



2-15-2001

The Grizzly, February 15, 2001

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Recommended Citation

Cyrsky, Lauren; Reimold, Dan; Dinsmore, Quinn; Scherer, Tammy; Nageli, Cara; Antanavage, Anne '04; Berg, Brian; Noone, Tim; Gallagher, Kate; Church, Jeff; Patton, Susan; Restine, Megan; Beck, Meghan; Trucker, Jeremy; Cocca, Chris; Maroney, Padraic; and Borbidge, Becky, "The Grizzly, February 15, 2001" (2001). *Ursinus College Grizzly Newspaper*. 483.
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THE GRIZZLY

Volume 25 Issue 15

The Student Newspaper of Ursinus College

Thursday February 15, 2001

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Deadly earthquake affects students a world away

UC International students feel emotional aftershocks to Indian quake; Sophomore recalls, "weekend of hell".

Quinn Dinsmore
Grizzly News Reporter

As the devastating news of a 7.9 earthquake in India flooded the news, emotional aftershocks were felt throughout the Ursinus College campus by faculty and students.

In response to this event, College President John Strassburger issued an e-mail to the student body extending "sympathies to all those in the Ursinus community who have friends and family affected by the recent earthquakes in El Salvador and India."

He alerted students to the tragic

dimensions of the Indian earthquake and reminded "we have considerable numbers of students with Indian relatives or who are from India, and therefore this calamity is special immediacy for some of our fellow students, so they are deserving of our support."

Planning a fundraiser on Feb. 16, those Indian students on campus, remembered by the President, offered a previously untold and poignant opinion on this global tragedy.

With over 100,000 people feared dead and over a million homeless, Indian students reacted painfully

to destruction in a place with which most have a deep connection.

Reemtu Maroo, an Indian international student, described her native city of Bhuj, the epicenter of the earthquake. After hearing the news, it was like a "weekend of hell" as her father searched for his family at a theater where all survivors had been taken temporarily.

"He had to go through thousands of bodies, and he has brought back horror stories of bodies piled up everywhere, and maps having changed completely as a result of some roads not existing at all anymore."

"I was really shaken with the incident because we have relatives in these places and my dad's friends and his family passed away under the debris," Niket Patel explained. "I think America is helping India with whatever it can and I'm really happy to know that."

While Maroo acknowledges that the United States has done "more than enough with a huge amount of aid," she feels international students have a different perspective on global tragedies. "We do have a somewhat different view of the world but only in that we actually know that other places exist as our homes."

For many Americans, life is so full here they don't want or need to think about things that are not important to their daily existence."

"He has brought back horror stories of bodies piled everywhere and maps having changed completely as a result of some roads not existing at all anymore."

---Reemtu Maroo,

Ursinus student, describing her father's search for family

As Maroo explained, the tragedy hit Ursinus students close to home.

"All of us Indians here on campus, lost something or someone in the earthquake, and the only thing

See Earthquake on Pg. 2

A night to remember



Students take time out from dancing to pose for a group picture at the Collegeville Inn, where the dance was held. Front row: (left to right) Amy Gooding, Fallon Szarko; Middle: (l to r) Christina Abreu, Seth Ratajski, Melanie Newcomer, Joe Midash; Back: (l to r) Chris Lorenzo, Bill Mill, Ann Antanavage, Aaron Clouser, Katie Higgins, Adam Smith.

First annual freshmen dance a smashing success

Quinn Dinsmore
Grizzly News Staff

The Collegeville Inn was the site of the Class of 2004-sponsored Semi-Formal on Friday.

Ursinus students hit the town for an evening of dancing, food, and friendship.

As students waited for a two-minute bus ride, excitement was in the air and spirits were high.

"This is exactly what I need at the end of a tough week, to get dressed up and hang out with the people in my class," one student remarked.

Approximately 75 couples, mostly from the freshmen class, attended the dance held on Feb. 2.

It was an event that involved months of hard work by freshmen class officers and organizers.

Class officers Nate Uber, Leslie Carter, Melanie Bryant, and Julie Micklos joined Katie Higgins, social chair, and her committee to plan an event following the class-sponsored girl auction in November as a fundraiser and a "nice change of pace for students."

At the successful auction, girls were "bought" by freshmen guys as their dates to the semi-formal as well as gaining free admission into the dance.

Behind the scenes, Higgins described the organization needed to

make the night a success.

"We had to find an affordable DJ, we decided on the time and with the help of Nate, booked the Collegeville Inn."

AFAC helped with the transportation. It took a lot of time and effort to make the event work, and all the hard work was worth it because everything worked out well and the dance was a lot of fun."

The committee also provided hoagies, beverages, chips, and pretzels, and generated interest in a classy night of semi-formal dress.

With high hopes, the dance committee began advertising before Christmas break and sold tickets as soon as students returned to campus.

"I almost didn't go," one student remarked. "I didn't know what to wear and I wasn't sure if many people would attend. As it turns out, I went and had a blast."

Echoing that sentiment, Micklos commented on what she heard as students headed home around midnight: "It was really nice. Most people I talked to said they had fun, so I was happy about that."

Throughout the evening, the dance floor was full, the music

See Dance on Pg. 3

Borough council votes to remove local dam

Tammy Scherer
Grizzly News Editor

On February 7, Collegeville Borough Council voted unanimously to accept the \$134,000 Growing Greener grant to deconstruct the Collegeville Dam.

The Collegeville Dam, located off of Rt. 29 between 9th Avenue and Main Street, does not meet state specifications for dams and had the money not been accepted, Collegeville would be required to improve the dam to meet code.

Numerous protestors were present at the borough council meeting.

In an effort spearheaded by Ursinus College Junior Amanda Helwig, the Collegeville Dam Society pleaded their case to the council.

"I have lived along the Perkiomen Creek for twenty-one years," said Helwig before the Council.

"You said a few months ago that nobody cared about the Dam. Well, look at the people around you now. I think this shows that the people of Collegeville care about the Dam."

The group listed numerous reasons why the dam should not be destroyed.

See Dam on Pg. 3



The Collegeville Dam, located off Route 29, will be deconstructed in the near future, after the Borough Council voted to accept the Growing Greener Grant at a meeting last week. Photo by Joseph Laskus.

News in Brief...

White House gunman subdued by Secret Service

Zeb Eckert
U-WIRE, DC Bureau

WASHINGTON---Secret Service agents shot and subdued a 47-year-old Indiana man wielding a gun outside the White House last Wednesday, officials confirmed.



Robert Pickett, a former IRS employee from Evansville, Ind., was taken to George Washington University hospital after officers surrounded him shortly after 11:30 a.m.

White House Press Secretary Ari Fleischer said President Bush was never in any danger, but

would not confirm whether shots were fired on the grounds.

"The suspect never entered the White House grounds," Fleischer said.

"It all took place outside the gate of the White House, on public property, on a public sidewalk." At 11:22 a.m., the U.S. Park Police received information about a man with a gun on E Street, south of the

White House.

A Metropolitan Police officer engaged the man in conversation and a gunshot went off at some point during the conversation, the Park Police said.

Gore delivers first lecture at Columbia U.

Ben Casselman
Daily Spectator, CU

NEW YORK---Dressed as a professor in khakis and a red sweater, former Vice President Al Gore strode past dozens of members of the local and national media Tuesday and into the Journalism building to teach his first class as a visiting professor at Columbia University's School of Journalism.



"I'm excited about it," a smiling Gore told the throng of onlookers who had gathered to see him on campus for the first time since he campaigned here last October.

Gore accepted a position in late January as a visiting professor, agreeing to teach between six and eight lectures as part of a

class on national news reporting. Gore's class consists of about 60 students from the School of Journalism, the School of International and Public Affairs, and Columbia College.

"I had a great time," Gore said afterwards. "The students are terrific and the questions were fantastic, and I really enjoyed it. I thought it was a very interesting time. I hope they had a good time; I certainly did."

Gore's motorcade arrived on College Walk at about 11 a.m., where the former vice president was greeted by University President George Rupp. After shaking the hands of a few students who had gathered near Low Library, Gore headed up the steps, and he and Rupp met briefly.

4 Purdue University students die in 8 days

Sheila Lalwani
Daily Student, IU

BLOOMINGTON---Purdue University sophomore Travis R. Simpson was found dead Saturday in his off-campus apartment.

The cause of his death is not clear, but police said they do not suspect foul play.

Simpson's is the latest in a string of unrelated student deaths.

During the eight day span, four Purdue students have died. Matt Cahill, 22, of Noblesville and Jacob Cushman, 20, of Ossian were killed Jan. 26 in a car crash in Grant County.

Less than a week earlier, Laura Williams, 21, of Chesterton was found dead in her West Lafayette apartment in a case that remains under investigation.

Police said the deaths are not related to each other, but also noted that it's strangeness to have that many deaths in that short a time.

Lt. Jason Dombkowski of the West Lafayette Police Department said he couldn't remember the last time several University students died at nearly the same time.

"It's very rare," he said. "I've never seen that many deaths in such a short time in the campus area."

"I have seen some concern from Purdue students and certainly some shock."

Cahill, 22, who is remembered as the founder of a campus-wide "Do you agree with Matt?" religious campaign (similar to the "Do you agree with Dave?" campaign at IU last year).

He was a senior in the Schools of Engineering. Cushman was a sophomore in the School of Liberal Arts.

Since the deaths are not been crime-related, Dombkowski said police have not stepped up security.

Tragic quake hits Ursinus community hard

Earthquake from Pg. 1

that anyone can really do is pray for the survivors now, and maybe help with a fundraiser."

Chaitanya Desai sympathized, "It's hard to imagine how they must be feeling being here thousands of miles from home in a helpless situation when it is times like these that relatives back home need them most."

