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This book is available at Digital Commons @ Ursinus College: https://digitalcommons.ursinus.edu/grizzlynews/481
Football coach quits amid controversy

National search to be held to find replacement

Dr. William Akin leads the planning committee, while Cannon Designs is the architect for the project. With.Myrin and emerging at midnight Bio test. The endless papers on Bio test. The endless papers on

Volume 25 Issue 13 The Student Newspaper of Ursinus College Thursday December 7, 2000

Ursinus' "class of 2004 survives fall semester

The best aspect of college life for many seniors has been the freedom of the campus atmosphere and the opportunity to meet many wonderful people with whom to share life's experiences. The seniors are not in a rush to make any decisions as they are more conscious about the future, which is a good thing. As long as they are careful, they can enjoy their college years without having to worry about the future.

Paul Guenther related at the meeting that chief among his reasons for departing was a clashing of ideologies between himself and the administration concerning the future of the program. He told us, "I'm not going to go through life without writing a book, but I have to do it because I'm very good at it."

While friends and shared experiences create campus life, many freshmen got a taste of the reality of college academics. "I hate how much work I had to do for my science classes," said Anthony Collins. "I had a lot of fun, but I didn't feel like enough time spent on the subject where two hours in high school felt like a lot of studying time and a guaranteed "A" on the test."
Students experience Christmas in the Big Apple

Tommy Scheun New Editor

Standing in the frigid darkness at 6 a.m. on Sunday, approximately 450 Grizzly editors, staff, and students gathered in the Ursinus College dining hall for a Christmas breakfast, with approximately 225 of them reading the new issue of The Grizzly. Young and old, away from home and missing family, the Ursinus College annual tradition marks the first day of December and the beginning of the Christmas season.

With the issue of The Grizzly appearing on newsstands across the nation, Ursinus College students and faculty celebrate the holiday season and bring attention to the theme of the 25th Anniversary of the Ursinus College Paper for this week's issue.

Christmas is upon us once again, and with that spirit of giving. It seems that the campus is all about coming together to celebrate the holiday season, the innumerable volunteer work.

Why not make the Holidays happy for someone less fortunate than yourself? We can't forget about the Student Activities Office who is sponsoring two can drive in which students will be able to bring blankets to the Laurel House, a women's shelter where they will be distributed to other area shelters.

Lobby Speaker:

Leila Halili

Islam Awareness Week offers cultural insights

Leila Halili

It's a cold December day. The frigid winds piercing through the campus as students and faculty are making their way to classes. The air is crisp and the leaves rustle as students take their morning coffee and head to their first classes. The day begins with a bang as the morning announcements are heard over the intercom system. The announcement today is about the upcoming events for the week of December 4th, which is Islam Awareness Week.

The Resolutions Committee of Ursinus are having a Winter Carnival to benefit the student community. This week began on Monday, Nov. 27. This was the case with all other events that were run and attended by Muslim students who were and are always ready to help the underserved in the community. The school is working toward an educational awareness, and is a key element of the campaign for awareness. The process was organized and approved. It is important to emphasize the effort of the entire community.

The main focus of the events is to rgba false stereotypes imposed on the Western media about Islam and Muslims.

UC freshman: 1 semester in the books

Continued from page 2

We will search for the best qualified coach,” Akin said. After several meetings with the candidates, the Student Activities Committee has chosen a new head coach for the winter sports.

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Campus construction an eyesore

Jamie Johnston
Grizzly Guest Opinion

What is going on with the construction on campus?

I thought that the construction of Heffelfrich was supposed to be completed before we head off on break this month.

It is not just me. I think that most students are appalled with the construction of the gym and the new water fountain. Especially you, sports fans.

Evidently you are involved in sports.

The process of the renovation has been so slow that the water has been turned off for up to three hours.

Just go to the bathroom; another room has yet to be finished.

I feel bad for the coaches who have to spend their time in trailer offices.

"It's November and the roof to the track isn't even put in yet," junior Allison Vast, an Ursinus field hockey and softball player said.

"I want a new weight room. The one we have is in Ritter and the equipment is too old and dirty."

So when is the fountain in front of Reinstein going to be done?

Altholz says that it is "too far down in the middle of a walkway? It is not a mountain. It is useless. It is going to take a full year to build and by the time it is completed it is going to get destroyed."

