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"Project XOXO" Brings Love to UC Campus this Valentine's Day
New Member Education is in full swing at Ursinus College. It has been only a week since it has started and already there may be some problems. Traditions in the Greek organizations are very important and one of which is taking the new members outside to the athletic fields to perform certain activities. Unfortunately, after this year this will not be possible.

Brian Thomas, Ursinus' Athletic Director and head baseball coach, is worried about Greeks damaging the athletic fields during the education process. Right now, he is raising the flag for New Member Educators to be careful about what they do. The signal for him to say something was the tracks leading all over the new baseball field in the shape of a heart and letters. He said it appeared as if a group of people were shuffling their feet, and he does not want any damage done to the new field, which is covered in new sod. This is not the first time the fields have abused.

Several years ago on the soccer field, the Athletic Department discovered a trench approximately 20 yards in length, which looked as if people were sliding through the mud. In the spring, lacrosse is played on that field, and the department had to spend money to fix the problem. Car tracks have also been seen on the fields, and that causes a problem with bricks.

Student body was taken aback.

Problems with New Member Education

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Over Winter Break, a group of about fifteen Ursinus College students went to Washington DC to learn more about various countries in an attempt to better represent the college at the National Model United Nations conference in March. The trip was open to those students participating in the Model UN class, as well as students who had worked on Model UN in the past. They were accompanied by Ambassador Joseph Melrose, professor of International Relations.

The purpose of the trip was to teach the students about certain countries' governments and policies, especially Bhutan and Iraq, countries the group will be representing at the March conference. On Wednesday the students went to the Capitol building and met with Ursinus College alumnus Aaron Ranck. He talked with the students about working in the Capitol and about the United States Legislature. After the discussion, the students were taken on a private tour of the Capitol building. Later that evening, the students met with Ranck and UC alumnus Sue Falkowski, as well as employees of the United States Defense Intelligence Agency. According to senior Kyla Mochamuk, they told the students about their experiences in working for the federal government and about employment opportunities within the government and other political science positions.

Thursday the students had a jam-packed day. In the morning, the students attended a meeting held at the State Department. They listened to a specialist on Bhutan speak about the country and its foreign policy. Next, they met with the political directors for the development of Iraq, and later a representative met with the students about opportunities for work in the State Department. They also discussed potential scholarships and internships within the department.

Thursday afternoon the students went to the Iraqi Embassy. There they met with the Deputy Ambassador and another embassy employee about the changes taking place in Iraq. They spoke specifically on the efforts for carrying out the elections within the Iraq and the surrounding countries. After that discussion, the students visited the International Medical Corps (IMC). The IMC, according to Mochamuk, is a non-government organization which provides medical care in countries after disasters, including not only natural disasters but war. There they learned of the steps the organization was taking to combat the destruction caused by the tsunami in southeast Asia.

After an intensely packed couple of days, the students were finally able to relax and do some sightseeing in Washington. On the group's agenda were the new Spy Museum, the Holocaust Museum, as well as the traditional Washington DC monuments, such as the Lincoln Memorial, the Vietnam Wall, and the Washington Monument. The trip was a great success, and now the students are ready to tackle their next conference—the National Model United Nations!

Wismer music makes a come back

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Wismer once again has music playing during meal-time hours. A lot of the Ursinus student body was taken aback by the elimination of music in Wismer. The grounds of removal were determined by complaints from students and faculty. Coplaints varied but most concerned the inappropriateness of music and the non-conducive social atmosphere that was created due to its loudness.

Now, after much lobbying by the DSAC, the music is back. DSAC is an organization run by students regarding dining services. To get the music back they launched a petition on blackboard that compiled over 350 music supporters. To weed out the inappropriate music, they decided on two stations that would be welcomed by students. These stations are the elite 97.5 and 102.1. The sound levels are controlled by the dining services staff to ensure a "socially conducive" atmosphere.

Although the music is back there are still some mixed emotions on music selection and sound level. Avid Wismer-eater Adam Longino complains, "The music is too loud, there is never anything I like and it makes it harder to talk to my friends." But there are some students who feel that the music adds a relaxing atmosphere whether they are sitting with their friends, or quick grabbing breakfast prior to their first class. Scott Roesch, a senior at Ursinus, says "the music is soothing to my soul; it makes dinner taste a little spicier." If you feel that the music being played is not appropriate or if you love grooving while getting your meals then let either Nicole or Jason know your thoughts.

He also mentioned the amount of trash that accumulates during New Member Education by the fields.