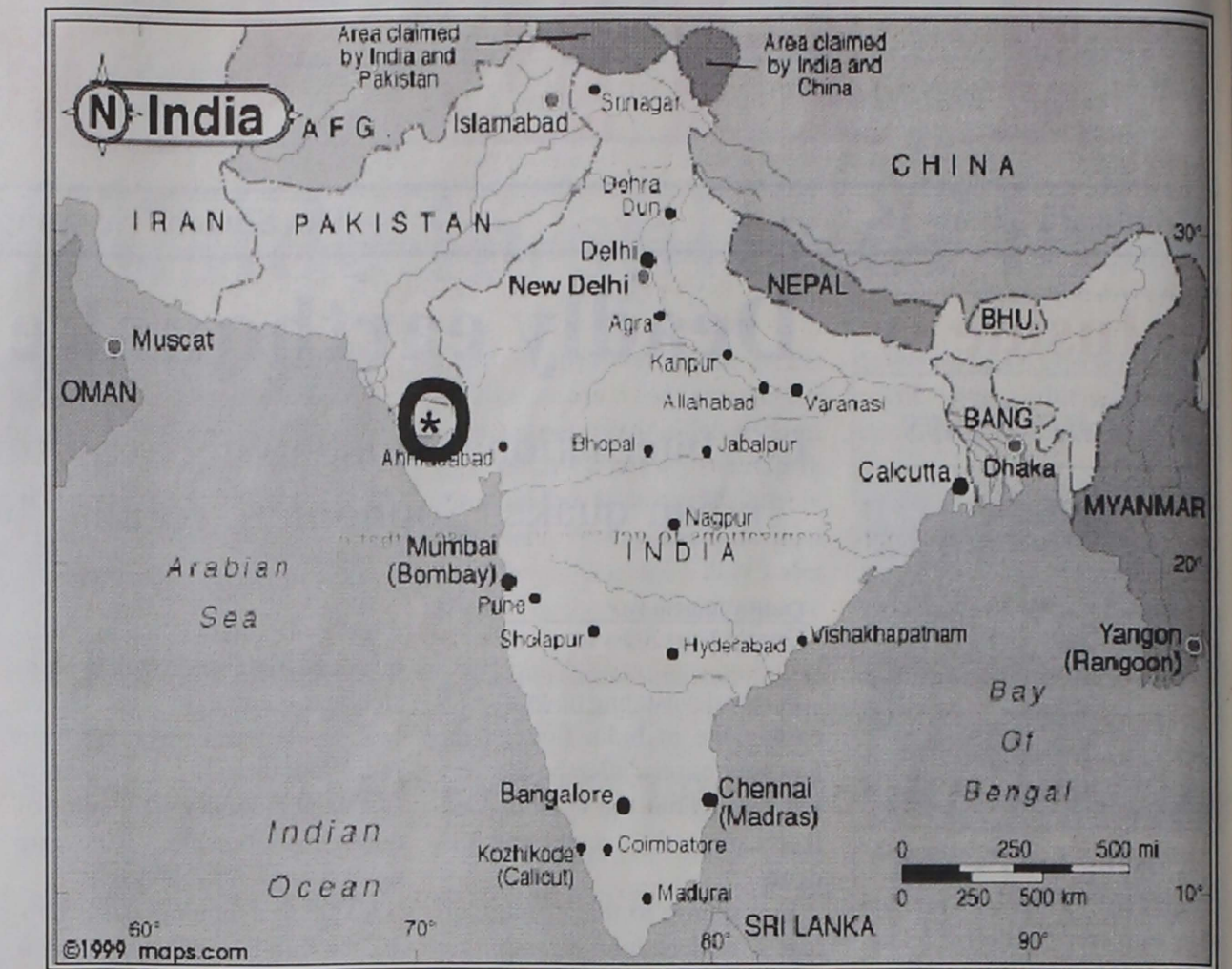
Dharmesh Sheth, who waited tensely by the phone for news from India, reminds that for international students, college is the only shelter in the country and Ursinus should "support all International students in hard times like this. I believe that it will be a great support to international students if the college did some fund raising for the country in which a tragedy has occurred."

In light of this sentiment, members of the South Asia Student Association felt compelled to act, in the process of organizing a fundraiser this week.

President Nipun Suri, whose parents are from India, commented, "We don't know how much it will help but we feel that at least we should try and that every little bit will be useful. I feel as though it is SASA's responsibility to collect funds since we represent that location of the world on this campus."

Rahul Patri was born in India and is treasurer of the group.

He points out, "Ursinus is one of the few private institutions that invites international students and



this is chance for us to help and we should use it.

"Once we initiate this relief effort through SASA, the whole campus can come together and lend a hand."

A fundraiser will be held on Friday, Feb. 16 in Wismer and every student and professor is asked to donate some money.

The money will go to a relief agency like the Red Cross. Students are urged to check their e-mail, as there will be more infor-

mation about how they can help out.

In addition to fundraising, the greatest lesson to be realized from this tragedy has been mentioned by the President Strassburger and every student interviewed.

"All of us, including me, can get wrapped up in quotidian routines and forget larger concerns," President Strassburger admitted.

Patri believes students have the "power to change or help somebody. No matter how much we

raise, we should be an example to other schools and we will definitely make a difference."

"I think in college we all have this feeling we are invincible, but all of a sudden I realized how fragile life really is," Maroo said.

"And I think that's what everyone can learn from tragedies of this magnitude, that life really is short, and it really can just end abruptly, so we must make the most of it and help those who need us."

Oklahoma City bomber seeks to have execution publicly broadcast

Freddie Yap
Daily Student, IU

(U-WIRE) BLOOMINGTON---Oklahoma City bomber Timothy McVeigh's suggestion that his May 16 execution at a federal penitentiary in Terre Haute should be publicly broadcast seems to have set a new precedent.

"I have never seen a case of such prominence where the (person to be executed) has wanted it to be broadly telecast," said Amy Reynolds, assistant professor of journalism.

McVeigh will not make a legal push for a public execution, but The Associated Press reported his attorney, Rob Nigh Jr., said

"I have never seen a case of such prominence where the (person to be executed) has wanted it to be broadly broadcast."

---Amy Reynolds,
Asst. Journalism Professor,
Indiana University

McVeigh supports the idea.

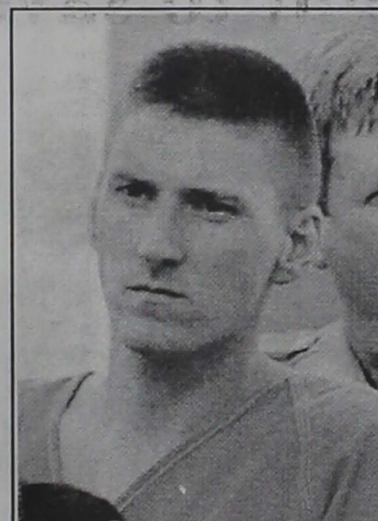
McVeigh would be the first federal inmate to be executed in more than 20 years.

He dropped all appeals in January, Friday is his last day to seek clemency from President George W. Bush.

In a two-page letter published in the Sunday Oklahoman, McVeigh wrote he was not opposed to a closed-circuit broadcast of his execution. In fact, he went one step further.

"Because the closed-circuit telecast of my execution raises these fundamental equal access concerns.

"And because I am otherwise not opposed to such a telecast, a reasonable solution seems obvious: Hold a true "public" execution -- allow a public broadcast," he wrote.



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Pledging at Ursinus now known as "new member education"

Name change to help separate process from stigma of hazing, administrators say

Cara Nageli
Grizzly News Editor

A different type of "education" began on campus on Feb. 2.

Formerly known as pledging, "new member education" with the pledges (now called "new members") is in full swing.

For the next three weeks, there will be "new members" walking around campus in matching outfits, crazy rumors flying around, and, unfortunately, no parties on campus.

The process began back in No-

vember when informal rushing began.

During this time, interested freshmen and sophomores were invited to attend Greek functions to meet the members of the organizations.

This year, the starting date for informal rushing was pushed back to Nov. 18, which left only two weekends available for Greek organizations to get to know those interested.

Informal bids were given out immediately following the return from Winter break.

"The reason behind it is that pledging is associated with hazing, and we're trying to move away from that," Tracy Goldate, Assistant Director of Student Activities, explained.

"The new name stresses more of a learning experience."

All Greek organizations are given strict rules in advance that spell out exactly what activities the new members can partake in during the next three weeks.

Basically, any type of activity that can cause physical or mental harm is considered hazing.

Along with the name change and condensed rushing period, there have been other changes made to

the annual tradition this year.

First of all, whereas the guidelines in the past stated that a Greek organization's failure to follow the rules during this time might result in suspension or expulsion from campus, the new guidelines state that those consequences will definitely result.

Even if nothing has been proven, if there is reason to believe that any forbidden activities went on, the people involved will be asked to leave the college until more facts are uncovered.

These punishments will apply to the "new members" as well.

Also, because of problems that occurred in the past, alumni will no

longer be allowed to participate in any "education" activity.

Before "education" began, all prospective "new members" were required to attend a meeting in which they were informed about the new policies and consequences of not following these policies.

These students were nervous enough about the process, and the threatened expulsion from school added even more apprehension.

"I was nervous to begin with, and the speech given by Todd McKinney on the new policies made me feel even worse," sophomore Meghan Beck, a "new member" of Phi Alpha Psi this year, said.

"The penalties seem pretty extreme for just joining a group."

At this time of year it seems inevitable that some kind of situation will develop.

"It is hard to tell how things will turn out," Goldate said. "But I have a positive outlook this year."

A significant number of students made the decision to accept their formal bids and become "educated" by either a sorority or a fraternity on campus.

"I know that the next three weeks will be time-consuming," Beck added, "but I know that it will be well worth it in the end."

New member education will end at 5pm on Sunday, Feb. 25.

Is UC housing in danger of overpopulation?

Larger freshmen class expected next fall; Students left to wonder, 'Will we have a bed?'

Cara Nageli
Grizzly News Editor

The freshmen classes are getting bigger every year, and Admissions is expecting next year's class size to be comparable to the freshmen class this year.

The college's Residence Life department has had to make changes to accommodate the increasing class sizes.

This year they introduced "freshmen clustering," a concept that meant most freshmen students would be housed together.

The theory behind its inception is that the freshmen's transition from high school to college would be made more comfortable in an environment with people who are experiencing the same situation.

In order to carry out the clustering, all of Beardwood-Paisley-Stauffer, and parts of Brodbeck-Wilkinson-Curtis and Reimert were converted to freshmen-only rooms.

The plan was that BWC would also be converted to an all-freshmen dorm, with the scheduled building of the new upperclassmen dorm for the Fall of 2001.

However, now that the new dorm's finishing date has been pushed back another year, one question being raised among the student body is, where are all the upperclassmen going to live?

Even more, with the new, larger freshmen class next fall, will there be overpopulation on Ursinus's campus?

"I'm very concerned with where

"It seems like they keep pushing us out of our dorms in order to accommodate the freshmen, but we need a place to live too."

---Kate Gallagher,
Ursinus sophomore

we're going to be forced to live next year," sophomore Kate Gallagher, who resides in Reimert, said. "It seems like they keep pushing us out of our dorms in order to accommodate the freshmen, but we need a place to live, too."