The first stop the drink sloshing in my mouth tells me that is wrong.

Not to mention, it is a bad idea.

Almost all of the classes on campus need a little remodeling. The dorms could also use some work. Invitations and donations to contribute to the campus by buying fancy pieces of art are probably a waste.

Well, when is anyone going to think about the students for a change?

"We pay how much to go here and the living facilities suck. When are we going to see some utopia?"

UC democrats respond to allegations

Corey Bresterman
Grizzly Guest Opinion

This letter is a response to Mr. McLeod's complaints about the College Democrats of America (UC Chapter).

To recap, it seems that Mr. McLeod is upset with us over two main points.

The first is our persistence in making our voices heard, and the second is our continued use of paper as a means to get our message across.

The first issue I would like to address is our apparent belligerence and lack of our message across.

I feel that we have been as placid as we could be.

I've held actual conversations with any and every Republican or third party supporter I can talk to.

I've held that willing to sit and hear their arguments, and in general, I always make myself available as a representative of the organization.

I would also like to point out that some of the flyers you may have saw, namely the one about the boy being killed in school and exposing gun control was NOT one of our flyers or posters.

While I agree with the message and would also like to keep the conversation going for getting that message out, no one in our organization is anti-gun or pro-gun.

One has been a piece of the puzzle, not just me, as well.

To conclude this, I would like to quote McLeod's statement that we have been a belligerent organization that has stirred our ideas down the throats of this community.

We feel we took very appropriate measures to help educate this campus on serious issues. We have never been nor will we ever be an aggressive group.

If you don't want to read the flyers, throw them out, or better yet, just stop reading.

If you don't want to read the emails, click delete. If you don't want to attend the events, don't come.

If you don't want to read the posters, don't stop to read the posters.

We make ourselves available to the entire campus to discuss issues, to perform community service, and to be a general productive member of this campus.

Now that we have replied, my request to Mr. McLeod is that he come to our organization and have a more detailed article for publication in the paper.

We would like to have the opportunity to set the record straight, that we come to our organization and have a more detailed article for publication in the paper.

Corey Bresterman
CDA-UCX Treasurer

Grizzly a success this semester

Markus Becker
Grizzly Guest Opinion

Over this holiday weekend, my daughter brought home copies of the Grizzly from her school in London to read during her break.

After reading all the weekly copies, she would like to state two thoughts.

First, the printing change of the paper to a larger and more metropolitan type is very appealing.

The paper is well laid out and eye-catching.

Second, the content of the paper is excellent.

It is capable of being an eye-opener and providing up to date national and local news and the campus coverage.

I feel that I am up to date on the latest controversies over the food service at Wister, the renewed conflict of the parking permits, the student attempts to raise awareness to many social issues such as binge drinking, dance, and violence.

The Grizzly really does give the feel for what is happening around here.

In addition, anyone who has a concern for current events will be able to keep up on national and local news and the campus coverage.

I am sure that my daughter hopes that Dr. Helfferich will write just a quick response to the paper or submit her detailed article for publication in the paper.

You probably do not often hear parents praise you for the work that is taken in putting together a good weekly paper so I am congratulating you on your weekly endeavor and telling you to keep up the good work.

Thanks for all the entertaining read! Have a great break!

Want to be heard?

To sound off on any subject and share your opinion, e-mail articles/letters/guest opinions to Grizzly@ursinus.edu. Deadline: Mondays at Noon.

Speak your mind, raise awareness, make a difference!

The Spirit of Christmas

By Dan Reimold

When I was a kid, each year before Christmas, Santa brought home copies of the Grizzly, including the red and-green colored crayon, asking me to fill in the things I want for Christmas, eternal happiness, and love for all mankind.

It was a letter written from the bottom of my elementary school heart, one I assumed was being hand-delivered to the bearded man himself, in the North Pole, via my parents and the U.S. Postal Service.

And, when I read down each Christmas morning, I could never have been happier with my letters results.

For one and only one, my entire extended family, aunts, uncles, cousins, and grandparents, would come from around the nation bearing open arms, delicious dessert, and wrapped presents aplenty. My brothers and I would patiently wait for our differences aside and try our hardest not to argue, fuss, or fight.

My parents would be filled with an energy and pizazz I rarely saw in them otherwise.

It was my younger brother's dream come true and one that always left me smiling, though the slang, cheerful, gift giving, turkey carving and fire dancing, with missing teeth and a glazed heart.