He is disappointed in the amount of empty beer bottles and cans his staff finds on or around the athletic fields during this time of year. Four to five cases of beer plus other debris that looks bad not only for current Ursinus students, but also new recruits that tour the fields. While he does not believe that the "educates" are imbuing, possibly Greek members and their alumni are.

Coach Thomas is not trying to hurt the Greek organizations, he just wants them to respect Ursinus property for the good of everyone. "Be accountable and be responsible" says Thomas. Greek organizations should stay on the perimeter of the fields and clean up after themselves. This is the last year that the athletic fields will be open to use for New Member Education.

The athletic fields are not the only problems that have arisen. New Members are also banned from bringing buckets and wearing "back tags" within Wismer dining hall.

If you have any questions or concerns about New Member Education, feel free to contact the Student Activities Office (SAO) located off of Wismer Lounge.
Ursinus Students sprint into SPINT housing

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The spring semester has sprung, and so has the annual Ursinus College student-housing process! The Resident’s Life Staff started the traditional ‘selection-of-rooms’ this past week by showcasing the seven Special Interest Houses with available rooms for the 2005-2006 school year. ‘Open Houses’ were held at all seven of the houses: Cloake (science house), the Art House, Zwingli (liberal arts/non-alcoholic), Hobson (community service), Musser (the international house), Wellness, and Umoja (cultural). Eligible students were able to not only view their potential living quarters, but to talk to current residents as well. According to senior Laura Bickert, Assistant Resident Director of Special Interest Houses, students interested in Special Interest Housing are able to apply to a maximum of three Special Interest Houses. “They then go through an interview process with the House Coordinator of the house to which they applied.”

Once chosen to reside in a specific Special Interest House, claims Bickert, “Students receive money...to plan projects with their housemates that relate to the theme of their particular house”. Projects range from things such as the mural in Wismer Lower Lounge (Art House), Belly dancing lessons (Umoja), Science study sessions (Cloake), Chinese New Year celebration (Musser), Yoga study breaks (Wellness), to trips to the PA Renaissance Fair (Zwingli) and Operation Shoebox (Hobson). All students are required to organize their own project, as well as attend fellow housemates’ projects.

“I love the Special Interest Housing community here at Ursinus,” says House Coordinator Anna King, “It’s a great opportunity to do projects without paying for them yourself. It’s also a great opportunity to bond with the people you live with.”

A Special Interest Housing Room Lottery is scheduled to occur before that of the general campus room lottery, so students will be aware of their possible Special Interest Housing placement before the general student body room lottery selection process. “I think some of the advantages to living in a Special Interest House include being in a separate room lottery than the rest of the student body,” states Bickert. “This gives you a smaller pool and a better chance at the room you want.”

Students interested in Special Interest Housing are urged to pick up an application to the house(s) of their choice in the Residence Life Office in Corson Hall. All applications and re-applications to SPINT housing are due FEBRUARY 18, 2005 to the Residence Life Office. If you would like to learn more about one specific SPINT house, contact Res Life or the respective House Coordinator.

Leaders wanted: Do you have what it takes?

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Followers need not apply.

An approaching deadline could spell an endless list of opportunity for freshmen this year. Sitting across from the imposing figure of Dr. Houghton Kane, I feel stabs of jealousy that I personally was not involved in the Leadership Studies program. His pride in the program and the students of the past fourteen years comes through his stories as he tells me about the upcoming year.

Organizations such as Best Buddies and even the women’s soccer team have roots in Dr. Kane’s Leadership Studies program. Freshman with a strong academic background and a healthy interest in leadership are encouraged to apply. The program involves a semester-long course taught by Dr. Kane that teaches leadership theories and how to apply them with a special focus on community involvement and American democracy.

During the summer, accepted students will embark on a four-day-long training session that provides a variety of outdoor activities. Dr. Kane says that this is the most fun for him personally. “You get to know students really well because it’s not just a classroom experience but you go hiking with students, you go rafting with students, you camp out with students, you get to know students in a more total way as human beings than you would normally in a classroom setting,” Dr. Kane says when asked about some of the rewards of teaching the program.

Sophomore Julia Lickfield, a current student in the class applying to be an intern for the next session says, “It opens up different opportunities. It’s a great résumé builder and always looked upon positively."

Dr. Kane often sees changes in the students of the program, especially those that take it very seriously. “Most of the students that are serious about it that really want to get involved really do change a lot," he confides.

Do not be afraid to apply to the program, especially if you are highly motivated and interested in community service. Leadership Studies students focus their attention on a project that is meant to be carried on long after the classroom portion ends. Lickfield, along with several other students, is attempting to bring a chapter of Habitat for Humanity to UC.