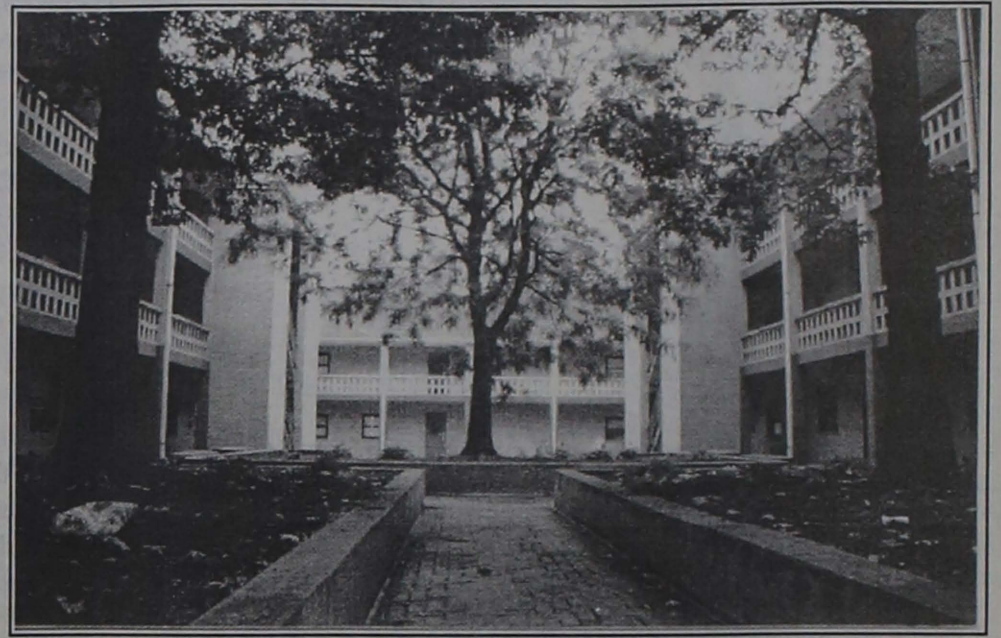
The good news for upperclassmen is that it seems likely that they will be able to squat their rooms in BWC for one more year.

Exact plans for next year will be finalized when the Room Lottery and Selection Committee meets this week, but the odds are

favorable that squatting rights will remain the same until April 2002.

BWC will not be reserved for freshmen until the new dorm is finished in the Fall of 2002.

Assistant Director of Residence Life Stephanie McNulty also assures students that there will not



be a problem with overpopulation. With the new London and Florence programs, more students are expected to be studying abroad next Fall.

"We are always thinking about ways to ensure that there will be enough beds," McNulty said. "I believe that things will balance out

and we will be able to accommodate the resident student population."

The squatting and room selection process should be a little easier this April, McNulty added.

This means upperclassmen can rest easier knowing that they will have a bed and room next year, regardless of incoming class size.

Student, society loses fight to save local dam

Dam from Pg. 1

According to the group, the loss of the dam would also result in the loss of recreational activities.

The Collegeville Dam Society is also concerned with the environmental consequences that will result from the destruction of the structure.

According to their research, "No studies have been conducted on augmenting the flow of the side stream that bypasses the dam as an alternative and more natural way for fish migration to occur than an obtrusive and expensive fish ladder."

The Collegeville Dam Society also worries about possibly contaminant of drinking water as well as the possible loss of wetlands if the dam is destroyed.

The Collegeville Borough Coun-

cil felt that the cost of repairing the dam is estimated to be approximately \$650,000.

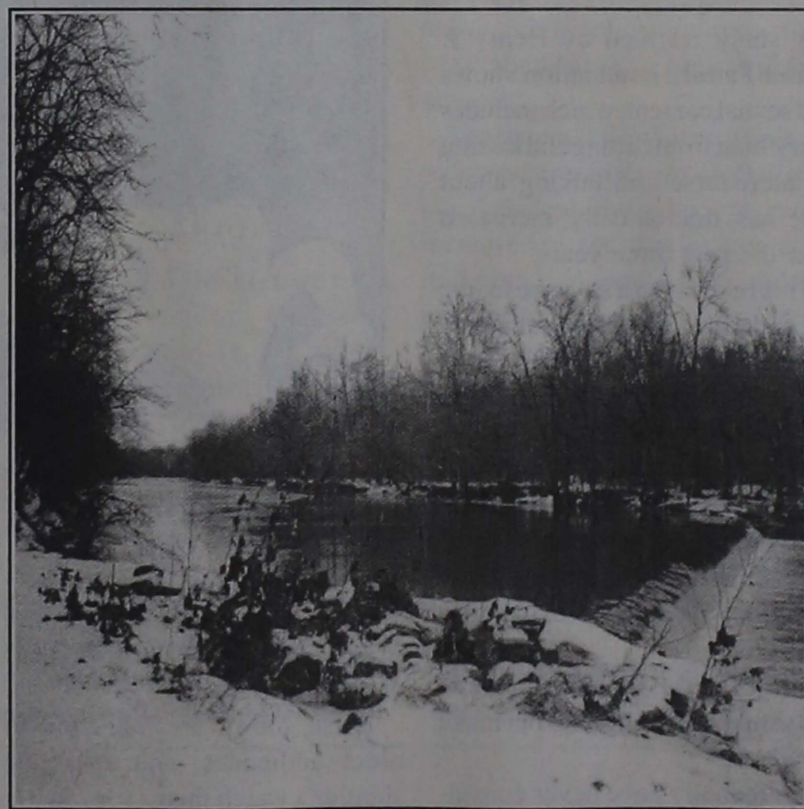
Several community members in attendance expressed their support for removing the dam.

"There have been ten drownings attributed to the dam in the past twenty-five years," said Collegeville resident Phyllis Parsons.

"There is no longer a reason to have that dam. It was built as a mill dam, that is all. It's time to return the Perkiomen to its original state, its natural state."

Helwig and the Collegeville Dam Society vow to continue in their fight to save the dam.

"The fight will continue," she said in an email to the campus, "we haven't lost the war only a battle."



Semi-formal a night to remember

Dance from Pg. 1

was upbeat, and the crowd seemed to genuinely enjoy a night strikingly different from the "dateds" held on past weekends.

Competing with new member orientation for the Greeks, attendance was slightly less than expected, and, as Micklos noticed, "It's hard to plan an event that students will be interested in, especially without alcohol."

However, Amy Scarantino half-joked, "It was nice to have the option of a dance where beer is not spilled all over the floor."

Another student remarked, "It was a nice alternative to the craziness of weekends on campus. The guys were excited because

there were so many girls and the girls had a great time doing our hair together before we left. I wish more people had made the decision to come. I think they would have had fun."

Although the dance had to compete with new member orientation, the class officers agreed it was a learning experience that would help prepare for the future, and they promise another good semester full of fundraisers, community service and social events.

Looking back Miklos wanted to show her appreciation to the students. "Thanks for those who gave it a chance, and I hope it was worth it."

Ursinus College Crime Blotter

Date	Time	Location	Type of Incident	Description
02/02	Unknown	Academic Building	Vandalism	Staff member reports that someone may have entered an academic building and removed a watch. Graffiti was also found on the wall of the building's interior.
02/07	Unknown	C lot	Traffic Incident	Student parked his Dodge Dakota Sport in C lot and found that someone had dented and scratched the right side splash panel and bed. A check of the parking lots failed to locate any possible striking vehicles.

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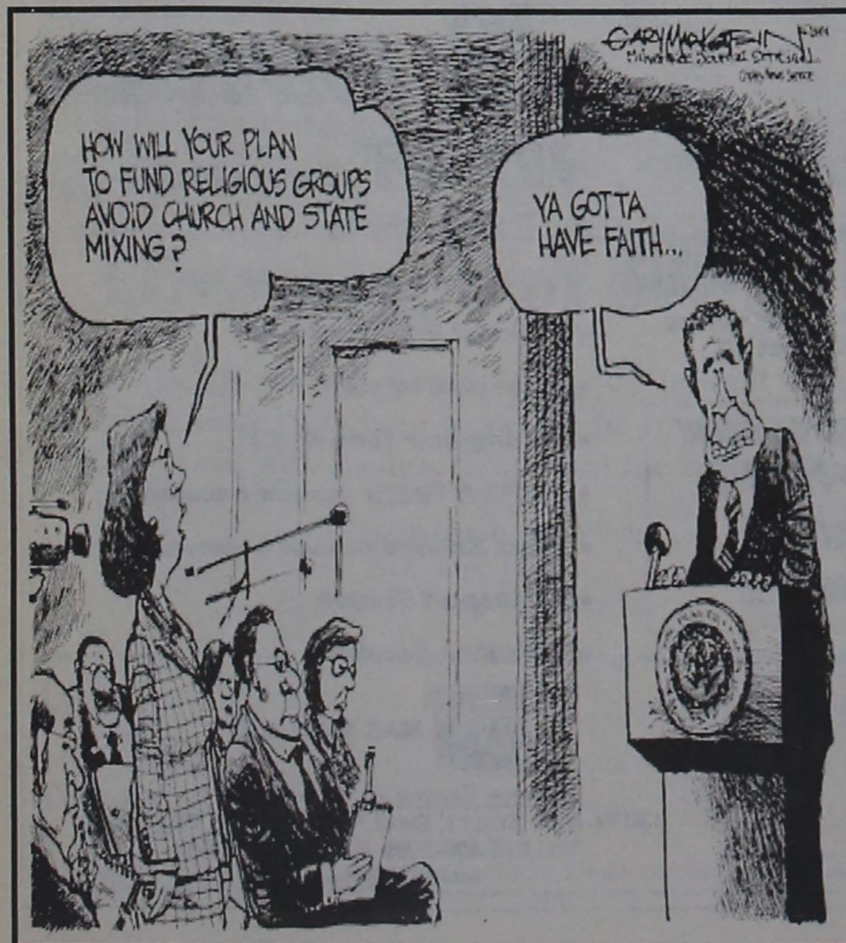
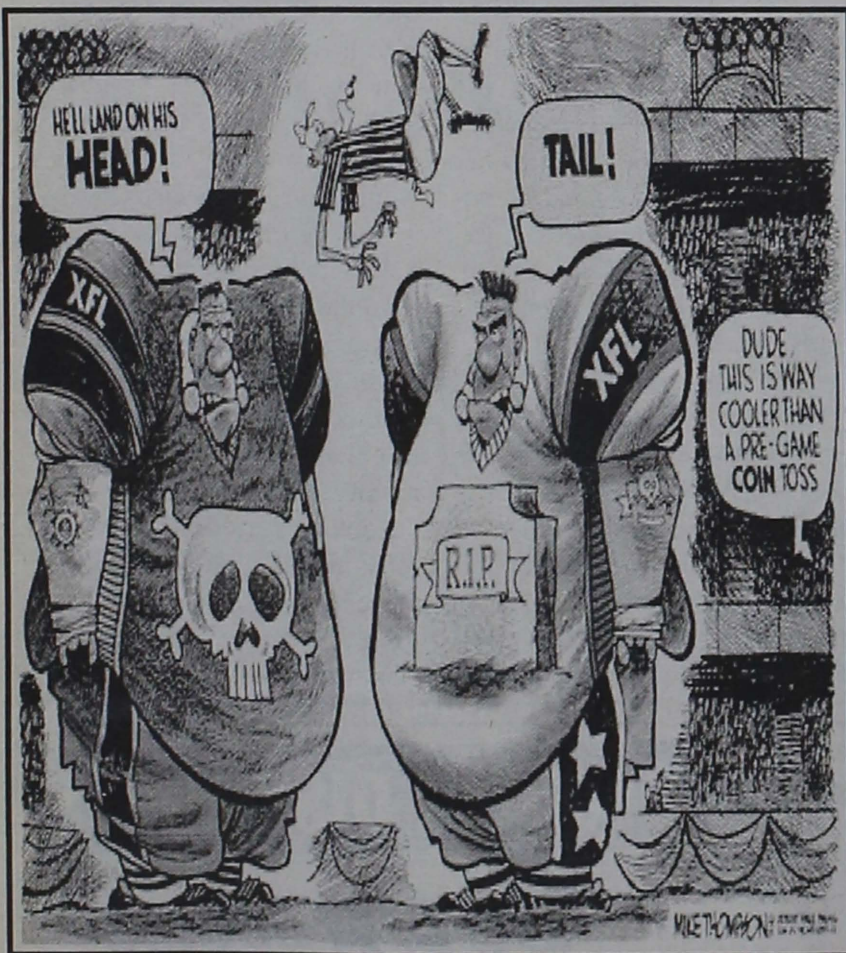
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CARTOON CORNER



OPINION

Page 4

Student Comment

Thursday February 15, 2001

No spot for you

Students angry over lack of campus parking

Brian Berg
Grizzly Opinion Editor

Although I myself am not a car owner, it has been impossible for me to ignore the plight of my friends who do have cars on campus.