Over the years, as I grew up and started senior high, the love of Santa began to wane, and a Grinch-like holiday replaced my young, innocent wish.

I was an adolescent numbered yuletide choir, a platoon for material consumption, and a disinterested tyke.

I would scream and shout from the first of December to Christmas Eve about absolutely, hands-down having to get my hands on that or this, more and more, until Christmas day.

My holiday wish lists were filled with requests for plastic toy shotguns, new games for my Sega Genesis system, and complete Topps baseball card sets.

And, on Christmas morning, when I read down each present, I would often unwrap disappointment and whiners behind the tree.

The special holiday spirit of Christmas has been replaced and new people are a Grinch for the opportunity it provides our extended family to come together, share laughs, and swap stories with smiles all around.

On a recent Christmas Eve, I even was able to tell a tale around the dinner table, funny enough to send my Dad into hysterics.

He laughed until he cried, tears of joy.

It was a Christmas with true care.

And atmospheric joy brought by an image of true North Pole or bearded Santa, the special Christmas I will cherish all my life. It is alive in me.

I remain a Christmas person.

I want to be heard.

Neither Smirnoff nor his childhood friends will ever forget that cold December day.

Neither Smirnoff nor his childhood friends will ever forget that cold December day.
First annual palooza
a poetic success

Samantha Goff
Copy Editor

It’s not every night that you can hear dead poets recite in Wesner Lower Lounge. They did, however, on Tuesday Nov. 26 during Poem-Palooza 2000. Four students, an audience of over 100 was treated to an evening of creativity and fun in celebration of poetry.
The event was organized by English professor Valerie Martinez, and was quite similar to “Fight of the Poets” for the listeners’ appetite for poetry.
The program featured Martinez’s students from Poetry Writing and Prose/Poetry classes. Twenty students from both classes read their original work from the spotlight in the candle-lit lounge.
Student poet Paksha Tartha Olsen, a junior, gave a special presentation of her group performance poetry with the help of fellow poets freshman Ryan McLeod, sophomore Erin Dickerson, junior Genevieve Romeo and senior Tom Lipschutz.

The incident “slam” competition was a focal point of the evening.
Six student poets competed against each other in dramatic and visual presentations of their own work.
They were allowed to use props and costumes to enhance their performance. Each was allotted five minutes to present with the hopes of swaying the audience, equipped with ballots, to vote for them as the best “slammer.”
The voters chose junior Tork Lanya as the host student slammer.
Prices were awarded to all slammers. While the evening was a celebration of student work, the faculty “Dead Poets Slam” was truly the event’s highlight.
Six faculty members participated in a slam of the work of poets who had passed on.
The faculty choices of poets ranged from a drunken Keats on Dylan Thomas, to a powerful recitation of Sylvia Plath, and even a comical representation of Alexander Pope.
The audience voted Domenick Student’s entertaining portrayal of Shakespeare as the best in the competition.
Poem-Palooza 2000 was sponsored by the English Department, the Ursinus Bookstore, and The Lantern.
The New Road Brew House also contributed prizes for the slam competitions.
For the poetry-lover and naive listener alike, Poem-Palooza was an enjoyable chance to “ravel in a feast of words.”

Choir angelic in annual
coming of 'Messiah'

Brian Berg
Copy Editor

This weekend, the Ursinus College choir, students, and faculty continued a great UC musical tradition with performances of G. F. Handel’s Messiah. The performance started at 7 p.m. and was held on Dec. 3 and 4 in Bohmberger Auditorium.
Although it may seem that performing the same work for over 60 years would get a little boring, Choir Director Dr. John French could not disagree more. “It’s exciting when you know a piece this intimately and actually get to rewrite the work,” he told the choir before the Sunday night performance.
The production was also rewarding for the students to participate in. “It was very challenging and was an accomplishment to be able to sing such a difficult piece,” sophomore Erin Sotcase said.
Second-year accompanist and sophomore Carol Bohm was also pleased with the choir’s showing. “It was a lot easier the second time around. I enjoyed it more because I knew the music and was familiar with the text and style of the performers.”
This year, too, a half-hour performance featured the same quartet of soloists that audiences have grown accustomed to. Each performed with his or her usual brilliance.
Regular listeners were treated to an alternative and more rarely performed version of the soprano recitative “And, lo, the Angel of the Lord came upon,” which showcased the talents of soprano Emma French, and the cellist second year participant and sophomore Evan Hall.
William, the last concert of the year for choir director French, will be on Saturday for the Spring semester.
Filling in for Dr. French will be college organist Allen Morrison. Morrison will temporarily be taking over conducting duties for both the Ursinus College choir as well as the student choral ensemble, the Menoneers.