Other projects proposed by the current class include an SAT preparation program for local schools, a program that works in drug rehabilitation centers, and WeCan (Care About the Nation), which advocates peace and justice.

Former Leadership Studies students have gone on to be valedictorian and nearly always hold an esteemed position in the Ursinus community. “We take people that already have their act together and help them make that act better,” says Dr. Kane. “We pick the best people to start...so we’re going to end up with a bunch of winners,” he tells me.

Applications are due by March 4th and can be handed into Dr. Kane or the politics department. The program is open to freshmen.

A special Grizzly thanks to Meg Bickel & the Art House for all of their hard work in making Valentine's Day Hearts for the Ursinus Community!
Features

Sexual physical fitness

Physical fitness is an important aspect of life and is necessary for good health. It stimulates the muscles of our body creating better tone, strength, increased energy, and it serves our emotional health by boosting self-confidence.

After returning from the fitness center with this in mind, I began to peruse through my Everything Great Sex Book in search of a topic for this week's column, and came across a section entitled "Kegel Exercises." Kegel exercises are proof that there is much more to sexual health than infection prevention and control, by emphasizing the importance of a little known muscle group called the pubococcygeus, or "PC" muscles, which create the floor of the pelvis.

After the promise of quicker and better orgasms as well as better tone I found myself enthralled with the reading and determined to provide for our humble campus proper education on physical fitness that you may have missed out on in gym class.

To obtain some more in-depth knowledge on "kegeling," I consulted the prestigious Midwest Institute of Sexology, which provides both information and instructions for the curious and beginners among us. Both men and women benefit substantially from kegel exercises. Through strengthening and toning one's PC muscles there stands to be improvement of both sexual arousal and climax, as well as other vital functions. Men who perform kegel exercises regularly will have increased blood flow to their genitalia, and thus improved arousal. Since the PC muscles control ejaculation, men who kegelled often are willing to put in some extra work with themselves will have better control over their ejaculation.

Kegel exercises also help to prevent incontinence in later years in both genders. Female kegellers will also increase blood flow to genitalia, which, similar to men, provides improved arousal. In women, kegelling strengthens the muscles along the vaginal canal, and with some extra work, women can improve both the intensity and frequency of their orgasms. Strengthening and toning female PC muscles also aids in the treatment of painful intercourse in women, conditions known as dyspareunia and vaginismus. And, if you're thinking in the long-run, kegel exercises help make childbirth easier on the body.

For those of us who can hardly pronounce pubococcygeus, let alone find the muscle group, the Institute also provides an easy exercise to locate the area to be kegelled. The next time you have to urinate, sit on the toilet (this goes for men as well), and while urinating, stop and restart several times. The muscles you are using to control urination are the same ones you will be stretching during the exercises.

The actual exercises are quite simple and effective and can be performed at any location. First, it is important that you only kegel when your bladder is empty (to avoid an unwanted accident and an unwanted scene.) Now, squeeze your PC muscles as hard as possible without causing yourself physical pain for three seconds, and see how many times you can do this without exhausting your muscles. Then it is up to you to decide what your body can handle, so you can create your own routine.

For example, try starting with three sets of five squeezes twice a week until you feel strong enough to move your regimen forward. If you work up to three sets of thirty or more strong squeezes, you have reached a healthy amount of tone, and in order to maintain this fitness, you should kegel four or five times a week instead of only once or twice.

The Institute also recommends that you vary the type and timing of the exercises (for example, varying between slow and fast clenches) because this will allow you to become more familiar with these muscles and thus better able to control them. So the next time you're bored in class and have no way to entertain yourself, simply remember the importance of physical fitness and put your youthful curiosity to work.

It's a Wonderful Life: a review

Has this ever happened to you? There's a band that you've heard about a hundred times, your friends have told you that you'd like them, and you know they're good. But you just never had the time or forethought to check them out? Well, for me, that band was Sparklehorse.

They've been on that list of albums "I will buy one day" for years now (also known as my Amazon wish list). All three Sparklehorse albums that I could find looked good, but their third album, titled It's a Wonderful Life, looked especially appealing. With guest appearances from Tom Waits and PJ Harvey, I knew I'd dig it. I finally broke down and bought it the other day, after reading reviews when I was bored. I hit "play," and was immediately really pissed off. How could a band this good slip by my peripheral vision for so long?