The parking situation on campus has finally reached the crisis level that everyone (except for the administration) has been anticipating since the beginning of the year.

With the closing of the Helfferich parking lot, the large incoming freshmen class, and the lack of public transportation in the area, it should not be surprising that the campus has more cars than it can hold.

What is surprising has been the reaction of the college to this situation - rather than meeting student concerns and frustrations with understanding, they bring out a tow truck.

This past week I have witnessed several of my friends arguing heatedly with Campus Safety personnel (who actually are not to blame in this situation, because they are just doing what they are told) who have been aggressively ticketing

cars, especially in the Reimert lot, and have been there as several unlucky friends have had their cars towed.

While there is a need to enforce parking regulations, there is also a need to realize that there are more cars than spaces.

The critical overflow time (at least for the Reimert lot) comes when UC night school is in session, drastically increasing the amount of cars on campus.

Perpetually, when night classes are in session students are forced to either park in the fire lane or do the law-abiding thing and walk halfway across the campus to get to their rooms, parking in a space that they should not have to be parked in.

If students try to park in the fire lane or on the curb outside of Reimert, foolishly thinking that they should actually be allowed to park close to their dorm, they will either be subject to fines or will have their car towed.

While the situation demands a response, the one given by the administration, namely cracking

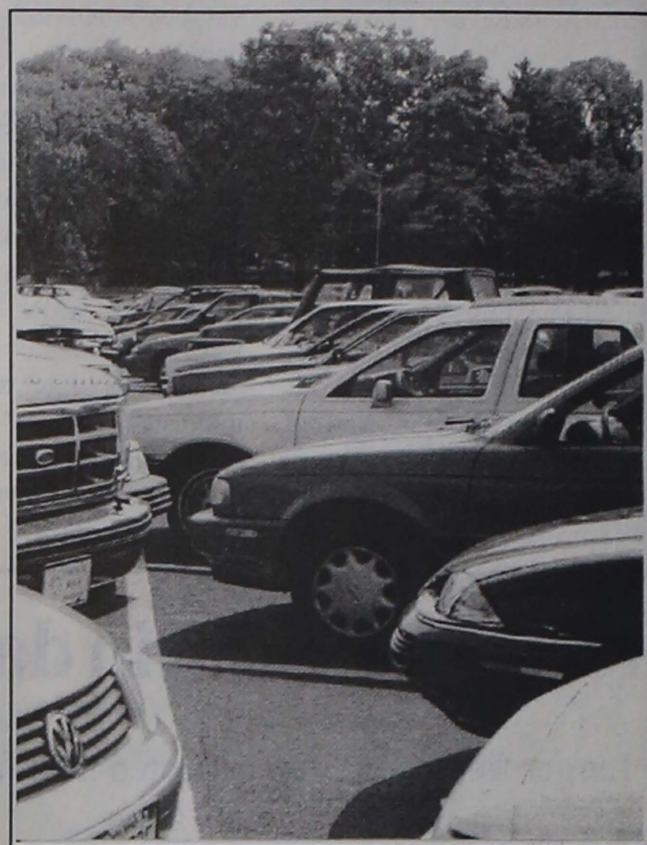
down on parking violations and violators, is the least desirable.

There are other options that are available to the administration other than calling the tow truck and making students more bitter than they already are.

Perhaps a two or three hour "amnesty period" where students are exempt from parking tickets and towing when night classes are in session, contingent upon them moving their cars once spaces become available.

A more commonly implemented solution in colleges and universities across the country is to simply ban freshmen from having cars on campus for their first year.

That would alleviate the parking problem entirely, unless we flood of commuters who (obviously) will



need their cars daily.

Another solution is to more strictly monitor the parking application process and actually enforce higher standards for freshmen that want to have a car on campus.

While all of these seem (at least to me) to be good solutions, it seems that for the time being, students will have to do what they have always done - simply put up with it.

It will most likely be a problem until someone sends out a mass e-mail about it to the entire campus (more on that next week).

Study overestimates sex on television

Brandon Niemeyer
Daily Mississippian

A study released by Henry J. Kaiser Family Foundation shows that sexual content, which includes everything from flirting and kissing to intercourse and talking about sex, has dramatically increased over the past three years.

This really isn't a surprise to me, nor should anyone else be shocked when looking at this report.

According to figures included in the survey, 84 percent of all movies and 89 percent of all TV sitcoms have some sexual content in them.

Figures released by the Kaiser Foundation are rather bloated by what they include as sexual content.

Just because a television show has someone kissing does not make it "sexual."

I personally have never considered scenes of Daffy Duck kissing Porky Pig to be very sexual, but hey, if you do, please don't let me know about it.

I have an 8-year-old sister, and some of the shows she may watch (which include such risqué shows as "Rugrats" and other children's programming that are on Nickel-



odeon) have a mother and father kissing or showing signs of affection toward each other.

I don't think any kid at a young age should watch shows like "Temptation Island," "Ally McBeal" or "Lovelace."

These shows are marketed to older audiences, and kids just shouldn't watch them.

There will always be shows for older audiences, just like there will be for younger audiences. I definitely do not have the same tastes in movies as an 8-year-old, nor does an 8-year-old need to see some of the movies I watch.

Parents, not network executives or movie companies, should make

the choices on what their children should watch.

Another figure that the study also showed and that many are using as a red light is the percentage of teenagers depicted as having sex tripled from 3 percent of all characters to 9 percent since 1998.

These figures are disturbing, but not as much as some may think.

Very few people are so insecure with themselves as to say, "Hey, the people on 'American Pie' are having sex, I should too. I'll be cool then."

And if they are, I think having sex would be the least of their problems.

We cannot simply place the fault

the spending of the state and the decreasing morals on the morality of sexuality on TV sex.

Blaming what we see on movies or television shows for our society's problems is ridiculous, much like saying that OJ is innocent.

And we all know that isn't true.

While this report is showing there is more sexual content than ever on TV and in movies, other reports regularly and repeatedly show that Americans are watching more television.

So, we have a paradox on our hands.

A network could have more sex, which could mean more ratings, or we could reduce sexual content and perhaps lose ratings.

If we cut out all offensive, violent and sexual content, we would be left with a total of three or four networks left: C-Span, C-Span 2, QVC and TBN.

Now I can think of nothing better to do at night than to sit around watching the Trinity Broadcast Network. But then again, TBN provides low-quality, seriously funny drama.

We can all sit around laughing at the hair of that one lady and the Benny Hinn specials.

Letter from the editor

As co-editor-in-chief of *The Grizzly*, I'd like to take a moment to address the recent controversy caused by the photograph of two unnamed students on pg. 6 of our first issue of the Spring semester. It has never been the policy of

this paper to misrepresent, defame, or injure the reputation of any student, faculty, or staff member at this college.

We apologize for the juxtaposition of the photo and the article headline, which may have left a

false impression as to the character and reputation of those pictured.

The photo's use was never meant to be harmful or malicious.

We will work harder in the future to ensure no one's likeness is printed when the possibility exists for misinterpretation.

Lastly, attribution of the photo to

student Joe Laskas was incorrect.

Again, we apologize to all involved.

As always, to contact the paper via e-mail write to: Grizzly@ursinus.edu

Dan Reimold,

Grizzly Co-Editor-in-Chief

Want to be heard?

To sound off on any subject and share your opinion, e-mail articles/letters/guest opinion pieces to Grizzly@ursinus.edu.

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GRIZZLY CROSSFIRE

Should the government give money to faith-based charities?

Absolutely

"Real change starts street by street, heart by heart — one soul, one conscience at a time."

- President George W. Bush

It seems that with every election cycle, some new politician rehashes some old catch-all idea for curing the ills of society.

Real change, he promises, will come to the inner city if he is elected.

Real change, she claims, will come for drug addicts and parents who can't feed their children.

Real change, we are told, will come to America if and when any given politician is sworn into office and can create the government program that will finally vanquish the problems that continue to plague our society.

Real change is promised, but things don't seem to be getting much better.

President Bush's plan to allow faith-based organizations to compete with federal agencies for funds earmarked for social programs is a measure whose time has come. As a nation, we have seen New Deals, Great Societies, Wars on Poverty, redevelopment, attempts at urban renewal and so on.

As our national dependence on the appendages of the state and our addiction to the public coffer has swelled, our quality of life seems to have diminished. Homes break more often than ever before, children kill each other in broad daylight and addictions to drugs and alcohol continue to undermine any vestiges of true domestic strength we have left.

Politicians scratch their heads and spin their theories, meanwhile, working quietly in communities across the nation, faith based organizations are making real differences in the lives of people of every stripe. Then someone realizes that the answer to all that ails our body politic might not lie with the government at all.

Where government programs fail, faith based organizations are picking up the slack, making serious headway in reversing the trend of our national moral decline. The notion that social rehabilitation is the job of the government is a silly paradox at best anyway: we want the government to stop the drug problem, to end that violence that plagues our streets and schools, yet government better not dare legislate morality. We want our secular regime to somehow make lasting moral change in the complex, difficult lives of the disadvantaged and addicted, yet our liberal hypersensitivity to all things smacking of implied transcendence render political offices from Collegeville to Washington ultimately impotent at bringing about true change.