Church on Film: 6th Day double the fun

Jeff Church
Copy Editor

Unbreakable

Browne Willis ... David Dunn
Samuel L. Jackson ... Elijah Price
Philip Roth Young ... Audley Dunn
Written and Directed by M. Night Shyamalan

M. Night Shyamalan’s sophomore effort does not rise to the caliber of his previous film, The Sixth Sense. But Unbreakable offers some powerful moments and moving visuals.
The film surrounds David Dunn, a security guard at U Penn’s stadium, and begins after a tremendous train accident leaves Dunn unconscious. Elijah Price, a comic book collector, finds Dunn, spinning a mystical tale about Dunn’s future: not as far as the future was just memory—but Arnold doesn’t stop to dwell. The story of Dunn’s destiny to dance. As the opening T-Rex scene is being acted out, Dunn is being born, and even given as his traditionally male hobby, boxing, in order to take up ballet.
However, director Stephen Dalby re-minds us that greatness is not easily achieved. Difficult circumstances may suffocate. Dunn’s family is not a model of a chaotic strike against the insurance company. No money comes in, so Dunn cannot go to dancing school to develop his abilities.
Dunn is not only a coming of age story of a boy dealing with this position in a repressive environment, but the film also investigates the father trying to keep his family together while at the same time maintaining his home. Eventually, he will have to sacrifice one.
A breathtaking story with a brilliant screenplay, Unbreakable is one of the best films of the year.

ARTS+ENTERTAINMENT

A Poem for your Thoughts?

CST professor and former "Etonian" director Domonic Studios performs a recitation of W. Shakespeare, coming a "best in competition" award from the audience.
Photo by Joe Laskas.

The Grizzly

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CD Review: Black Eyed Peas Bridge the Gap

James Mimikos

The Black Eyed Peas' newest album, "Bridge the Gap," is a capable and effective follow-up to their 1998 release, "Behind the Front." Their unique blend of hip hop is again well realized on this album, their sophomore attempt. The first released single, "Weekends," stands out as an excellent track. Nicely written songs coupled with both a catchy chorus and beat help make this one of the strongest tracks on the album. The first track, "BEP Empire," is helped along with guest artist DJ Premise. The new track is mixed with parts of a few songs from the Peas' first album, and the mix and reference are both excellent additions. "Rap Solo" and "Request + Line" are new attention tracks, and hidden at the end of the final track is an excellent remix of "BEP Empire." "The Peas' unique style is showcased on nearly every track. There are very few weak tracks on this album, and their seriousness in production is a nice change from your run of the mill, hillbilly hop album. Some people may be pleased to hear that there are no mid-disc interludes as there were in their first release. After repeated listenings, they only served to disrupt the Peas' unparalleled flow. The absence of anything like this on the new album means this is one you can put on and leave on, without having to skip ahead to the music. This new release by the Peas is proof that they are one of the strongest hopes for the future of hip hop. "Bridge the Gap" is an excellent addition to any fan's collection.

Join Us, This Friday, December 8 at 3:00 p.m. in Olin Auditorium for
The Lantern Unveiling
Over 100 issues and still producing great creative work!
Relax Before Finals!
Come see Ursinus students read their work chosen for The Lantern

Kaplan gets you in.