Mark Linkous, lead singer and mastermind behind the band, uses straight-up rock riffs and layered melodies to create detailed and musical songs that you can keep you tapping your foot. His songs range from the Conor Oberst-esque (Bright Eyes) "King of Nails," to the obviously 70's, rock inspired "Piano Fire," to the almost-ambient, 15-minute long "Babies on the Sun." His strength as a song writer really shows in songs such as "Apple Bed" (which, if you want to get a taste of the band, I highly recommend downloading). The song features the back-up vocals of PJ Harvey and is driven by a lazy bass line, supported by up-front (probably sampled) drums. Guitar and various ambient effects fill out the song nicely.

I usually hate putting music into genres, but I guess it would be helpful for those of you who have never heard Sparklehorse's music before. I guess if I had to file them at a record store, I would put them under indie-rock, or, as Allmusic.com also concluded, "lo-fi roots pop." Because of its tempo, this is good study music and great lazy day reading music. I highly recommend this album and will probably be buying another Sparklehorse album very soon.

Dress to Impress

URSINUS COLLEGE
JOB & INTERNSHIP FAIR 2005

Wednesday, February 23, 2005
**Dramaturgy: a new course for Theater**

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As the semester continues to move forward, some students are taking part in some new courses in the Theater Department. One exciting edition is THEA 270, or, as it is commonly called Dramaturgy.

What exactly is Dramaturgy? Dramaturgy is known as the study of theater, concerned especially with the writing of plays. Ursinus has introduced this concept and skill into the classroom by adding its own course on the subject into this spring semester.

Through the class, students hope to achieve the knowledge of the “fundamentals of dramaturgy and its application through production dramaturgy.” Script methodologies in script preparation and analysis, as well as research in production histories, are among some of the experiences students will gain in Dramaturgy.

This semester, the Dramaturgy class is taught by adjunct professor Dr. Lee Devin, who has had several years of experience as a professional theater artist. Devin has been a company member and dramaturge at People’s Light and Theater Company, a professional theater company in Malvern. Through the Dramaturgy class, Devin will give Ursinus students the opportunity to go to the People’s Light to meet and study these professional stage artists.

Students are also encouraged to participate in the rehearsals.

Assistant Professor of Theater Dominick Scudera explains, “The students in the Dramaturgy class are excited about the opportunities that Professor Devin has given them with exposure to the professional theater world. Devin's unique perspective to the professional theater world is particularly valued by our students.”

Dramaturgy is just a small part of what students can expect to see in the future semesters. April 12 is the purported date of the unveiling of the new Performing Arts Center. Once the building is completed, students will have the opportunity to participate in more technical theater and design courses.

Scudera says, “We will offer a class in Stagecraft which will expose our students to the variety of work in technical theater, as well as theater design courses. In addition, we will be offering the second of our theater history courses. We will also continue to offer the popular ‘Intro to Theater’ and ‘Acting’ classes.”

Although classes for this semester are now closed, interested students can register for some of these newer courses next semester. Even if a student is not a Theater major, the courses can fulfill the Art requirement for all students.

With the addition of new courses and a brand new Performing Arts Center, students can expect to see some great things in the Theater and Dance Departments.

“Our Theater courses enrich the culture at Ursinus by providing performance and technical opportunities to our students and providing productions for our audiences...our Theater and Dance Department will provide the lifeblood for this building.”

Scudera also mentions that there will be two plays performed this semester at Ritter Theater. February 23-26, students will be performing The Face in the Mirror, a new play written by Ursinus professor Philip Zwerling and directed by Prof. Domenick Scudera. In addition, Our Town, the classic stage drama by Thornton Wilder, will be performed April 13-16.

**Philadelphia gets closer for Ursinus students**

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Dean Debbie Nolan says that Ursinus wants to “shrink the distance between here and Philadelphia.” Clearly, the administration realizes that Philly is unfortunately not as close as it may seem. How exactly does Ursinus plan to get its students to the city? Recently, Ursinus won a large grant from the prestigious Mellon Foundation, which has stipulated that Ursinus must use this money within three years.

Faculty and administration met about a week ago to discuss how the grant will be used. Their number one goal is to integrate Philadelphia into Ursinus student life and curriculum, and, similarly, to make Ursinus better known in the city. When Ursinus makes its big arrival in Philadelphia, Dean Nolan and others want to ensure that students and faculty aren’t just benefiting from the city’s resources, but that they are giving something back to the city as well.

Professor Kane and others believe that Philadelphia would be a great place to explore community service projects and ideas—furthermore, they believe that this could perhaps help link Project Pericles to the city.

While nothing’s confirmed yet, those on the grant allocation panel are thinking about running a bus a few times a week from campus to Philadelphia. Additionally, Ursinus is planning on securing some type of seminar space in the city so that classes may hear speakers or hold programs there.