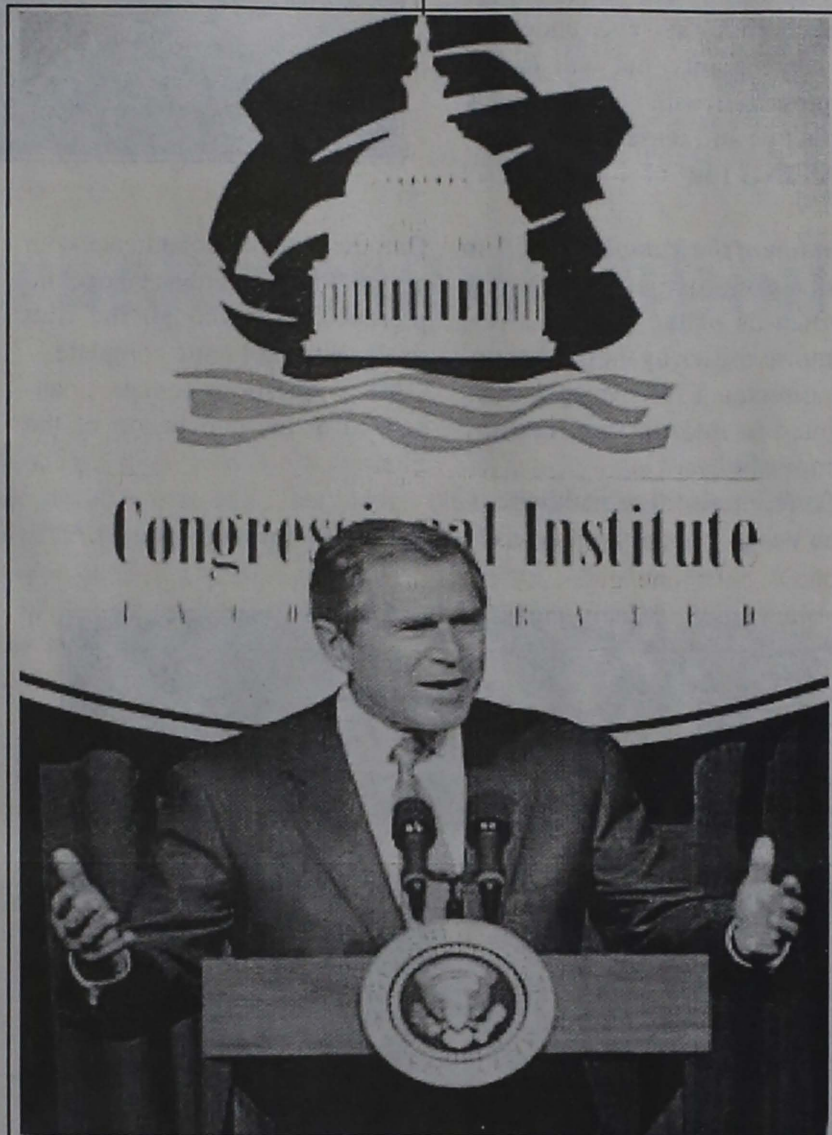
The government indeed has the monetary resources to deal with the problems of our day, but it lacks the moral authority to do so in ways that would amount to anything closely resembling the kind of results faith based groups are beginning to see across the county.

Feeding the hungry, clothing the naked, and healing the sick should have always been the role of the private sector, and indeed, the creeds of many of the groups that can now compete for federal funding under Bush plan embrace ex-

actly that.

It is the faiths and charities of this world, not the governments, that possess the true moral charge and legitimacy to effectively help those in need.

Many will claim the separation of church and state (still a constitutionally vague arrangement at best) is being violated by Bush's plan, but the facts reveal that rather than unfairly favor faith based groups over secular one, the President's initiative does something that



should have been done all along: give faith based groups and equal opportunity to receive federal funds for the constructive work they do across the nation.

Many times, religious groups who do genuine good (run soup kitchens, homeless shelters, drug rehab programs, youth in danger programs etc) are cut off from federal funding that secular groups with similar goal get, simply because they are religious.

This is not the intention of the First Amendment, basically amounting to discrimination against religious groups seeking federal help in the thing they do best and, it is important to note, the government does worse.

Another constitutionally important aspect of the plan is that it also ensures that secular and federal organizations can continue to offer alternatives to those opposed to the religious nature of faith based charities.

There is proper concern that the money coming from the government to the religious groups will be used for so-called proselytizing and, as the President himself admits, government should not and cannot fund religious activities.

But what the government can do is earmark funds that these groups must use for food, shelter, electricity, beds, blankets, medicine and so on.

The government would do well to use its resources to help groups feed the hungry, clothe the naked, and spark the change in lives that lasts, improving society in ways a high GDP and a low unemployment rate never could.

Chris Cocca is an Ursinus junior and Politics major.

Not a chance

The problem with funneling tax money to "faith based" charities has nothing to do with whether or not we, as members of a comfortable economic class, should give more to those who are less fortunate than - of course we should.

It also has nothing to do with whether we, as a society, need a little more of the big G-O-D in us.

Furthermore, this debate has nothing to do with the legality of the matter - we all know that President Bush (who will be referred to

tion.

Also, as should be obvious from the coronation, err, inauguration ceremony, when Bush uses the term "faith based," he is not referring to charities of all religions, but to those who preach the word of "our one true Lord and Savior, Jesus Christ."

More specifically, given Resident Bush and Attorney General Ashcroft's fondness of Catholic-bashing Bob Jones University it is safe to say that Protestant charities will receive the lion's share of the funding.

Regardless of which religions and churches receive money, the fact remains that appropriating tax money to a religious cause is no less than a tithe enforced by the IRS. The beauty of the separation of church and state is that it works to the advantage of both.

Religious organizations are completely exempt from taxes and should remain so, but if they do not pay taxes, why should they receive public funding?

What this plan really amounts to is the privatization of welfare wrapped up in the name of Jesus. Bush's "compassionate conservatism" says that Big Government is bad, but Big Church is good.

But how about some plans that could do more than offer an occasional cup of soup in some basement soup kitchen? How about increasing the minimum wage to a livable level? How about rehabilitation, job training, and repairing (not abandoning) poor public schools?

The federal minimum wage is at its lowest ever in terms of inflation, but Resident Bush opposes any increase or, for that matter any initiative that would help underprivileged Americans get on their feet rather than usher them into the pews on Sunday morning.

The American people and the law makers who represent them should not be blinded by the hoax of Bush's "faith based" plan. It will only get in the way of true relief for those who need it the most.

Jeremy Trucker is an Ursinus junior and English major.

Students should choose socks wisely

Right pair may change your life

Ann Antanavage
Grizzly Opinion Editor

Little did mankind know that when they invented socks, they were inventing a window of enlightenment and creativity into the soul.

Granted, when we were younger the last thing we wanted as a gift or in our stockings at Christmas was socks.

A necessary part of life, socks were invented to give foot insulation, but have become much more important over time.

The mental affects of your sock choice are astounding.

Why, one may ask, are socks so wonderful? The answer is simple. Socks support your body and mind by providing the cushion for your day.

Have you taken enough time out of your life recently to thank your socks?

Take, for example, the color of socks. Usually, we wear socks that match our current choice of clothing, but does anyone ever think about the effect of the color?

There are lots of studies that look at the how certain colors affect the human mind and its moods and emotions.

Yellow is traditionally a cheery color. Thus, wearing yellow socks could, in fact, lead one to a cheerful mood.

Blue socks, on the other hand, have a calming affect on the wearer. Black brings feelings of seriousness.

White, on the other hand, is like a blank canvas for our emotions.

Studies of red socks have shown that many cases of road rage and obsessive behavior are due to this color sock.

Patterns on socks can create a totally different affect.

Argyle can make the wearer crazy, cheery, or nerdy, depending on the person. Imagine, if you

will, the effect of argyle socks on a rainy day?

Every time the weather depresses you, you could think of your socks, and be immediately lifted to a peaceful Nirvana. Polka dots have a similar affect.

These silly dots have also been known to cause hysterical laughing fits to lift their wearer's mood. Stripes, on the other hand, create

a dizziness and sense of cuteness in the wearer.

In the summer months, they can actually act as an aphrodisiac.

Pictures or words on the socks can express more blatant messages about the wearer, such as Hottie, Princess, and Sweetie.

These messages are common among college kids and their socks.

Many messages seem to be used to boost the wearers self esteem or lower it because they have come to grips that they are not what they claim to be.

Textures are easily the most effective in changing one's spirits.

Imagine a cozy, warm, crackling fire; doesn't that relax you?

Now think of fuzzy, comfy socks on your feet. Makes you pretty relaxed, too, doesn't it?

Dress socks strike-seriousness into the hearts of businessmen everywhere.

Rightfully so, dress socks have been polled to be the most uncomfortable socks on the market.

Socks, despite their rough beginnings, are finally being recognized for what they are really capable of in our crazy world.

They are capable of astounding things and can save you from depression, anger, or any mood you need to escape.

So as a word of advice: choose your socks wisely.



Valentine's day depressing for singles

Adam S. Reisinger
Towerlight, TU

George W. Bush took office almost a month ago, but he still has yet to act on one of the most important legal decisions facing our country.

Specifically, Bush needs to force Congress to pass a law allowing angry singles to ritualistically slay any couple committing a public display of affection on Feb. 14.

Call it the "Boreanaz Bill" after "Valentine" (and "Angel") star David Boreanaz.

Now there's a guy who has the right idea. After being shunned by popular girls for years as a youth, he comes back as a successful, good-looking psycho and kills off his former non-suitors one by one.

There isn't a Valentine's Day that goes by that I don't think of pulling off a stunt like that, but then those things called morals -- and, more importantly, consequences -- get in the way.

There are times when I walk past kissing couples on Feb. 14 and

my emotions range from bitterness to pure Ted Bundy-like rage.

And those couples, upon seeing my rage, often become very thankful that there are seven-day waiting periods to buy handguns.

Of course, I probably wouldn't be so angry about Valentine's Day if I was still under the deluded impression that it is a holiday of some historical significance.

At least St. Patrick is well known as the patron saint of Ireland. St. Valentine was a priest who married some people in secret back in ancient Rome and was executed for it. Don't believe me?

Well, you can look it up.

The whole holiday itself started as a tribute to Juno, the queen of the Roman gods and goddess. You don't see us celebrating her anymore.

Hell, we don't even celebrate Juno, the second largest provider of Internet access in the United States.

Being single on Valentine's Day for the past 20 years has helped

me come to the realization -- and if you think clearly, it's a pretty obvious realization -- that the holiday is a group of similar days hyped up by the greeting card, flower and novelty candy industries to basically keep them afloat.

And basically, that has me angry.

But more so, it has me depressed.

Because, to be completely honest with you, there are tons of people out there like me, and there isn't one of us who wouldn't trade in all our cynicism and hatred for the chance to be with someone on Valentine's Day.

Sure, there are a handful of us who talk about killing people and getting revenge, but that's usually just a cover for the pain we're feeling inside.

Human nature dictates that a person will want to share an intimate relationship with another person, and on a day where intimacy and love are shoved down your throat by the powers that be, it hurts to be alone.



However, when all was said and done yesterday, many of my co-workers went out with loved ones, while I headed back to my single room in Richmond Hall and watched No. 6 Virginia try to upset No. 3 Duke in Charlottesville, Va.

And as much as I love watching Duke lose, I'd rather be watching a movie with a girl I love.

Tear.