MCAT
Prepare now for the April MCAT

www.InternetSiteoftheWeek.com

This Week: www.claus.com

Track Santa at home

Lauren Crock
Co-Editor-in-Chief

Now, I know we're all grown children, so let us digress for a minute and try to remember all the fun and excitement that Christmas once brought to us. The idea of Santa Claus pertains to those who don't believe in him, so if you do, maybe you should skip ahead! It was probably the best ever. Some guy you didn't even know would come to your house and give you the best imaginable gifts just because you asked for them. So, in the spirit of the season, book up www.claus.com and rediscover what was once so intriguing about thatolly Old fellow. The website is really complex, with an outline of Santa's village to browse through. You can see all of Santa's reindeer in their barn and learn the background of each one. Comet got his name from crashing into... Although he saved Santa and the other reindeer from disaster, he's still "teas­ ing" stars today. And did you know Cupid and Vixen are married? Or that Prancer and Dancer are twins? Blitzen was struck by lightening and can now receive television and radio signals through his antlers. You can also check out Mrs. Claus's kitchen and find recipes for Santa's favorite Christmas Eve treats and stuff that the reindeer and elves will eat. There are also games to play here too. Santa's house has a myriad of items to explore. There’s a "Santa Show" to report the latest on Santa's daily activities. In fact, he had a snowball fight the one day, got tangled up in lights while decorating another day, and Mrs. Claus even confesses to wondering what it would be like to kiss Santa without the beard! There’s a section on tradition as well, explaining the significance of the Yule Log, hanging stockings, mistletoe and ornaments. And do not forget that the Christmas Eve satellite tracking system is the only place you see where Santa is on that exciting night! So, an extended holiday party you once felt and take a look at this website or share it with someone who still looks forward to Santa's annual Christmas Eve trek across the globe.

Area Concert Listings

The Electric Factory - check out www.electricfactory.com
Thursday, Dec. 28 - 9 p.m.
The Trocadero - www.trocadero.com
Friday, Dec. 1 - 9 p.m.
-Jimmy's Chicken & Steak
The Tricot - www.tricot.com
Saturday, Dec. 9 - 7 p.m.
Sunday, Dec. 10 - 12 p.m.
-The Explosives
The Trocadero - www.trocadero.com
Saturday, Dec. 2 - 9 p.m.
-The Explosion
The Electric Factory - www.electricfactory.com
Monday, Dec. 11 - 9 p.m.
-The Trocadero
The Electric Factory - www.electricfactory.com
Tuesday, Dec. 12 - 9 p.m.
-The Trocadero
The Electric Factory - www.electricfactory.com
Wednesday, Dec. 13 - 9 p.m.
-The Trocadero
The Electric Factory - www.electricfactory.com
Thursday, Dec. 14 - 9 p.m.
-The Trocadero
The Electric Factory - www.electricfactory.com
Friday, Dec. 15 - 9 p.m.
-The Trocadero
The Electric Factory - www.electricfactory.com
Saturday, Dec. 16 - 9 p.m.
-The Trocadero
The Electric Factory - www.electricfactory.com
Sunday, Dec. 17 - 9 p.m.
-The Trocadero
The Electric Factory - www.electricfactory.com
Monday, Dec. 18 - 9 p.m.
Hypnotist Anthony entrances UC students

By Geoffrey Miles

Last Thursday evening, students were mesmerized by the concept of hypnosis. Student Union President Anthony repeated for his second year as he performed a show with fifty student volunteers under hypnosis as part of a very entertaining show. "Sleepytime Jeff" (Choo) Coleman was one volunteer this year.

Before being made to think his name was "Choo," he was convinced that a somnambulist was Anthony’s girlfriend that he wanted to dance with. Coleman’s gentle cooing of the somnambulist while dancing in "You are so beautiful" truly was high point in the show. "It was so real," Coleman said. "I could truly feel the curves of her body. It was a really fun experience. I think people will be treating this like an inside joke for days to come."

Hypnosis has a long history. The Ancient Egyptians were one of the first to report using "temple sleep" as a form of payal. In the early 1780’s, a man by the name of Franz Mesmer theorized that all people have an invisible magnetic fluid that connects them with the sun, moon, and stars, and when this fluid is directly flowing, that illness occurs. His treatment for this was to use magnets to realign the fluid so that it could be cured.

Stage hypnotist Michael Anthony reported, "It’s got cool moves and easy control. It’s basically a game in 3D. It just doesn’t compare to other Sonic games.

Active Vision has finally made it to Dreamcast. Though the graphics are much improved when compared with the PlayStation version, it’s harder to control the action and meet your objectives. But it’s still fun. B-

ARKER from Sega Sports is-rated right between Sega Sports and the graphic performance. You can brush Avalanche, this is the game for you. A-

Sega’s third game, it’s better than the original. The graphics look the characters that has previously been called in to find the passengers. MI: 3

The magazine says the movie will be an incredible music score make it even better. A+

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 llamine, with endless museums, man- 
agability, and fun. Hair is neveraker, 
reached.