Dean Nolan commented that professionals from Philadelphia are often reluctant to trek all the way to Collegeville to speak to students, but if they had a seminar space in the city, these people would be much more inclined to meet with the students. Besides the regular transportation and seminar space, the school hopes its plan will link the college and the city and will help students secure internships there.

Other ideas, such as subsidies for cultural events in the city, or a membership to the International House at the University of Pennsylvania, have been tossed around. The panel is also looking into getting discounts for SEPTA.

Nolan states that she and others are in the “very beginning stages of planning,” but they want to get things up and running as soon as possible. Students should keep an eye out for developments when they return from spring break, noting the Dean. Hopefully, very soon, Philadelphia and all its many resources will seem no more than a hop, skip, and a jump from Ursinus.

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**Career Corner**

**Make the most of the UC Job & Internship Fair in Helfrich Gym on Wednesday, February 23, 2005**

The Job & Internship Fair offers you the chance to network with employers, gather information about organizations, and learn about apply for jobs and internships. It is a great opportunity if you know how to take advantage of it.

The following are some tips to help you to do so:

- **Have a plan of attack** - Review the list of organizations that will be attending the fair at [http://webpages.ursinus.edu/career](http://webpages.ursinus.edu/career). Research the organizations that are of interest to you and visit their Web sites. UC CareerNet and the VAULT Online Career Library are two great tools that can help with this research.

- **Create a résumé that stands out** - Prepare a concise, well written résumé that reflects your achievements, skills and experiences. Be prepared—bring 20-30 copies of your résumé that is printed on high-quality paper. Résumé paper is available in the Career Services Office.

- **Prepare a great 30-Second pitch** - Don’t count on having extended conversations with the recruiters. Develop a brief introduction that summarizes your background & strengths and gives the recruiter a good idea of what you are looking for. Walk up to the employer’s table, smile and establish eye contact, hand the recruiter your résumé, and launch into a powerful introduction.

- **Make a Great First Impression** - This is a professional event—dress well and look presentable!

- **Get a Business Card** - Get a card from every recruiter with whom you have a conversation. Have a pen and write facts, notes, or additional contact names on the back of the card. Use this information in your follow up with the recruiter.

- **Join us for “Connecting with Employers: Making the Most of a Job Fair”** for additional tips and information. This 20-minute video will run every day at noon during this week. See the Career Services Web site for locations.
Opinions

Speak up, it’s your right

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The First Amendment of the United States Constitution is America’s most prized proponent. Though it’s challenged often, people have to respect it.

Freedom of speech separates the United States from many other cultures in that it gives us a right to express how we feel, the way we want to say it. We can find examples of these freedoms on display on T.V., just turn on Comedy Central. In this country comedians can broadcast programs that blatantly poke fun at anything or anybody they want, even the President (especially this President). Our first amendment gives the public the right to do this, for opinions belong to people they should not be governed.

The freedom of speech gives a voice to all, even those that we would rather not hear. The first amendment protects the views of the Klu Kux Klan, NAMBLA, and even groups whose expressed agenda is the opposite of what most people would find acceptable. People have the right to express their views even if they are racist, sexist or even communist (well I guess I am stretching that last one!) I think that this is the most beautiful part of the first amendment; it gives a minority opinion the right to say what it feels needs to be said.

If not for the freedom of speech, protest and press, America would be a worse place to live in today then it is now. America’s history was changed by people who used the freedoms in America to the utmost capacity. The voices of a less favored people were used to speak against the majority opinion. Our country’s past is full of greed, hatred, and segregation, which were the seemingly acceptable way to be at the time.

God in the government: Can we escape Him?

RACHEL DANIEL
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The idea, “Separation of Church and State,” seems to have gotten blurred lately. Many people would blame this on our evangelical President, George W. Bush, whose beliefs seem to be the reason and sometimes the excuse for the actions he takes. I, however, don’t think our president is to blame.

God has been around ever since any one of us can remember. Most humans need a way to understand why they exist; they need a way to justify both the good and the bad things that have happened to them; often times they need to live for a cause. The general idea of God, or a God, usually fits the criteria.

The separation of religion and the government is only fair, it seems. The forefathers of America wanted people to be free enough to believe what they wanted to believe, and worship the way they wanted to worship.

Can we, however, really expect for the two to be completely separate? Most humans need to believe in something in order to feel like they have a purpose; many of the people in this country believe in the Judeo-Christian God. We live in a country run by mainly White Anglo-Saxon Protestants—people who have chosen to worship God. It is almost impossible to keep God out of the picture when He remains such a prevalent part of our society.