In theaters now: A look at filmdom's latest new releases

Critic reviews stirring 'Cast', liberating 'Chocolat', witty 'Brother' and much more

Jeff Church
A&E Editor

Cast Away—Tom Hanks, Hollywood's stirring everyman, delivers a powerfully emotional performance in this film not-so-coincidentally released after the Survivor-TV craze. *Cast Away* falls short of truly profound psychological insight, Tom Hanks and his volleyball "co-star," Wilson, still elicit immense sympathy. **RATING: (out of 4 stars) *****

Chocolat—Director Lasse Hallstrom seems to have a lot invested in demolishing traditional views of morality and religion. In *Chocolat*, following last year's *The Cider House Rules*, a licentious chocolate-maker (Juliette Binoche) introduces a liberating feeling of enjoyment to a town stagnated by religious tradition. Compare to *Cider House*, in which a doctor defends abortion and jettisons traditional religious rules. **RATING: (out of 4 stars) *****

Wes Craven Presents Dracula 2000—First of all, Wes Craven does not even direct *Dracula 2000*, even though he is billed in the title. Next, consider the title—*Dracula 2000*—need I say anything more? **RATING (out of 4 stars) *1/2**

Finding Forrester—Director Gus Van Sant echoes his previous and better "dubious genius" film, *Good Will Hunting*, in *Finding Forrester*, tossing in the swarthy Sean Connery to say not-so-profound things in a profound voice. The film feels disjointed, not really choosing which character to investigate—the genius or the mentor—as a result, both characters are unfulfilling. Despite its flaws, however, *Finding Forrester* pulls off strong, witty scenes with the endearing



relationship between newcomer Robert Brown and Sean Connery. **RATING (out of 4 stars) *****

The Gift—I think director Sam Raimi should go back to his glory days on *The Evil Dead 2* or *Army of Darkness*. With the exception of his powerful and down-to-earth *A Simple Plan*, Raimi's films have been hackneyed, stilted, and predictable. *The Gift* obeys all the tenets of a thriller with a twist ending that when the twist happens, all you do is yawn. Raimi still retains his ability to build suspense in certain scenes, carried over from his horror days, but the film itself does nothing new. **RATING (out of 4 stars) **1/2**

O Brother, Where Art Thou?—Set in the South during a truly great period of American music, *O Brother* is a series of witty vignettes loosely based on Homer's *Odyssey*. The blues and spiritual-based soundtrack of this film is so emotional and beautiful that I could have closed my eyes, listened to the music, and got my money's worth. I love the Coen brothers, esp. *Blood Simple*, and the episodic *O Brother* displays the Coens' magic of creating great scenes, but the film did not quite

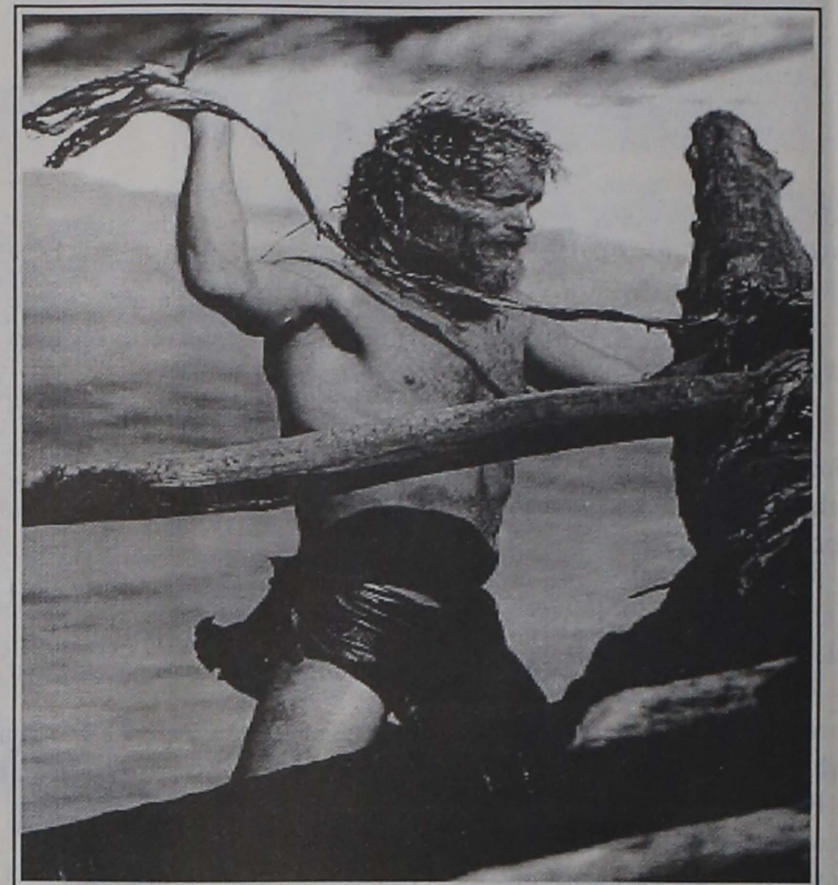
arguing for or against perversity and censorship.

RATING (out of 4 stars) ***

Save the Last Dance—With a current gross of \$60 Million and still third at the Box Office, *Save the Last Dance* seems to be a popular expression of multiculturalism and teenage angst. The film spins the story of a young female ballet dancer whose mother dies on the way to seeing her audition. Sent to an urban school in the middle of Chicago, the dancer must cope with a completely new environment. *Save the Last Dance* was charming and even endearing at some points, but still cannot express truth without being overly reductive and sensational. **RATING (out of 4 stars) **1/2**

Shadow of the Vampire—Willem Dafoe gives one of the best performances of the year as a real vampire chosen by the perfectionist director F.W. Murnau who wanted to make a truly realistic vampire film.

Eerie, but also at points hilarious, (can vampires really get drunk?),



Dafoe captivates the audience with his foreboding, piercing glance and presence, even though the film itself seems not quite complete.

Many questions remain unanswered at the conclusion of the film.

RATING (out of 4 stars) ***

Snatch—Guy Richie, director of *Lock, Stock, and Two Smoking Barrels*, essentially takes the weaving and wonderfully convoluted structure of *Lock, Stock*, and inserts new characters and dialogue. Although *Snatch* is not as rewarding as his previous film, it explores the underworld of London through the lenses of such interesting characters spouting hilarious and probing dialogue, that you end up liking the film anyway.

RATING (out of 4 stars) *1/2**

State and Main—Director David Mamet takes a stab at comedy, but his directing, drama-oriented style and often puzzling dialogue persist. In this film, a large Hollywood production converges on a sleepy New England town, where—of course—problems ensue between the small-town mindset and the greedy Hollywood outlook. Philip Seymour Hoffman and Rebecca Pidgeon create some nice chemistry after a slow first act.

RATING (out of 4 stars) *1/2**



Submissions Now Being Accepted for

THE DOLMAN PRIZE

Endowed by the generosity of the late Geoffrey Dolman, the Dolman Prize annually honors the Ursinus College Senior whose portfolio of creative writing in any genre or combination of genres is deemed outstanding by an outside judge.

Guidelines:

- * open to full-time day students of senior standing in any major
- * portfolio to comprise up to 20 pages of creative work, double spaced
- * student's name should appear only on a cover page which also gives campus address and phone, plus title for the entire submission
- * portfolio should be paginated successively in upper right-hand corner
- * portfolio should be submitted to Mrs. Connor in the English Dept. office, Olin Hall, third floor

Deadline: Noon, Friday, February 23, 2001

Prize will be conferred at Awards Banquet in April

All Seniors Invited to Submit

The Dolman Prize carries a cash award of \$200

UC's Creative Writing Magazine **THE LANTERN** is now accepting submissions for the spring/summer issue

Email all poetry and prose as a MS Word attachment to lantern@ursinus.edu

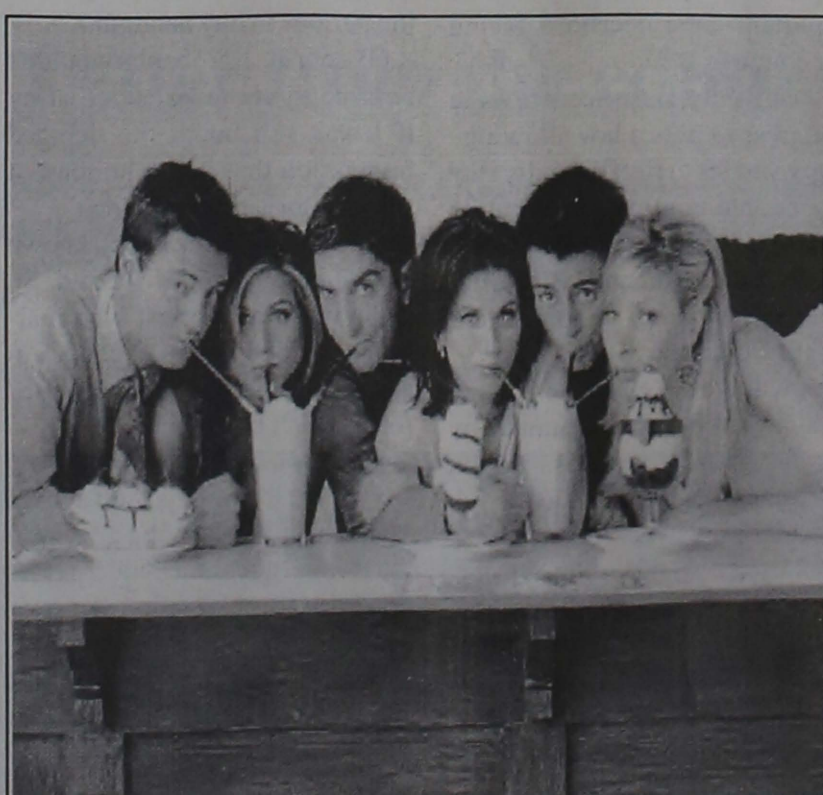
Drop off all visual artwork in the box on the 3rd floor of Olin

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DEADLINE: MARCH 1 @ MIDNIGHT

The Buzz

Behind-the-Scenes Entertainment News



Which two "Friends" are next to become romantically involved? Rumor has it that Joey and Phoebe will be locking lips by season's end.

Padraic Maroney
Grizzly A+E Writer

Buffy's 100th

Seth Green will be making an appearance on "Buffy: The Vampire Slayer" for the 100th episode in the spring.

Word is that Riley, who will be leaving in a few short weeks, will also be back.

Also look for Spike to take a hiatus as James Marsters films a movie.

'Friends' and lovers

"Friends" will become lovers soon.

It looks like Joey and Phoebe will kiss after her birthday, which could lead to a new romance on the show.

'Pilots' land in studio

'Stone Temple Pilots' are head-

ing back into the studio to record a new album, which is tentatively titled 'Holiday'.

The band has plans to release the album sometime before this summer.

Wu-Hoo, at last

Wu-Tang Clan has plans to release its next album as soon as possible.

The group wants the album to hit stores by summertime because, as group members say, most of the tracks on the album are "summer songs". Wu-Tang rapper Method Man is also working on his next solo album.

Queen Robbie

Singer Robbie Williams is in talks to make music with 'Queen', although nothing is signed as of yet.

GRIZZLY SPORTS

Thursday February 15, 2001

Grizzly Sports News

Page 7

Men's basketball hopes to finish atop East Conference

Tim Noone
Grizzly Staff Writer

The Ursinus Bears basketball program went undefeated last week pulling out two conference victories by a total of three points.