"There's Your Trouble" and "Cowboy 
Take Me Away" filled the almost two- 
hour set. The energy was full blown and 
the playful, yet professional approach in 
playing the songs was extremely enjoy- 
able. With Maine's pregnancy and another 
baby on the way, this will probably be the 
Chicks' last tour until 2002. The Dixie 
Chicks made sure to leave a mark on the 
music scene that won't be forgotten. 
The women dedicated their energy when 
playing "I Can Love You Better." With 
attractive lights and three screens of 
many images, the Chicks rocked the 
concert hall into a full swing. 
Looking for a more intimate setting, the 
women performed some slower songs, 
including "Lettin' Him Fly" and "You Went 
Mine, while sitting on a big red couch. 
They also covered Sheryl Crow's "Sooner 
Enough," in which Maine's voice 
soothed, yet challenging, tore through- 
out the arena. 
One of the highlights of the show was 
when Robison and Seidel demonstrated 
their bluegrass background. Before they 
were the Dixie Chicks, Robison and Seidel 
rocked to bluegrass and they stayed true 
to their roots and offered an excellent set. 
Another highlight of the concert was the 
awesome performance of "Goodbye 
Earl," a heart-stirring single with a hilarious 
manic music video. The three women 
performed the song with each one in a different 
place. Maine placed herself middlestage 
while Robison played in various 
upper-levels. 

Accompanying the different setting 
was the music video, which added more 
to the story. This live performance was 
very amusing. The Dixie Chicks 
returned to the stage with an encore. "Wide 
Open Spaces," their debut title 
track, fit. It was superb in every way. 
Opening act LeeFly had a grasp of 
what it means to be a country musician 
She does deserve a tour of his own, 
and his set was hyped and full of energy.

The US version is set in Pittsburgh and is, 
like its predecessor, centered on the lives 
of five gay men and one lesbian couple. 
The structure is similar to HBO's Sex, 
the City, with a central character, 
Michael Shawty (Rudi Sparks) - who 
narrates each episode. Showtime is in 
the midst of a major promotional push to 
show that will elicit any number of reac- 
tions from different audiences, few 
them likely to be held. 
"The most dangerous thing that 
will happen is that it will make people think," 
Jonas said. "No one has ever seen a show like it before.
This is a show with no boundaries. We 
work more than 20 years of its 
tory experience behind us. Jonas 
expects that Queer as Folk will redefine 
the standards of tele- 
vision. The show is set in 
the near future, even- 
tially paving the way for 
other shows to follow. 
"We've pushed 
the envelope. Each 
one of these shows 
does heighten the 
bar a little bit. I hope 
in 10 years from now 
there will be a show that makes us look 
back," he says. "It's a show that doesn't 
belong on network television. We're on 
cable. 
"If we were on a major network then 
there would be a greater controversy.

'Queer as Folk' to blast stereotypes

Rob Merkle, 
The Daily Cougar

(U-WIRE) NEW YORK—Showtime's new 
series Queer as Folk will be the first 
on television to portray the lives of an 
all-gay cast of characters, complete 
with frank depictions of their sexuality. 
The show, which begins airing on Sun-
wednesday, December 7, 
10-11p.m. Financial Aid Fonn Distribu- 
tion

Wismer Lobby A 
Friday, Dec. 8 
Last Day of Classes 
3:30 p.m. Latreue Reading 
Olin Auditorium 
7:00 p.m. Pre-Kwanza Celebration 
Wismer Lower Lounge 
8:00 p.m. Movie: "Patriot" 
Wismer Lower Lounge 
Saturday, Dec. 9 
Reading Day 
11:00 a.m. Second Annual Kids Festi- 
vall (Until 3:30p.m.) 
Wismer Lower Lounge 
Sunday, Dec. 10 
4-6p.m. Mass 
Boothberge Chapel 
Monday, Dec. 11 
Final Exams Begin 
9:30 p.m. Kappa Delta Kappa 
Boothberge 106
The Grizzly Sports News
Thursday December 7, 2000

Section C

Lady bears down, but not out

The young, fast Lady Bears Basketball Team have just begun the start of a tough season, but refuse to let that stop them.

