. Of course, being in a new place comes with some unexpected feelings of not understanding one's surroundings. My difficulties have involved some additional issues with housing, an eye injury, and finding an internship.

Annoyed yet still pushing through and putting on a brave face, I reminded myself that problems like these are part of the experience of studying abroad. And honestly, those issues have not been so bad as to make me angry or upset. If I really think about it, these aforementioned issues are also problems that I could face back home.

On the other hand, the public transportation here has been my best experience yet. I love taking the tram or metro and just sitting there on the ride, watching outside the window to familiarize myself with the different stops and places. It is even better when I alternate between the metro and tram to get to my destination.

There are many places to visit, and whatever leisure time I have to myself I make sure I take advantage of. I can boast now that I have almost navigated my way around Prague without the need of a GPS.

The other highlight in my experience so far is my courses. Similar to Ursinus, the classes here are small and involve interaction between the students and professors. This allows me to be more engaged and interested in the lectures, even though the classes themselves are already engaging in their own right. “Uses and Misuses of Propaganda in European Films” and “Czech Cinema” are my two favorite courses, not just because I love film but because I love learning the themes of the films and how they have shaped European culture over time.

I have no doubts about my decision to spend time here in Prague. There have been some difficulties, for sure, but it’s nothing I feel I can’t handle.

And the simple pleasures of public transport and the rewards of studying film make the risk more than worth the reward. Studying abroad in Prague has been rewarding for me, and I feel that more travelling and sightseeing will make it even better.

Photograph Courtesy of Courtney Duchene

Sesquicentennial fatigue is soon to set in

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We, the assembled student body of Ursinus College, are scarcely but one month into the new semester. For some of us, it has moved very quickly; for others, I can imagine it has dragged on with terrible slowness; and for others still, they might not even remember that they are at a college. But there’s one thing that unites us, or at the very least is meant to unite us: the fact that without us – our passions, our tenacity and drive, and our parents’ money – there would be no Ursinus College.

This is a particularly significant year because it marks the 150th anniversary of Ursinus. The school is going all-out to celebrate this particular anniversary, probably because none of the numbers between 100 and 200 sound as impressive as 150. We’ve already seen a handful of events commemorating our sesquicentennial anniversary, and still more are coming down the pike.

I have no doubt that some of the sesquicentennial celebrations, which are planned to occur throughout the remainder of the school year, will be fun and engaging. But on a campus where most of the student body can’t even make it to the first week of December without collapsing into vaguely gelatinous piles of exhaustion and self-doubt, one wonders how the administration plans to milk an entire year’s worth of interest out of the fact that our institution is slightly older than Marcel Proust, Rosa Luxemberg, and the invention of the fireman’s pole.

The obvious answer would be to create events that engage students, that encourage them to explore the history of the campus around them and ponder their place in the grand scheme of it all. But, knowing the school’s predilection for branding and image-conscious attempts at marketability, I am skeptical that the need to create events like this will be met.

I think it’s genuinely cool that the school is doing things like staging a performance-art piece or putting together a fun play about our history, but it’s also very telling that these projects get the green light and Ritter, a building ostensibly meant to serve as the arts and humanities hub of Ursinus, is in such disrepair and dishevelment that it’s become a meme amongst the student body. Our campus is populated with underpaid service workers and debt-ridden students — several of whom happen to moonlight as underpaid service workers.

Ursinus isn’t perfect, and no institute of higher education truly is; but if the powers that be wanted to make Ursinus College’s 150th year the most memorable of its existence, they’d put effort into making the lives of their students the best they could possibly be.
been here, I feel this year is our best shot to make a run at the playoffs.”

Each of the women’s soccer teams’ wins have been dominant performances. The team beat Keystone 5-0, Stevenson 1-0, and Penn State Brandywine 3-0. Throughout these three wins, they registered 40, 14 and 27 shots, respectively. However, Sanchez admitted, “We still have a lot of work to do before conference play.”

The back line of the defense is lined with Gracia DiBianco and Isabel Dalesandro on the outside while Zoe Tesone and Kayla O’Malley hold down the inside. With the exception of the freshman Dalesandro, the last line of defense has built up some chemistry since the start of the 2018 season when they started playing together. Captain Angela Gervasi believes “team chemistry is something we pride ourselves on. All 32 players know their roles and execute them.”

In a recent game against Montclair St., they lost on a buzz-beater in double overtime. The video of the goal was sent in to the NCAA for further review. The Bears are looking to get a big win this weekend to start off conference play at the top of [the] standings. We are really excited to be tested, and excited to start conference play.”