We cannot expect to take God out of the government when some of our laws are based on the Ten Commandments. We cannot expect to take God out of the government when accepted values and culture in America are based around him. The Golden Rule, for example, was probably reinforced within public schools around the country. That came from Jesus’ idea that we should love one another as ourselves.

Communism really IS for dummies

I think I speak for everyone when I say that communism is stupid. I know, why is our column called “Communism for Dummies” if we think communism is so dumb? Because it’s a hyperbolic intended for comic effect. We’re trying to say, humorously, “Man, we’re so liberal we’re practically Viet-Cong!”

But I digress. The point is that communism is a worse idea than the PT Cruiser, and that’s saying something, because the PT Cruiser is the dung beetle of the road. For starters, the only people who think communism works nowadays is whiny 15-year-olds who spend their time on online forums moping over their bossy agenda for capitalism but whose real motivation is making up excuses for not getting a summer job. Also, Marx was a hypocrite. Seriously. He was basically destitute for a good portion of his life, not because he didn’t have the means to get money, but because he kept blowing it all, which is very un-communist. He relied on his faithful sidekick Robin (er, Engels) to bail him out of tight spots, both monetarily and socially. Once, Marx knocked his maid up (yes, good ol’ “Yay Common Man Marx kept a proletariat maid) and who came to his rescue by claiming responsibility? That’s right, Captain Frederick “Lackey” Engels.

The intention of this rant is to point out that communism is a stupid idea started by a hypocrite. But communism is also dead (because no one gives a crap about communism), and he backed down and eventually resigned from his “news publication.”

Talon News. And, it is interesting to note, though it wasn’t reported in mainstream news, that many bloggers allegedly discovered that Mr. Gannon had several gay pornographic web sites registered under his real name. This is only really interesting when you consider the anti-gay stance of the “news publication” that Mr. Gannon wrote for. I guess they figured they could enjoy watching a good man on-man lap dance, provided that (Heaven forbid!) the two men weren’t married.

But you know what? At least he wasn’t a communist.

Matt and Dan are freshmen. You can reach them at mflyntz@ursinus.edu and dsargeant@ursinus.edu

Is that not another violation of the “separation of church and state” that we get so hung up about?

I don’t believe a society that has God in it is a bad thing. Forcing others to subscribe to something they don’t believe is something else entirely. As long as people exist, the belief in God will always be around. When we realize and acknowledge that God exists within our society, I believe that America stands a far better chance of having governmental policies that reach out to both those who do and don’t believe in God.
History of the Facebook

Yep, that's right, the facebook.com is history. Well, not really, but it is as far as I'm concerned. I've done the unimaginable and deleted my account. Sure, it was fun while it lasted...adding as friends all the people I see on a daily basis, weekly basis, and a few from distant schools who I haven't talked to in a while.

However, whilst looking through one of my physical friend's list of online friends, lo and behold, not only included was an individual I constantly decide as a "toolbag," but whom my friend oft scoffs as well. Then it dawned on me...this is just a big online popularity contest.

Now I had realized that fact earlier when I found myself asking my roommate how many facebook friends he had in order to compare it to my own (remember, it's not the size of your friend list, it's how you use your friends). While I am actual friends with the majority of these people, I also added just about anyone who asked to be friends. So did my sister. And so do my friends at other colleges. But I am deprived of such an opportunity at Ursinus. I feel as if I am missing out on something.

Of course a few of you out there will remember, as I do, the days when there were actually two tables in residence. But by the time I arrived, they were long past their prime. Still I played on them, because it was something I enjoyed, broken pool table or not.

Not long after, those two pool tables disappeared, and with them the game room, the last vestige of what could be considered an activities center on campus. They were replaced, ironically enough, by the Student Activities offices.

I have now spent a majority of my time at Ursinus without a pool table. And to rectify this grievous error, I have taken pen to paper (although without the pen or paper, and with the assistance of a word processor) to try to right a wrong.

I hope to fill my readers with a sense of injustice or at least mild distress. Obviously these feelings will fade quickly, replaced by questions like "what do I want to eat" or "I wonder if they'll notice I haven't read for class."

But for one brief moment, I hope you stop to realize how nice it would be to have a pool table where you and a comrade can come together, in the spirit of goodwill and friendship, and taunt each other endlessly until one of you sinks the eight ball in the corner pocket, thus securing bragging rights for weeks to come. What a wonderful place this could be.

Cam is a senior. You can reach him at cafurman@ursinus.edu.

The Ursinus scratch

I wish to address something of the utmost importance in my column this week. I don't normally like to complain. At least not in print. At least not a lot.

Anyway, I have very few problems worth ranting about when it comes to my favorite institution of higher learning (Ursinus). There is one, however, that has been troubling me for some time now. And with your kind permission, I wish to get this off my chest.