On Monday, Nov. 27, the Bears took on Heidelberg, a non-conference team from Ohio in Helfritch Gymnasium. The Bears’ quick offense and tenacious defense put them ahead of Heidelberg 37-29 at the half. However, Heidelberg came back to win the contest, 64-52 in the end on a last-second shot.

Freshman Kaiti Giusto had 15 points for the Bears and six rebounds, while sophomore Erin Hussey added 14 boards, five assists and nine points.

Captains, sophomore Bridget Hussey and senior Jackie Cooper, both had 11 points for the Bears.

On Tuesday, the Bears were back in action at home for Conference play against Gettysburg.

Giusto led the bears with 21 points and nine rebounds. Sophomore Erin Hussey picked up 10 points.

“We seem to get close to these teams but we still need to improve on some things. In order to win games, we are capable of winning,” Coach Cooper said.

The Bears were stronger in the second half and were within one point of the bullets 59-49 by the end.

But the bullets put in five more points in the next play to put them ahead. Maurer put in a bucket while Bridget Hussey nailed a three-pointer to make it 55-58, bullets lead.

“We played awful the first half. If we continue to do what we did in the first half and not continue to play as a team, Bridget Hussey commented.

The men’s team started the day strongly, being second in the 200 yard Medley Relay. Junior John Montgomery, sophomore Dick Arnott, junior Ryan Michaleski, and freshman Jeff Marino finished with a time of 1:51.17.

Druckenmiller also finished second in the 200 yard Breaststroke (2:30.68). The men finished out the day’s events by finishing third in the 400 Freestyle Relay.

Montgomery, Michaleski, Mann, and Druckenmiller compiled the last new with a time of 3:56.98.

The women’s team also made a fine showing against Gettysburg’s defending Continental Champion Women’s team.

Junior captain Denise Jaskelewicz brought home second place in the 200 yard Breaststroke (2:44.07) and finished fourth in the 200 yard Individual Medley (2:32.53).

Junior captain Lindsey Glah scored a third place finish in the 200 yard Butterfly (2:27.46) and sophomore Jun Tae captured third in the 100 yard Freestyle (58.98).

“We know going into the meet that Gettysburg is one of the best teams in the conference, so we made sure that we challenged ourselves and raced against the clock.

Although we may not have placed first, we found a lot of best times and great individual events,” Jackie Cooper said.

After the break, the bears traveled to Dickinson College on Saturday, Dec. 2.

To take the Red Devils in what head coach Pete Thompson described as “the most exciting first place finish in the past several years.

Though the men’s team fell to the Devils, 135-20, many of the UC times had an excellent day in the pool. The women’s team finished 8th in the pool.

Montgomery displayed his strengths for Freestyle opening placing second in the 100 Yard Freestyle (53.06) and third in the 200 Yard Freestyle (2:23.89).

Druckenmiller had a stellar day high-lighted by his brother, Jim, who is currently a freshman at Dickinson.

The Druckenmiller brothers swam side-by side in the 100 yard Breaststroke, and unfortunately for the Bears, Druckenmiller surpassed his younger sibling and finished second with a time of 1:06.59.

Junior Jackie Cooper also finished second in the 200 yard Individual Medley (2:16.00).

The Lady Bears take on Haverford and Villa Julie later this week. They will return after break together at Monmouth on Jan. 6, at 6 p.m. The team is confident a winning streak is just around the corner.

“Tie the team is doing a lot better than we were doing last year, we have a lot more depth and that’s the most important thing.”

-- Lindsey Glah, Junior swim captain

-- Muhammed Ali

Retired Heavy Weight Champ’s Quote Of The Week:

"It's lack of faith that makes people escape from difficult challenges, and I believe in myself."

-- Muhammed Ali

UC Swim teams suffer defeat in poolside duals against archrivals

Wednesday Effect: They are anticipating an exciting and competitive battle! Wish them luck.

Nicholas刺客

Grizzly Sports News

Wednesday Effect: They are anticipating an exciting and competitive battle! Wish them luck.

Nicholas刺客
A caffeine pill or two, even in high doses, can relieve the symptoms of fatigue. Caffeine is a stimulant that blocks receptors in the brain and increases the production of neurotransmitters, which helps to increase alertness and reduce fatigue. However, the effects of caffeine wear off, and people may develop a tolerance to its stimulant effects. Therefore, regular consumption of caffeine can lead to a feeling of dependence and withdrawal symptoms when caffeine intake is reduced or stopped.