The Bears first hosted Haverford College on Wednesday night, Jan. 31 and it was a barnburner.

Ursinus pulled out a squeaker at the end of the game by a running, one-footer by the senior all-world athlete, Richie Barrett.

Along with Barrett, sophomore Steve Erfle added 13 points and 12 rebounds in a solid effort.

The Bears had to fight off a barrage of three-pointers by the Fords, but a combined team effort on defense kept the Bears in the game.

They eventually pulled out a win. "He's a magical player, full of excitement," junior shooting guard Matt Tuzman said of Barrett. "Opposing players fear him, coaches dread him, fans like him, and women love him!"

The men next traveled to Western Maryland College where another star shined: senior point guard Luther Owens.

Owens had 12 points, but more importantly eight assists giving him 395 for his career and breaking the all-time assists mark for the Centennial Conference.

The Bears went to the wire with the Green Terror taking them into overtime and winning 85-83 on two of junior Alan Karafin's free throws.

A bit of controversy followed the game due to the fact that a

reach-in foul was called on the Terror with 1.3 seconds left.

The coach and fans of Western Maryland felt differently about the call but Karafin surely quieted the disheveled crowd as he sealed the game.

"We're really starting to come together as a team, and with everyone becoming healthy again, we're going to be a tough team down the stretch," assistant coach and former player Chris Ciunci commented.

The Bears have won six of their last seven games and appear confident.

Along with senior leaders Barrett and Owens, they have had stellar play from Tuzman who averages 8.9 points and 2.8 assists per game.

Karafin and Erfle have also had an excellent year thus far, averaging

11.4 and 11.9 points per game.

Erfle also leads the team in rebounding with just under 12 per game.

Barrett was also named the Centennial Conference Player of the Week for the week of Feb. 4.

The Ursinus men's basketball team split their two games this week losing to Washington College and defeating Swarthmore.

The Bears (6-5, 15-7) traveled away for both games but could not come away with a season sweep of Washington.

The split puts the Bears in a tie for first place in the Eastern Conference with Muhlenberg College.

Four different players scored in the double digits, yet the Bears couldn't get past the Washington Shoremen (4-7, 11-11) losing 70-61.

The Bears were led by Barrett with 19 points and 15 rebounds.

Unfortunately it was not enough to surpass Washington's strong defense and offensive output.

Ursinus got down early and trailed most of the game.

The Bears cut the Shoremen's lead down to three points with three minutes to go in regulation time, but that was as close as they got.

"It was a game we should have won," Ciunci said.

"We are a better team but just didn't come to play today."

The Bears recovered from the loss on Wednesday with a convincing 73-47 victory over the Swarthmore Garnet Tide.

The Bears were once again propelled by Barrett who had 23 points and nine rebounds for Ursinus.

"It was good to see them recover so well from their loss to Washington, and they need to finish strong in their last two games of the season," sophomore spectator Chris Glowacki stated.

The Bears also had a solid output from Karafin who had 12 points.

Sophomore Erfle added 13 points and 11 rebounds.

The Bears will finish their season with two tough home games against the Gettysburg Bullets (9-2, 14-8) and the Muhlenberg Mules (6-5, 12-10).

The Bears are tied for first with the Mules.

It will come down to the last game of the season to figure out who will be declared the Eastern Conference Champion.

Indoor track positive about season

Kate Gallagher
Grizzly Sports Writer

This past Saturday, the UC track and field team headed down to Widener University to compete in the Widener Invitational.

Improvement is the main factor that everyone on the team is concerned about.

This week's meet had many cases of athletic improvement, whether it was times or distances, the team is shaping up for the big conference meet.

On the men's side, freshman Joel McElwee took sixth in the 400-meter dash (54.8).

Junior Brian Prederghest took fourth in the 3000-meter run (9:23.8).

On the women's side, the 1600 relay team of junior Mariana Morris, and freshmen Becky Borbidge, Kacie Meyer, and Katie Dougherty came in fourth with a time of 4:46.

Dougherty also took fifth in the 800-meter run with a time of 2:39.

In the field, junior Eboni

Woodard took third in the triple jump with a jump of 33 feet and 4 inches and fifth in the long jump with a jump of 15 feet, 4 inches.

In the shot put, sophomore Kate Gallagher placed second with a throw of 10.58.



Junior Brian Prederghest ran to a fifth place finish in the 1,000 meter run at the Franklin and Marshall Invitational. Photo by Lauren Cyrsky.

Sophomore John Mohl placed fifth with a heave of 13.18 for the men.

The Franklin and Marshall Invitational was held on Saturday, Feb. 3.

Leading UC was senior Yori Adegunwa who won the 400-meter (51.05) and 500-meter (1:07.81) dashes at the invitational.

train without an indoor facility, they managed to win against teams such as Haverford and Dickinson, who both have an indoor track facilities to train on.

Other highlights of the F&M Invitational include junior Brian Prederghest's fifth place finish in the 1,000-meter run (2:44.90) and ninth place finish in the 800-meter dash (2:05.78).

Sophomore John Mohl took fourth in the shot put (13.03m).

"It's not good for anyone to reach his or her peak this early in the season," Mohl commented.

"This meet was a stepping-stone to prepare us to maximize our performance at the conference meet."

In women's action, junior Eboni Woodard finished second in the triple jump (10.28m) and fifth in the long jump (4.75m).

Sophomore Kate Gallagher took fifth in the shot put (9.98m), while freshman Katie Dougherty finished eighth in the 800-meter run (2:31.77).

"I guess all of the training is now paying off," Adegunwa said. As hard as it is for the team to



Junior Mariana Morris races around the turn during a relay race at the Franklin and Marshall Invitational. Photo by Lauren Cyrsky.

Woodard is energetic about the season and expressed optimism about the rest of the season.

"Considering the fact that the track has been covered with snow for about 90 percent of the season and the gym is reserved for the other sports, I was pleased with my performance, and I think most of the team feels that way," Woodard stated.

The team's workouts consist of running outside and weight lifting. For sprinters, throwers and jump-

ers, this means that the only time they get to practice is at meets.

"We definitely deserve at least an 'E' for effort," Woodard said. "Come snow or rain, I still gotta run," Adegunwa said.

The team looks forward to competing next week at Albright College in preparation for the Centennial Conference Championship.

Championships will be held at Haverford College on Friday and Saturday, Feb. 23 and 24.

Coach leads gymnastics to big win

Rebecca Borbidge
Grizzly Sports writer

This week, Ursinus Gymnastics Team traveled to the Freedom Invitational at the University of Pennsylvania, to compete against Penn and Temple University.

Both Penn and Temple are tough Division I schools, while Ursinus is ranked as Division III.

Unfortunately, the girls suffered defeat with a 178.885 for the meet.

Despite their overall loss in Friday and Sunday's events, they earned their highest team score.

Junior Jumaah Johnson also broke the uneven bars' record.

Despite the loss, Head Coach

Jeff Schepers was happy with the outcome of the meet.

"The girls are already three points ahead of last year's high and are improving their team score by about one point each week, which is awesome," he said.

Schepers hopes to have the girls seasonal average score up to 180 by the time ECAC roll around in March.

If they achieve that score, they will be the number one team in the East side of the Centennial Conference for Division III schools.

"An average like that will definitely help their standing for the National Conference as well," Schepers added.

However, Ursinus beat Cortland

in their meet last Saturday, Feb. 3 with a score of 176.275 to their 174.350.

Junior Christina Ng earned a second place finish for the team in the all around competition, as well as a school record in the floor exercise.

Sophomores Reyna Hochstedler and Desiree Yuhasz were also successful against Cortland. Hochstedler won the vault and Yuhasz placed second on the beam.

Ursinus freshman gymnast Jess Cowden offered her insight about the results of this year's competitions.

Cowden feels that due to the fact that "Division I schools use more complicated tricks in their

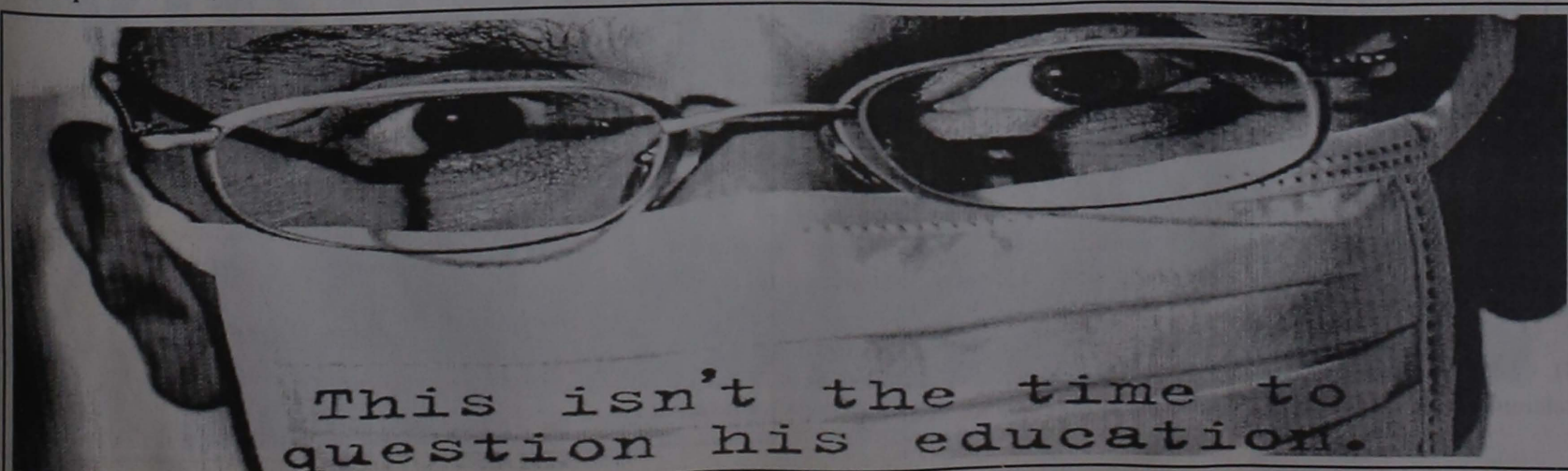
program, even if they do not perform them perfectly, they are more likely to earn better scores."

As a result, they are less likely to receive high marks despite their consistency.

"(The) lack of technical difficulty in their routines impeded (the team's) chances of winning," Cowden remarked about this week's past meet.

In order for the team to achieve better standings in their conference meet, not only do they need to build difficulty in their tricks, but also to improve in the events of the uneven bars and balance beam.

This Friday, the girls will be competing on familiar turf in Helfferich against Springfield at 4 p.m.



This is.

Wrestling squad finds success on the mat in weekend tri-match

Sue Patton
Grizzly Copy Editor

This past Saturday, Feb. 10, the men were 2-1 in the tri-match against the Valley Forge Military Academy, Centenary College, and York College. The Bears defeated VFMA (46-9) and Centenary (54-0) but lost to York 21-19.