I have been to a lot of colleges in my lifetime, and every campus has shared one feature in common. And unfortunately, this one feature is lacking at Ursinus. Its absence is what keeps a great institution from being an even greater one.

I am speaking, of course, of a pool table. Just an ordinary pool table.

I enjoy pool very much. Like most of my hobbies (excluding the harmonica), I have never made the effort to become very good at it. But I still enjoy it nonetheless.

Shooting pool provides the opportunity to think in private or have a one on one conversation with someone, while participating in a good-natured competition.

In this day and age of faceless, impersonal communication like instant messenger and facebook, is it not worthwhile to have at least a few activities left where one can interact with an old friend in the flesh?

Perhaps I am just a sentimental old fool, but it seems to me something in the college spirit is lost when the lack of a pool table is felt (there is a pun in there somewhere). My father played pool when he was in college (apparently a lot). So did my sister. And so do my friends at other colleges. But I am deprived of such an opportunity at Ursinus. I feel as if I am missing out on something.

What rules the media, entertainment or information?

HUNTER BERRY

The media plays a key role in the world knowledge of the American citizen. Therefore what the media reports has a great influence on the opinions of the populace. The American media often comes under attack for sacrificing journalistic credibility in order to appeal to a larger audience. The different branches of the news media are prone to these shortcomings in a variety of ways. Within a country where most of the news outlets are independent companies, the need to sell advertising space, in order to make profits, drives the entertainment aspect of the news industry. The proliferation in television channels over the last twenty years has, among other things, resulted in a greatly increased number of news programs. Therefore, in order to attract audiences large enough to support their programs many stations have been forced into a more entertainment driven format.

As long as American news outlets, for the most part, remain unfunded by the government they will have to continue to rely on the advertising industry for a large portion of their income. On most commercial stations the evening news comes sandwiched between the evening sitcoms and dramas, and the late night sit-com reruns and entertainment shows. In order to keep the audience's attention during the news many stations have opted for formats that are becoming increasingly more similar to the shows surrounding them. The steady rise of violence on entertainment television has been mirrored by the gruesome reports often found on a nightly news report. An American audience is generally more interested in stories coming from their own areas and even more intrigued by tragedy close to home. Therefore, the amount of international coverage found on news programs in our country has been dwindling, as it is pushed out by the local car accidents and robberies that attract audiences and sell advertising time.

The inevitable result has been a decline in the journalistic integrity of our local station's news reports, as well as a vast ignorance, on the part of the American people, about many global events. The advent of channels such as CNN has returned some more information-oriented programs to the dial; however, these steps are far from rivaling the BBC world news service. The BBC provides the best example of information based news programming available on a global level. As a government funded organization the BBC is not forced into appealing to advertisers.

Without the question of funding overshadowing every programming decision, the producers are free to adhere to their own journalistic standards, and report the news on a more well rounded and global level. CNN and PBS provide the closest equivalents to the BBC news in the United States. CNN's twenty-four hours news structure limits their viewership to those interested in information, and not entertainment. Similarly, PBS receives viewer and government funding and therefore not beholden to advertising money. Information oriented news can be found from these two outlets, as well as at the BBC broadcasts on American television.

the grizzly
Sports

Track and field team headed in right direction

**MARIA DEOLIVEIRA**
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Ursinus indoor track and field has been off to a successful start under new head coach, Chris Bayless.

Coach Bayless has come to Ursinus after working three consecutive seasons at Loyola College. His career at Loyola was quite impressive. It included leading the women's cross country team into its first ever Metro Atlantic Athletic Conference (MAAC) championship, and a ranking of No. 13 in the Mid-Atlantic Region Coaches' Poll.

The year before, Coach Bayless led the team to a title at the Cross-Country National Championships. His experience and background are having a tremendous impact on the Bears.

The team has a total of twenty-six freshmen and twelve new upperclassmen that have helped propel the team in a positive direction.

**Lady Bears dominate Bryn Mawr**

**KEVIN MURPHY**
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The women's basketball team has had one thing, and only one thing, on their minds all season, and that is to win. They did just that on Tuesday, and they did it well, thrashing Bryn Mawr College 63-40.

Ursinus entered the game at 5-8 in the conference, and 9-11 overall, but have contended in each match up. The women jumped out to an early lead going on a 7-0 run in the opening two minutes.

Sarah Hennessy hit a jumper 34 seconds into the game to make it 2-0. Molly Gunthi followed Hennessy's lead by adding a two point shot moments later. Mary Kate Daley also wanted in on the scoring, and the next time down the court hit a three-pointer to cap the 7-0 run.