Additionally, caffeine consumption can have other effects on health, including an increased risk of heart disease, stomach ulcers, and high blood pressure. It can also interfere with sleep and reduce the effectiveness of some medications. Furthermore, caffeine can interact with certain medications, such as nicotine, and increase their effects.

In conclusion, the benefits and risks of caffeine consumption should be considered. While caffeine can provide temporary benefits, such as increased alertness and mood, it may also have negative consequences. It is important to be aware of the potential risks and to use caffeine responsibly, especially in moderation. Regular health checkups and discussions with a healthcare provider can help individuals make informed decisions about their caffeine consumption.

Swarthmore cuts football, wrestling, badminton programs

On Saturday, Swarthmore’s Board of Managers voted to cut varsity football, wrestling and women’s badminton from the college’s athletic program. Board Chair J. Lawrence Shane ’56, echoed the vote tally at the open meeting Sunday afternoon at the Coliseum in front of hundreds of re-
garding students, parents, alumni, and staff.

The board’s decision came after a meeting held Saturday night. President of the College, Al Bloom, insisted at the meeting held Saturday night that the board had “failed to achieve balance between extremely strong and difficult pressures: the pressure to have success­ful athletic programs and the pressure to limit the number of recruited athletes to ten percent of the student body.”

Bloom held a personal meeting at his office with head football coach Pete Alvanos to take over the football program. “When Pete asked me if he should leave the University of Chi­cago and come to Swarthmore, I said yes,” Austrian commented.

Austrian insisted at the meeting Saturday night’s rally would force President Bloom and the members of the Board to recon­sider their decision.

“A lot of things were neglected. [The Board] overlooked the impact this will have on the culture and the diversity of the college.”

Winter Sports Schedule

Men’s Basketball
Sat. 1/29 at N.Y. Tech
Fri. 1/28 at N.Y. Tech
Fri. 1/28 at N.Y. Tech
Wed. 1/19 at USP
Sun. 1/17 Hunter
Wed. 1/19 at F&M
Sat. 1/15 Trinity
Wed. 1/17 Swarthmore

Wrestling

Fri. 1/12 Temple
Sun. 1/10 at Brookport
Sun. 1/10 at Brookport
Wed. 1/9 at F&M
Wed. 1/9 at F&M

Swimming

Tue. 12/15 Beaver
Sat. 1/20 at Western Carolina

Ursinus College
Sports Team Hats for Sale!!!

Swimming- Lacrosse- Basketball
- Track- Wrestling- Field Hockey
- Gymnastics- Softball- Cross
Country- Tennis- Ski Hats -
Baseball- Football- Soccer

Only $15.00

See any baseball player or Coach Thomas in the middle trailer for more information.

Order your Ursinus Team Hat today!
**Pro wrestlers rumble on UC campus**

Barrett breaks scoring record, leads Bears to 3-2

The Bears home opener on Tuesday, Nov. 28 gave them high hopes for their goal of making another appearance this season at conference playoffs. Senior captain Richie Barrett netted 17 points, added nine rebounds and five assists to lead the Bears over Gwynedd-Mercy 78-66.

**UC Athletics Of The Week**

**Bridget Hussey, '03 Basketball**

**Nickname:** BLove, Huss **Major:** Communications **Minor:** None **Hometown:** Wilmington, DE **High School:** A.I. DuPont

**Favorite Class at UC:** Mass Media with A.I. Moore

**Hussey:** "Trust you hopes, not your fears."

**Druckenmiller:** "Get busy living or get busy dying."

**Compiled by Diane Johnson**

**Personal Quotables to Live By**

**Athletic Accomplishments:**
- Second year as Captain
- Placed eighth in 200 breaststroke last season at conference championships
- Placed eighth in 200 breaststroke last season at conference championships

**Favorite Class at UC:** Management with Dr. Cirka

**Complied by Diane Johnson**

**Athletic Accomplishments:**
- CC honor roll last season
- Tri-captain this season

**Teams Lead by:**
- Ursinus' men's basketball's all-time scoring leader.

**Interests in writing sports next semester??**

E-mail grizzly@ursinus.edu for more details!

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Richie Barrett’s 20 points last Saturday against Dickinson upset his career total of 1,469, placing him step Ursinus’ men’s basketball’s all-time scoring leader.

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