It didn’t work out, unfortunately, as the Bears fell to McDaniel 3-1. But the season remains promising.

The Bears looked to turn this remarkable start into an unforgettable season by making a run at the Centennial Conference playoffs. Even though they lost this past Saturday 0-1 to McDaniel, the defense held strong, stopping four shots on goal, with Doherty tallying two saves.

Scores as of Monday, September 23

<table>
<thead>
<tr>
<th>Football</th>
<th>Volleyball</th>
<th>Field Hockey</th>
<th>M. Soccer</th>
<th>W. Soccer</th>
<th>M. Golf</th>
<th>Cross Country</th>
</tr>
</thead>
<tbody>
<tr>
<td>Juniata 44 vs Ursinus 38</td>
<td>Marywood 3 vs. Ursinus 2</td>
<td>McDaniel 0 vs. #11 Ursinus 6</td>
<td>Ursinus 1 at McDaniel 3</td>
<td>McDaniel 1 vs. Ursinus 0</td>
<td>Men’s at Ursinus Invitational 3rd of 10</td>
<td>Men’s at Osprey Open 5th of 21</td>
</tr>
<tr>
<td>Pen State Brandywine 3 vs. Ursinus 1</td>
<td>McDaniel 3 vs. Ursinus 1</td>
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<td></td>
<td></td>
<td></td>
<td>Women’s at Ursinus Invitational 7th of 7</td>
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</tbody>
</table>

Juniata 44 vs Ursinus 38

Marywood 3 vs. Ursinus 2

McDaniel 0 vs. #11 Ursinus 6

Ursinus 1 at McDaniel 3

McDaniel 1 vs. Ursinus 0

Men’s at Ursinus Invitational 3rd of 10

Women’s at Ursinus Invitational 7th of 7

Men’s at Osprey Open 5th of 21

Women’s at Osprey Open 9th of 21

Julia Ewing, Photograph Courtesy of David Morgan
**Sports**

**Stout defense stands tall for Women’s Soccer**

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For the first time in program history, the Ursinus College Women’s soccer team started its season with four consecutive shutouts. This impressive feat was led by junior goalkeeper Sabrina Doherty, and the team has maintained a solid defensive strategy. When there is a shortage of offense, Doherty is a trustworthy teammate between the pipes.

Doherty, the two-time All-Centennial Conference Honorable goalkeeper, has helped guide the team to a 3-1-1 start. In front of the goalkeeper, the women’s soccer team is led by captains Cailey Sanchez, Angela Gervasi, and Zoe Tesone. “Our strength is our versatility. Soccer is an injury-prone sport and we constantly have people moving around and stepping up to keep a strong core.”

The Bears started their season 2-0 for the first time since 2015 when they ended their season with a loss in the semi-finals of the Centennial Conference playoffs. Sanchez believes they can reach the playoffs again this year. “In the four years I have

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**Men’s Soccer off to a promising start**

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The Ursinus College Men’s Soccer team has started the season off strong with a record of 3-2, capturing their first three wins versus Albright, Gwynedd Mercy, and Neumann.

Senior defender and three-year captain Colin Klingman was a huge contributor to two of these wins, scoring two penalty kicks against Albright, bringing the score to 5-0 Ursinus, and putting away his third PK of the season against Neumann to solidify a 3-1 win. Klingman shared, “Team goals for our team this year would be getting our first conference win in the last four years.”

With their already winning record and a strong freshmen class, a conference championship doesn’t seem too far out of reach.

In addition to a conference chip, Klingman said the team has set a goal to “finish mid-table in the conference, and [get] to our first conference tournament in the history of the soccer program. Our last team goal would be to finish at least .500.”

The Bears started off the season off 3-1, a feat Ursinus hadn’t accomplished since 2005, which gave the team a lot of confidence. “We had a mindset that we can have a successful

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**Upcoming Games**

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<tr>
<th>Date</th>
<th>Event</th>
<th>Opponent</th>
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<tbody>
<tr>
<td>Saturday 9/28</td>
<td>Football at Moravian</td>
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<td>Sat. Continued</td>
<td>Field Hockey at Gettysburg</td>
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<tr>
<td>Wednesday 10/2</td>
<td>Men’s Soccer vs. Swarthmore</td>
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<td></td>
<td>Women’s Soccer at King’s (Pa.)</td>
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<td></td>
<td>Women’s Volleyball vs. Gettysburg</td>
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<td>Men’s Soccer vs. Washington College</td>
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See W. Soccer on pg. 7

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**See M. Soccer on pg. 7**

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**Griffin Bower, Photograph Courtesy of David Morgan**