The Bears took their first double digit lead over the Owls with back-to-back jumpers by Tracy Maginnis, making it 16-6. Then, with 5:22 left, Hennessy completed a three-point play to cap off an 11-5 run, bringing the score to 27-11.

When asked about this year's team, Coach Bayless said, "I am extremely proud of everyone, especially for stepping up this year. I came into this year with a three to five year plan in which I wanted to get a team of one-hundred athletes. Last year the team was only composed of eighteen athletes, and currently I have sixty-three. With these numbers, I believe that by next year I can reach my original goal of one-hundred athletes. This year's team has a strong sense of team unity and team philosophies. I'm confident that these athletes, especially the freshmen, will continue to move forward and excel in the conference."

In their last meet, the Frank Colden Invitational, the Ursinus men finished sixth, while the women placed fourteenth.

On the track, the men were led by Matt Granteed, a freshman, who finished third in the 55m hurdles in a time of 8.13, giving him six points.

Freshman Brandon Evans finished second in the 55m with a time of 6.59, breaking freshman teammate Steve Stern's record of 6.60, which had been posted at last weekend's meet.

The men's 4x400 relay team contributed to the overall finish of sixth place by finishing fourth. The team consisted of Steve Stern, Matt Granteed, Chris Deleon, and Sabir Peele.

The women were also quite successful on the track. Sophomore Lynne Erickson led the Ursinus women by finishing in the top ten in the 3000m race.

Freshmen Audrey McKenna and Britiany Gilbert qualified for the Centennial Conference Championships in the 200m. Audrey placed eighth with a time of 27.90, and Britiany followed her placing ninth with a time of 28.07.

Audrey, Britiany, Perrin Moses, and Kelly Magnan placed fourth in the 4x200.

Mary Ellen Flynn led the Bears by placing seventh in the shot put, throwing 10.51m.

Matthew Terry placed second in the triple jump with 12.62m, while Brian Pendergast placed seventh with 11.99m.

"The track team has their fourth meet this weekend. The Haverford Quad, coming up on February 14th at Haverford. The team looks to continue to excel in all events.

**Murray helps wrestling team remain undefeated**

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On the verge of a perfect season, junior Eddie Murray also had the elite title of 100 wins hanging over his head in last week's meet-up against area rival Albright.

The Bears wrestling team has been nothing but unstoppable this season, and for the Lions it was no different. On February 9th, the wrestlers traveled about 40 minutes to arrive at their final destination, Albright College, for a chance to enhance their record to an immaculate 15-0.

Eddie Murray finally reached 100 collegiate career wins by pinning Brandon Boulden of Albright at 4:20. Murray has dominated the mats this season in his 125 pound weight class, and holds a personal record of 35-0.

Murray sounded both excited and relieved when he said, "It was nice to get my 100th win. Pinning the kid was rewarding, as well. I'm glad it is out of the way so I can focus on the postseason and become a national champ." Indeed, he is focused on his future goals as he climbs the ranks to the top of the nation's best.

Staying the Lions was the reoccurring theme last Wednesday night as the Bears won 8 out of 10 bouts, and posted a final score of 46-7.

From the 141 pound weight class, Sean Donahoe pinned Tyler Faux-Dugan in a time of 4:27. Sophomore Josh Sabel followed with a win by fall, defeating his opponent in 2:53 from the 149 weight class.

Zach Stewart won by a 14-4 decision against Brandon Cuffe.

With this win over Albright, the team has improved their national ranking by moving to lucky number 7 in the Brute-Adidas poll as of Thursday, February 10th.

**Dubb's digit**

45%

Ok, this week I would like to start off by giving a shout out to Brandon Evans for winning the first ever Dubb's Digit before it was even printed. In the first Dubb's Digit, I wrote that Steve Stern had set the school record in the men's 55m. However, the day after I submitted the article, Brandon decided to break Steve's record of 6.60, by posting a time of 6.59.

Now let's move on to this week's digit. The other night I was looking at last year's men's basketball stats. I noticed that the records are almost the same at this point in the season. Last year, after 21 games, they had a record of 13-8, while this year they are 12-9. I thought that was pretty impressive after losing a player of Dennis Stanton's caliber. Dennis was almost 40% of the offense last season. So I went straight to the numbers to try and find out just how the guys were doing it this year.

After some number crunching, which probably took way too long for a freshman in college, I came up with the stat of 45%. That is the average percentage increase which all the returning players upped their scoring by. The biggest increase goes to Brian McEvily, who went from 4.6 ppg to 14.1.