Freshman Chris Catania (165) was 3-0 in matches for the day and is also undefeated for the season.

He is 31-3 overall with 14 falls. Senior Jason Flor (125lbs) also pinned Valley Forge and Centenary, but lost his third match against York by a 7-5 decision in overtime.

He is also 21-10 for the season. Flor, along with senior Mike Siegel and sophomore Travis Allred (197) all met tough competition that resulted in a close loss for the Bears.

"They're a good team and we had some key guys out of the

lineup," senior Lou DiStefano (285) commented about the loss to York.

DiStefano pinned his opponent from VFMA in 2:50 and is 11-16 for the season.

Senior Mike Kochler (285lbs), who is also 4-0 for the season, won one match by forfeit and pinned a former UC wrestler in 2:02.

"It was weird wrestling him because I weigh 285 and he weighs 185, and also because we knew each other pretty well," Kochler commented.

One of the most successful Ursinus teams will face their ultimate Division III competition this weekend at Gettysburg College as the men take on five other conference teams at the Centennial Conference match.

The Bears (3-2, 18-6) are currently ranked third in dual meets for the second year in a row behind Muhlenberg and Western Maryland.

The Bears will also compete against Washington & Lee Col-

lege, Gettysburg and Johns Hopkins.

"Right now we look like we're in a pretty good position to do well in (the conference championships)," DiStefano said.

Past conference champion senior Josh Moyer (141) is 26-7 with 23 falls for the season.

Senior Pat Curry (149) also has 20 wins for the season and is considered a contender to win his weight class.

Other guys who are possible

"Right now we look like we're in a pretty good position to do well (in conference championships)."

---Lou DiStefano,
Ursinus Senior Wrestler

conference medalists include Flor, DiStefano, and junior Dan Cwalina at 174 (18-11).

Women's swimming falls in battle with Bryn Mawr

Megan Restine
Grizzly Staff Writer

Saturday, Feb. 3, the Ursinus Women's Swim Team left the mat at home as they traveled to Bryn Mawr College to take on the all female team.

Although all the ladies put up a very competitive showing, the Martyrs ousted the Bears with a final score of 188-86.

Ursinus opened the meet taking second place in the 200-yard Medley Relay.

The relay team consisted of juniors Shanna Beaulieu, Victoria Barrucco, and Denise Jaskiewicz, along with freshman Kate Hushen.

Immediately following, junior

Lindsey Glah proved to be a lethal long distance weapon as she submerged the competition in the 1000-yard Freestyle. Glah finished first with a time of 11:38.11.

Glah also captured first in the 100 yard Butterfly, with a time of 1:04.9. Barrucco and sophomore Jen Tate showed their strength in middle distance during the 200-yard Freestyle. Tate finished second with a time of 2:12.92, followed closely by Barrucco's third place time of 2:13.21.

Barrucco showcased her endurance later in the day, taking first in the 500 yard Freestyle.

Sophomore Abbey Smith demonstrated her strength along with her versatility during the meet. She

placed second in the 200-yard Individual Medley (2:37.43) and third in the 100-yard Freestyle (1:02.06).

Jaskiewicz proved potent late in the day, stealing second place in the 100-yard Breaststroke with a time of 1:16.20.

Ursinus had a powerful finish, placing first in the meet's last event.

The 200-yard Freestyle Relay team (Tate, Smith, Glah, and freshman Jen Nolan) came in with an impressive time of 1:47.50.

The Men's and Women's teams will reunite for their final competition of the 2000-2001 season at the Centennial Conference Championship Meet to be held at Franklin & Marshall College from Friday, Feb. 16 - 18.

Upcoming Sports Events...

Women's Basketball

Thursday, Feb. 15 at Rosemont - 7 p.m.

Saturday, Feb. 17
MUHLENBERG - 2 p.m.

Men's Basketball

Saturday, Feb. 17
MUHLENBERG - 4 p.m.

Gymnastics

Friday, Feb. 16 - SPRINGFIELD - 4 p.m.
Sunday, Feb. 18 at Ithaca - 1 p.m.

Men's and Women's Indoor Track

Saturday, Feb. 17 at Albright College

Men's and Women's Swimming

Centennial Conference Championships at Franklin & Marshall Friday, Feb. 16-18

Wrestling

Centennial Conference Championships at Gettysburg College - 8 a.m.

Lady Bears' Hussy sets school record in big win over conference foe

Lauren Cvrsky
Grizzly Co-Editor-in-Chief

On Tuesday, Feb. 13 sophomore Bridget Hussy scored a career high of 24 points as eight three-pointers to set a school record and lead the Bears (8-14, 5-9) to a 96-47 win over Bryn Mawr.

Hussy also added seven assists for the Bears. Freshman Kate Guisto scored 17 points,

sophomore Erin Hussey had 15, and junior Katie Scheerer had 12. Saturday, Feb. 10 saw defeat for the Ursinus Women's Basketball Team (4-9, 7-14).

They lost to Swarthmore College 57-31.

Guisto scored eight points for the Bears and Bridget Hussy added seven, including one three-pointer.

Sophomore Kristen Marino was 3-for-3 in shooting, including one

three-pointer.

The women are ranked fourth in the East Division of the Centennial Conference.

They are ranked behind Swarthmore, Muhlenberg and Washington College.

Ursinus also saw a loss on Wednesday, Feb. 7.

The Lady Bears were defeated by Washington 60-51.

Guisto again led the Bears with eleven points and Marino had ten

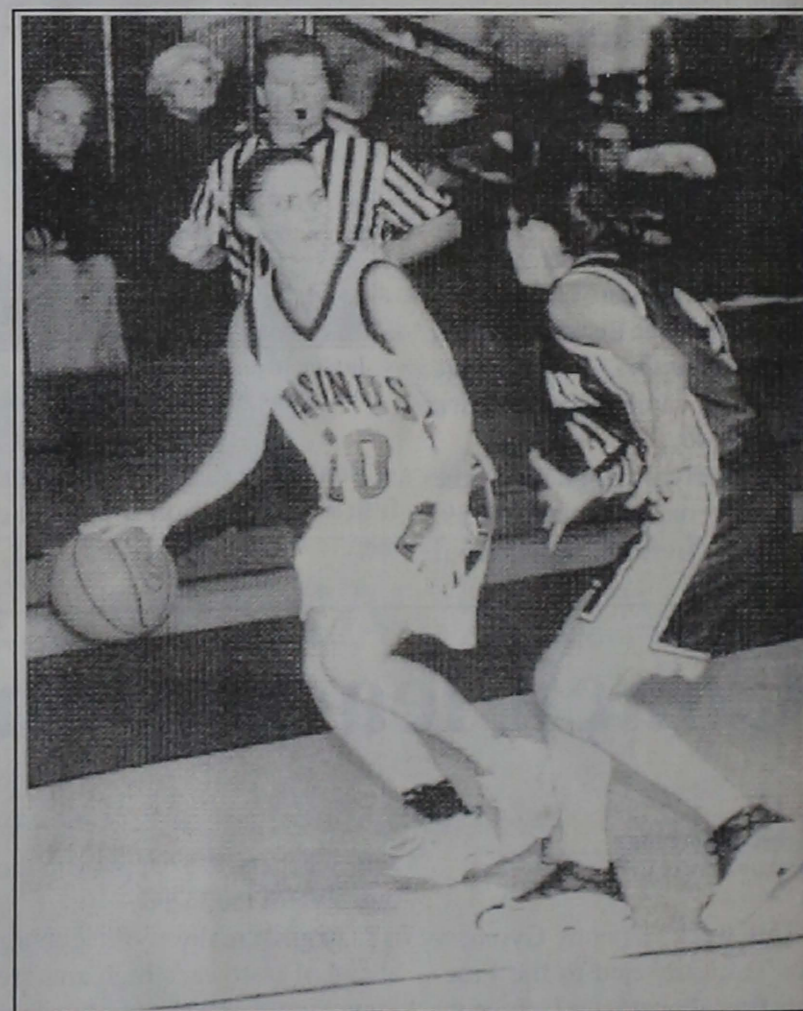
points and eight rebounds.

The women picked up the game after the second half to catch up. At one point they almost caught up, falling short of tying the score, 47-46.

The women were unable to hold strong to the end of the game.

The Bears will next play at Rosemont College tonight.

They have their last game of the regular season at home on Saturday, Feb. 17 at 2 p.m.



Sophomore guard Bridget Hussy set a new school record in a game against Bryn Mawr last week, draining eight three-point baskets.

Staying healthy with help from Wismer

Meghan Beck
Health + Fitness Editor

Although we complain about the food at Wismer, it does offer the essential ingredients needed for a daily healthy diet.

OnHealth is a website devoted to medical highlights and nutritional and fitness advice and with the help of WebMD, they have outlined the top five foods necessary for a well-balanced diet.

Though the site stresses a creative and varied diet spanning over all categories of food, these are just suggestions.

1). **Fish and seafood**- Fish is actually a wonderful source of protein as well as other vital nutrients.

Seafood also provides minerals, including zinc and copper, along with various vitamins like niacin and vitamin B12.

There is no need to incorporate fish into everyone's daily

meals...but 3-4 times a week is suggested.

2). **Oranges** and other citrus fruits- There vitamin C factor is obvious, but citrus fruits also produce folic acid.

Folic acid is a vitamin B and is responsible for clearing the protein homocysteine from the circulation.

This is a protein metabolite that damages artery walls, causing heart disease.

Citrus fruits also pack an amount of fiber and potassium and contain a special group of phytochemicals called bioflavonoids.

These enormous words sound complicated, but unique bioflavonoids found in oranges, grapefruits, lemons and limes have been shown to ward off cancer effectively.

In fact, studies show that people who regularly eat oranges and other citrus fruits have lower risk for certain cancers.

Drinking orange juice with your breakfast, lemon in your water, having oranges or grapefruit with lunch on a daily basis is highly suggested.

3). **Beans**- Your roommate may not like this addition to your diet as you may become more...musical, but the benefits of beans will secede this inconvenience.

One-cup servings of beans can fulfill almost fifty percent of your daily fiber needs.

The fiber provided in beans keeps cholesterol levels in check and also supply amounts of vitamins and minerals to your body.

Studies show that soybeans have been found to ward off cancer, osteoporosis, and heart disease.

Eating beans once in awhile can vastly impact your health, and the side effects are only temporary.

4). **Dairy products** and other calcium sources- Maintaining the

correct amount of calcium intake is detrimental to the health of everyone.

Drinking or eating two servings of dairy products daily, along with the calcium sources, will help you reach the 1,000 milligrams needed daily for proper bone health.

Vitamins B and D are also supplied in dairy products.

5). **Chocolate!!!** (or other favorite food)- After consuming fish, seafood, and beans, you should reward yourself with your favorite food.

Eating healthy doesn't mean eat only for your health...eat for yourself!

Indulging into large amounts of favorite foods is one thing, but savoring treats like chocolate is something we all share and love.

Visiting the infamous dessert table at Wismer won't kill you, as long as you balance yourself.

